

CITY AVERAGE WEEKLY COST OF A
NUTRITIOUS DIET

Reference Family of 4 persons

City	Mar. 1977	Feb. 1978	Week of Mar. 17, 1978
	(Dollars per week)		
St. John's	51.23	56.10	56.41
Charlottetown	47.62	52.60	53.42
Halifax	45.89	50.08	50.89
St. John	48.66	52.88	53.56
Quebec	44.46	48.19	48.82
Montreal	45.42	48.97	49.53
Ottawa-Hull	45.56	49.43	49.84
Toronto	46.28	50.94	51.35
Winnipeg	46.34	52.85	52.97
Regina	48.54	53.87	53.83
Edmonton	48.10	52.82	53.81
Vancouver	49.40	54.45	55.12
12-City Weighted Average	46.15	50.54	51.07
Yellowknife	62.96	67.62	68.97
Whitehorse	61.43	68.77	69.76

COÛT HEBDOMADAIRE MOYEN D'UN RÉGIME
NUTRITIF EN VILLE

Famille type de 4 personnes

Ville	Mars 1977	Fév. 1978	Semaine du 17 mars 1978
	(Dollars par semaine)		
St-Jean	51.23	56.10	56.41
Charlottetown	47.62	52.60	53.42
Halifax	45.89	50.08	50.89
Saint-Jean	48.66	52.88	53.56
Québec	44.46	48.19	48.82
Montréal	45.42	48.97	49.53
Ottawa-Hull	45.56	49.43	49.84
Toronto	46.28	50.94	51.35
Winnipeg	46.34	52.85	52.97
Regina	48.54	53.87	53.83
Edmonton	48.10	52.82	53.81
Vancouver	49.40	54.45	55.12
Moyenne pondérée par ville	46.15	50.54	51.07
Yellowknife	62.96	67.62	68.97
Whitehorse	61.43	68.77	69.76