



It's Soap, pure Soap, which contains none of that free alkali which rots the clothes and hurts the hands.

It's Soap that does away with boiling or scalding the clothes on wash day.

It's Soap that's good for anything. Cleans every-

thing. In a word—'tis Soap, and fulfils it's purpose to perfection.

SURPRISE is stamped on every cake.

St. CROIX SOAP M'FG. Co.,
St. Stephen, N. B.

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The most Delicately Perfumed

— AND —

POPULAR SOAP

OF THE DAY.

SOLD EVERYWHERE,

USED BY EVERYBODY.

AND MADE BY

THE ALBERT TOILET SOAP COMPANY.

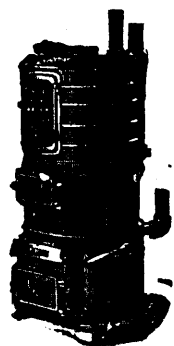
That comfortable and satisfied feeling produced

by taking



It feeds and fattens, — Benefits and builds up.
Stimulates and sustains, — Strengthens and satisfies.
A COMPLETE FOOD.

ASK YOUR GROCER FOR
The Celebrated
CHOCOLAT MENIER
Annual Sales Exceed 33 MILLION Lbs.
For Samples sent Free write to C. ALFRED CHOUILLOU, MONTREAL.



Note attractive design.

THE SPENCE
"DAISY" HOT WATER HEATER

Has the least number of Joints,

Is not Overrated,

Is still without an Equal

WARDEN KING & SON,
337 CRAIG ST. MONTREAL
BRANCH, 110 ADELAIDE STREET WEST, TORONTO.

HEALTH AND HOUSEHOLD HINTS.

Sandpaper will whiten ivory knife-handles that may have become yellow with use or age.

Castor oil has not failed in any case to remove warts to which it was applied once a day for two to six weeks.

It is not what its proprietors say but what Hood's Sarsaparilla does that tells the story of its merit. Hood's Sarsaparilla CURES.

Oatmeal Cake:—Wet the meal with hot water, add a little salt, then knead into a dough; roll out very thin, and bake on iron plates till quite dry, but without scorching.

INDISPENSABLE.—There are some simple remedies indispensable in every family. Among these, the experience of years assures us, should be recorded FERRY DAVIS' PAIN-KILLER. For both internal and external application we have found it of great value; especially can we recommend it for colds, rheumatism, or fresh wounds and bruises.—Christian Era.

For sore throat, inflamed tonsil, quinsy and even diphtheria, take a gargle made of equal parts of soda and pulverized alum, with a little carbolic acid. Put in a large bottle and add water.

A CURE FOR HEADACHE.—Headache arises from constipation, bad blood, dyspepsia or liver complaint. As B. B. B. cures all these complaints it is naturally the most successful headache cure existing. Once the cause is removed the headache vanishes.

To clean carpets go over them once a week with a broom dipped in hot water, to which a little turpentine has been added. Wring a cloth in the hot water and wipe under pieces of furniture too heavy to be removed.

FRESH AND VIGOROUS.—On a fine morning and a fine-road, what is more invigorating than a spin on a cycle. When it comes to a race, the suggestion of Mr. George Phillips, Sec'y. Leinster Cycling Club, Dublin, Ireland, has force: "I have found St. Jacobs Oil an invaluable remedy for strains and bruises, and so have several members of our club." This ought to be borne in mind.

Flannel moistened with turpentine will remove white spots from furniture if well rubbed. Oxalic acid dissolved in water will remove stains from mahogany if applied with a clean cork and vigorous rubbing. A flannel cloth dipped in sweet oil may be used to polish mahogany.

Brown's Bronchial Troches give prompt and effectual relief in all throat troubles. Mr. Amos R. Peachy, Hungerford, Berkshire, England writes: "Change of climate from South Africa) nearly cost me my life, as it produced the greatest prostration from Ulcerated Throat and Bronchial Inflammation. My friends are astonished at the remarkable change in my health, from the time I commenced using Brown's Bronchial Troches."

Flannel Cakes: One teacupful boiled rice, flour to make a pancake batter, two eggs, one quart of milk, three teaspoonfuls of baking powder. Mix in the same manner as rice waffles, and fry on a soapstone griddle, which requires no greasing and makes a very light and wholesome cake.

