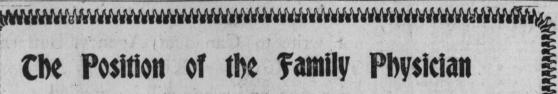


Official Estimate of Present and Future Production of Rossland

6

TWELVE HUNDRED MEN AT WORK

Ponulation ment Regarding Each Mine -War Eagle, Centre Star. Etc.



In the household is usually more intimate than that of the most of one's relatives. Everybody in the house has confidence in what he says, and he studies the family's best interests in all matters pertaining to their health.

If you are in doubt as to the reliability and general usefulness of

Abbey's Effervescent Salt,

ask your family physician who is acquainted with the action and principles of this delightful and useful preparation.

The many recommendations which the proprietors have received from prominent doctors prove that the statements the Company make are correct.

A pamphlet explaining the many uses of this fine preparation will be mailed free on application to The Abbey Effervescent Salt Co., Limited, Montreal. For sale by all druggists, 25c and 6oc a bottle.

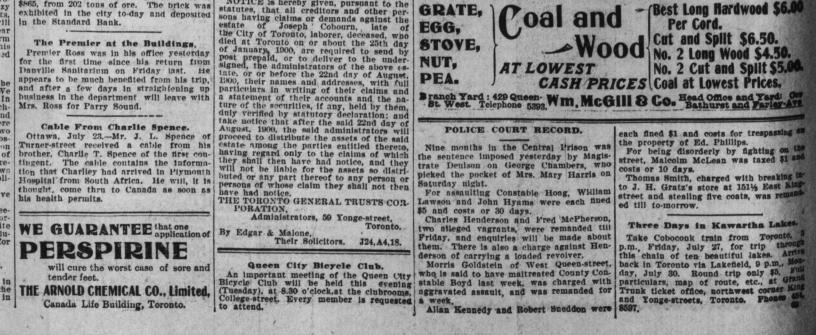
I was very glad in passing thru he country of the Mashonas and Matabeles to have had such an opportunity of observing their customs, methods and habits of life The Mashonas, who appear to be a peace-ioving people. live in villages of 40 to 40 poic-built mud-plastered huts; the upright poles of the walls and conical roof are plastered inside and out, and have one opening left for a door and another for a window. It was sad, however, to see all thru this dark land the degradation of wo man. She is the work slave of her lazy and imperious lord. She builds the huts, grinds the meelies, waits on his sweet will and gets often in return a cuff in the ear or a kick. I saw one old vagabond perform this kicking operation on some of his wives because they in some way displeased him while he was eating. In Charge of the Hospital.

In Charge of the Hospital. Frank and I have had sole charge of the had several fever cases on the way. In two cases the patients' temperature reach-ed 106 degrees. We had to remain behind het were in that wild country with two men so sick as to be thought beyond pos-side recovery. All our companions on miles ahead of us, with the exception of two men left to wait on us. We were re-joided, however, to bring the poor feilows the are both well and hearty. I have gained 10 lbs, since I left Searborc. We are how with Col. Plumer near Zee-more now. Frank posted his mail at Buin-way. Kernak posted his mail at Buin-way. We are buy large sweet oranges for a cert ælece. We Alexandry and we were re-more now. Frank posted his mail at Buin-way. We and we have been installed in

of the Sovereign Gold Mine, North Hastings, realized 42 ounces of gold, valued at \$\$665, from 202 tons of ore. The brick was exhibited in the city to-day and deposited in the Standard Bank.
The Premier at the Buildings.
The Premier at the Buildings.
Premier Ross was in his office yesterday for the first time since his return from Danville Sanitarium on Friday last. He appears to be much benefited from his trip, and after a few days in straightening up business in the department will leave with Mrs. Ross for Parry Sound.
Cable From Charlie Spence.
Ottawa, July 23.-Mr. J. L. Spence of Turner-street received a cable from his to particle r. The cable contains the information that Charliey had arrived in Piymonth Hespital from South Africa. He will, it is thought, come thru to Canada as soon as bis health permits.

An alarm system has been installed in the Parliament Buildings for the use of the uightwatchmen, by which they will turn in the calls to the Express office.

Wholesale and Retail Coal and Wood Merchants, TORONTO, CANADA, BRANCH OFFICES: Front Street, near Bathurst, telephone 132; Princess Street Docks, telephone 190; 572 Queen Street West, telephone 139; 426; Yonge St. telephone 8298; 304 Queen Street East. telephone 134.



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