



**Why not try
WYETH'S MALT EXTRACT?**

Doctors highly recommend it to those

- Who are run down;
- Who have lost appetite;
- Who have difficulty after eating;
- Who suffer from nervous exhaustion;
- And to Nursing Mothers,

as it increases quantity and improves quality of milk.
PRICE, 40 CENTS PER BOTTLE.

For Cash Coal and Wood And Present Delivery.

Grate.....	\$5.25 per ton	Best Hardwood.....	\$5.50 per cord
Stove, Nut and Egg.....	5.35 "	No. 2 Wood, long.....	4.00 "
No. 2 Nut or Pea Coal.....	4.00 "	No. 3 Wood, cut and split.....	4.50 "
Best Hardwood, long.....	5.00 per cord	Slabs, good, long and dry.....	3.50 "

Head Office, Corner Bathurst St. and Farley Ave. Telephone 5393 Branch Office, 429 Queen St., West.

W.M. MCGILL & CO

SAFETY FOR OUR GIRLS.

Paine's Celery Compound Makes New and Pure Blood, Gives Strong Nerves, and Builds Up the Body.

Medical men everywhere admit that Paine's Celery Compound is the best medicine for pale, weak and sickly girls. It builds up wasted tissues, makes pure blood, and produces strong nerves, enabling girls to reach healthy and perfect womanhood.

Mrs. Boulanger, of St. Henry, Montreal, saved her daughter's life by having her use Paine's Celery Compound at a most critical time. The young lady is now one of the healthiest, brightest and most attractive girls of the town. Her mother writes thus about the wonderful cure:

"My daughter, aged 17 years, has for a long time been in a weak state of health, so much so, that she was not able to do any work about the house, and often was unable to comb her own hair; this has been the case for some years, and I feared she would never be strong.

"I was induced to have her use Paine's Celery Compound. She has used two bottles, and is now a different girl. She is not only able to wait on herself, but often does the whole of the housework, and promises to be as strong as a girl of her age should be."



SEALED TENDERS addressed to the undersigned, and endorsed "Tender for Dominion Reformatory, Alexandria, Ontario," will be received at this office until Saturday, 15th of February, 1896, for the several works required in the erection of the proposed Reformatory, at Alexandria, Ont.

Plans and specifications can be seen at the Department of Public Works, Ottawa, at the offices of the Clerks of Public Works in the Post offices of Montreal and Quebec and at the office of the Engineer in charge, Mr. H. A. Gray, Confederation Life Building, Toronto, on and after Tuesday, 23rd January, instant, and tenders will not be considered unless made on form supplied, and signed with the actual signatures of tenderers.

An accepted bank cheque, payable to the order of the Minister of Public Works, equal to five per cent. of amount of tender, must accompany each tender. This cheque will be forfeited if the party declines the contract or fails to complete the work contracted for, and will be returned in case of non-acceptance of tender.

The Department does not bind itself to accept the lowest or any tender.

By order,
E. F. E. ROY,
Secretary.

Department of Public Works,
Ottawa, 6th of Jan., 1896.

A Well-known Roman Catholic Priest of Hamilton, Rev. Father John J. Hinchey, Pastor of St. Joseph's Church, Hamilton, Bears Testimony to the Undisputed Worth of Dr. Agnew's Catarrhal Powder.

In the person of the Rev. John J. Hinchey, of St. Joseph's Church (R.C.), Hamilton, is one who does the highest credit to the self-sacrificing work in which he is engaged. His kindly heart constantly prompts to deeds of love and goodness, and in the city of Hamilton all who know him are ready to bear testimony to his high character and active generosity. As a result of neglect, thinking more of others than himself, he has been a sufferer from cold in the head and its almost certain associate, catarrh. Recently he made use of Dr. Agnew's Catarrhal Powder, and has found in it so great relief that he deems it a pleasure to tell others of the good it has done him.

One short puff of the breath through the blower supplied with each bottle of Dr. Agnew's Catarrhal Powder diffuses this powder over the surface of the nasal passages. Painless and delightful to use, it relieves in ten minutes, and permanently cures catarrh, hay fever, colds, headache, sore throat, tonsillitis and deafness. 60c. Sample bottle and blower sent on receipt of 10 cents in stamps or silver. S. G. DETCHON, 44 Church St., Toronto.

The January issue of the *North American Review* contains the first of a series of articles from the pen of Mr. Gladstone on "The Future Life, and the condition of Man Therein." The article is in a measure a review of the writings of Bishop Butler with respect to a life beyond the grave.

The death has taken place in Edinburgh of Hugh Millar, the young and only surviving son of the famous geologist. He was born in 1850. Mr. Millar's only brother, who was a colonel in the Indian army, died about a couple of years ago. His sister who survives him is the wife of the Rev. Mr. MacKay, Free Church minister of Lochlaver.

