

Whereas, money spent upon the conservation of public health is well invested, the prevention of disease being much cheaper than its cure and the maintenance of a higher standard of industrial efficiency more economical than permitting physical deterioration, to say little about the human side of this matter, therefore, be it,

Resolved: that the Metal Trades Council of Toronto place itself on record as favoring free medical treatment as well as free medical inspection of school children, and that, as a step in this direction, it call upon the Board of Education to establish free dental clinics in connection with the public schools, the children's teeth to be periodically examined and repaired absolutely free of charge, this service to be rendered to all alike, without any taint of charity, and be it, further,

Resolved, that we approve the expenditure of any sum of money necessary for this purpose.

Copies of this resolution to be sent to the Board of Control, the Board of Education, the Medical Health Officer, the daily press, various medical journals, the Socialist press, and numerous organizations, including the labor unions with the request that they take the matter under consideration and communicate with us what action they take with regards thereto.

Joseph Helliker, Secretary, 191 Bolton Avenue, Toronto.

THE VALUE OF SANATORIUM TREATMENT.

By Sir CLIFFORD ALBUTT, Sir LAUDER BRUNTON, Sir WILLIAM OSLER,
and Sir ARTHUR LATHAM.

The public has formed a wrong impression of the value of sanatorium treatment, for it has not grasped the facts which prove that, in many cases, owing to the severity of the disease present, it must be useless; that in a few instances it is actually harmful; and that in many cases this method of treatment need not be carried out at an institution. Again, a number of people are under a misapprehension as to the meaning of sanatorium treatment. In many quarters it is considered to be synonymous with an existence under open-air conditions together with an excessive supply of nourishing food. Fresh air and food play an important part it is true, but the cardinal factor in the treatment is the constant and skilled regulation of the amounts of rest and exercise prescribed from day to day for each individual patient.

In order that these misapprehensions may be cleared away it is necessary to point out what takes place during the arrest of consumption in a given patient, and what are the principles of treatment. Consump-