MISCELLANEOUS.

Mr Ruskin is in better health than for months past. He is able to walk seven or eight miles a day, and still converses brilliantly, although he can no longer write. He is at his residence, Brantwood, near Coniston.

Catarrh can be successfully treated only by purifying the blood, and the one true blood purifier is Hood's Sarsaparilla.

No young man is safe who is not a decided Christian. This is a matter in which all compromises are dangerous. We are called to be entirely separate from the world. Daniel and Joseph were sorely tried, yet we do not doubt that their lives were smoother and more free from trouble than they would have been if they had shown less decision of character.

For Clearing the Voice Brown's BRONCHIAL TROCHES are highly esteemed by clergymen. "Pre-eminently the best."—*Rev. Henry Ward Beecher*. "I recommend their use to public speakers."—*Rev. E. H. Chapin*. "Of great service in subduing hoarseness."—*Rev. Daniel Wise, New York*. "An invaluable medicine."—*Rev. C. S. Vedder, Charleston, S.C.*

They surpass all other preparations in removing hoarseness and allaying irritation of the throat. Sold only in boxes. Price 25 cts.

It is said of Rev. Peter M'Kenzie, the eccentric Methodist preacher, that on one occasion he prayed: "Lord, save the Methodists, for they are running after the Independents; Lord, save the Independents, for they are running after the Church of England; Lord, save the Church of England, for she is running after the Church of Rome; Lord, save the Church of Rome, for she is running after the devil."

RHEUMATISM RUNS RIOT

When there is lactic acid in the blood. Liniments and lotions will be of no permanent benefit. A cure can be accomplished only by neutralizing this acid and for this purpose Hood's Sarsaparilla is the best medicine because Hood's Sarsaparilla is the only true blood purifier prominently in the public eye.

Hood's Pills act easily, yet promptly and effectively, on the liver and bowels. 25c.

When Jesus was on earth, he could not let evil alone. His holiness forbade it. His love for men made it impossible. We are not able to understand how men who bear the name of Christ, and are supposed to be filled with his Spirit, can neglect an opportunity to oppose or destroy existing evils. Yet the policy of even the majority of professing Christians, with respect to the great evils of the day, seems to be "Hands off."

IT'S A CURIOUS WOMAN

who can't have confidence in Dr. Pierce's Favorite Prescription. Here is a tonic for tired-out womanhood, a remedy for all its peculiar ills and ailments—and if it doesn't help you, there's nothing to pay.

What more can you ask for, in a medicine?

The "Prescription" will build up, strengthen, and invigorate the entire female system. It regulates and promotes all the proper functions, improves digestion, enriches the blood, dispels aches and pains, brings refreshing sleep, and restores health and vigor. In "female complaints" of every kind and in all chronic weaknesses and derangements, it's the surest remedy.

Nothing urged in its place by a dealer, though it may be better for him to sell, can be "just as good" for you to buy. Send for a free pamphlet. Address, World's Dispensary Medical Association, Buffalo, N.Y.

Dr. Pierce's Pellets cure constipation, piles, biliousness, indigestion and headaches.

The Ladies' Journal Bible Problem Plan

No. 30.

A Valuable Lot of Beautiful Prizes for Pains-Taking Persevering People. Something Interesting and Profitable to Employ Your Time in Winter Evenings.

The very cordial way in which the revival of our Bible problem plan was received, after such a long silence, encourage us, says the publishers of *The Ladies' Journal*, to offer another one. The large prizes and the smaller rewards were scattered pretty well over the whole country from British Columbia to Nova Scotia, and even into the States.

Here are the questions for this competition. Where are the following words first found in the Bible: 1st, Hour; 2nd, Day; 3rd, Week; 4th, Month; 5th, Year.

THE FIRST REWARDS.

- 1—A handsomely finished Upright Piano.
- 2—One beautiful Quadruple Silver Plated Tea Service.
- 3 to 12—Ten handsome individual Salt and Pepper Casters.
- 13 to 32—Twenty Testaments, beautifully bound in Morocco.
- 33 to 37—Five Sewing Machines, complete attachments.
- 38 to 57—Twenty pairs Silver Sugar Tongs.
- 58 to 77—Twenty Souvenir Spoons of Toronto. Silver Plated—(Gold Bowl).
- 78 to 87—Six handsome Quadruple Silver Plated Egg Casters, Gold-lined.
- 88 to 99—Sixteen prettily carved Silver Thimbles.
- 100—One complete set of Mayne Reid, 18 volumes, beautifully bound.
- 101 to 150—Forty-nine half dozen Silver Plated Forks.

The sender of the first correct answer to all five questions will get the Piano. The second the Silver Tea Set, and so on until all the first rewards are distributed.

Then follow the middle rewards, when the sender of the middle set of correct answers will be given the Piano, the second the Gold Watch and so on.

THE MIDDLE LIST.

- 1—A handsomely finished Upright Piano.
- 2—One Gents' handsome Hunting Case Gold Watch.
- 3 to 17—Fifteen Silver Tea Services, Quadruple Plate (Four pieces).
- 18 to 37—Twenty 1-2 doz. Forks, Silver Plated, (Superior quality).
- 38 to 43—Five Dozen Desert Knives, extra finish, valued at \$7.00.
- 44 to 147—One hundred Testaments, handsomely finished, Morocco bound.
- 148 to 162—Twenty complete copies Chambers' Journal.
- 163 to 173—Ten dozen Desert Knives, Superior quality, valued at \$6.00.
- 174 to 184—Twelve 1-2 dozen Nickel Plated Tea Spoons, extra quality for common use.
- 185 to 194—Ten Ladies' pretty Gold Brooches, latest design.
- 195 to 200—Six Ladies' Open Face Gold Watches.

Then come the Last List or Consolation Prizes, when to the sender or the last correct set of answers received at the Journal office will be given the piano named in this list.

THE LAST LIST.

- 1 to 25—Twenty 1-2 dozen Fabric Spoons, superior quality.
- 26 to 30—Five handsome Gold Lockets.
- 31 to 35—Five handsome Silver Thimbles.
- 36 to 39—Five Paris Individual Salt Casters.
- 40 to 60—Twenty-five Testaments, Morocco bound.
- 61 to 65—Five dozen Nickel Plated Tea Spoons.
- 66 to 75—Ten complete Volumes Chambers' Journal.
- 76 to 100—Twenty-five handsome Souvenir Spoons of Toronto.
- 101 to 110—Ten Boys' Nickel Watches.
- 111 to 120—Ten handsomely Bound Volumes, History of the Bible.
- 121 to 123—Three Sewing Machines, complete attachments.
- 124 to 127—Four dozen Dinner Knives, extra quality, valued at \$6.00.
- 128 to 160—Thirty-three 1-2 dozen Silver Plated Forks.
- 161 to 199—Thirty-nine Testaments, Morocco bound.
- No. 200—A handsomely finished Upright Piano valued at four hundred dollars.

Everyone competing must send one dollar for a year's subscription to the *Ladies' Journal* (also six cents in stamps or coin for postage on spoon), which is well worth the investment apart from the prizes.

A HANDSOME GOLD ALUMINUM TEA SPOON, full size, will be sent free to everyone as soon as possible, after money is received whether their answers are correct or not. This spoon is made by an entirely new process and is of the same material all through and will consequently retain its color, which is the same as though made of gold. The spoon would retail at about one dollar.

A SILVER TEA SET OF FOUR PIECES

To any person sending six dollars with their answer (whether correct or not) will be sent the *Ladies' Journal* for one year, and a beautiful Quadruple Silver Plated Tea Service of four pieces: Tea or Coffee Pot, Sugar Bowl, Cream Pitcher and Spoon Holder. Sets no better have been retailed at as high as thirty dollars. You will make no mistake in taking advantage of this offer. The Spoon will not be sent to those getting the tea set.

This set will be sent as quickly as possible (receiver to pay express charges) after money comes to hand. You will not require to wait till the close of the competition.

No charges will be exacted from prize winners except for the pianos when \$20 will be charged to help cover expenses.

The publishers of the *Ladies' Journal* have in their possession thousands of letters from delighted winners in former competitions.

Complete lists of the names and addresses of the successful competitors will be published in the *Journal* as quickly as possible after the close of the competition.

Competition will close on the 30th April next. Ten days after the date of closing will be allowed for letters to reach the Journal office from distant points, but the letter must be postmarked not later than 30th April.

Parties living at a distance from Toronto have an equal opportunity even if every answer received is correct, as the advertising in far away places is done first. Then there are the middle and last lists of rewards in which they stand equal to anyone. Address *The Ladies' Journal*, Toronto, Can.

**RIPAN'S
TABULES**

REGULATE THE
STOMACH, LIVER AND BOWELS
AND PURIFY THE BLOOD.

RIPAN'S TABULES are the best Medicine known for Indigestion, Biliousness, Headache, Constipation, Dyspepsia, Chronic Liver Troubles, Dizziness, Bad Complexion, Dyscatary, Offensive Breath, and all disorders of the Stomach, Liver and Bowels.

Ripans Tabules contain nothing injurious to the most delicate constitution. Are pleasant to take, safe, effective, and give immediate relief.

Price—50 cents per box. May be ordered through nearest druggist, or by mail.

Address
THE RIPAN'S CHEMICAL CO.,
10 SPRUCE STREET, NEW YORK CITY.