The advertising of Hood's Sarsaparilla is always within the bounds of reason because it is true: it always appeals to the sober, common sense of thinking people because it is true; and it is always fully substantiated by endorsements which in the financial world would be accepted without a moment's hesitation.

For a general family cathartic we confidently recommend Hood's Pills.

Jackson Snaps.—One cup of butter, two cups of sugar, one egg, five cups of flour, one cup of water, juice and rind of a lemon. Beat the butter to a cream, add the sugar gradually; then add the egg and water; beat again, then add the flour; mix well, roll out, cut with a round cutter, and bake in a moderate oven until a light brown. These, like ginger cakes, will keep a long while if shut in a tin box.

Women are not slow to comprehend. They're quick. They're alive, and yet it was a man who discovered the one remedy for their peculiar ailments. The man was Dr. Pierce.

The discovery was his "Favorite Prescription"—the boon to delicate women. Why go round "with one foot in the grave," suffering in silence—misunderstood—when there's a remedy at hand that isn't an experiment, but which is sold under the guarantee that if you are disappointed in any way in it, you can get your money back by applying to its makers?

We can hardly imagine a woman's not trying it. Possibly it may be true of one or two—but we doubt it. Women are ripe for it. They must have it. Think of a prescription and nine out of ten waiting for it. Carry the news to them!

The seat of sick headache is not in the brain. Regulate the stomach and you cure it. Dr. Pierce's Pellets are the Little Regulators.

Creamed Cabbage.—Cut up a firm head of cabbage, put in a saucepan and cover with boiling salt water; let boil fifteen minutes, drain; pour over it a dressing made of half a pint of vinegar, an ounce of sugar, half a teaspoonful of salt, a saltspoonful of pepper, a tablespoonful each of salad oil and made mustard. Put on the fire, let boil, add a teacupful of milk and one egg; mix well; after pouring on the cabbage cook five minutes.

Your Patronage Respectfully Solicited.

PARKDALE KASH GROCERY

HICKMAN & Co.,

The Old Reliable House for Choice

Teas, Koffees, Spices,

GROCERIES, FRUITS AND PROVISIONS.

SPECIALTIES:

Bouquet Tea and Happy Thought Baking Powder.

Remember, we keep nothing but first-class goods and our prices are Rock Bottom. Families waited upon for orders, if desired. Telephone orders receive prompt attention. Kindly give us a call, it will be profitable to you and us.

HICKMAN & Co.,

1424 Queen St. W. Tel. 5061.

THE CANADA SUGAR REFINING CO.

(Limited), MONTREAL, MANUFACTURERS OF REFINED SUGARS OF THE WELL-KNOWN BRAND

Redpath

OF THE HIGHEST QUALITY AND PURITY. Made by the Latest Processes, and Newest and Best Machinery, not surpassed anywhere.

LUMP SUGAR,

In 50 and 100 lb. boxes.

"CROWN" Granulated,

Special Brand, the finest which can be made

EXTRA GRANULATED,

Very Superior Quality.

CREAM SUGARS,

(Not dried).

YELLOW SUGARS,

Of all Grades and Standards.

SYRUPS,

Of all Grades in Barrels and half Barrels.

SOLE MAKERS

Of high class Syrups in Tins, 2 lb. and 8 lb. cans.

Are a BLOOD BUILDER AND NERVE TONIC. They supply in condensed form ALL the substances needed to enrich the Blood and to rebuild the Nerves, thus making them a certain and speedy cure for all diseases arising from impoverished blood, and shattered nerves, such as paralysis, spinal diseases, rheumatism, sciatica, loss of memory, erysipelas, palpitation of the heart, scrofula, chlorosis or green sickness, that tired feeling that affects so many, etc. They have a specific action on the sexual system of both men and women, restoring lost vigor.

DR. WILLIAMS' PINK PILLS FOR PALE PEOPLE

WEAK MEN
(young and old), suffering from mental worry, overwork, insomnia, excesses, or self-abuse, should take these PILLS. They will restore lost energies, both physical and mental.

SUFFERING WOMEN
afflicted with the weaknesses peculiar to their sex, such as suppression of the periods, bearing down pains, weak back, ulcerations, etc., will find these pills an unfailing cure.

PALE AND SALLOW GIRLS
should take these Pills. They enrich the blood, restore health's roses to the cheeks and correct all irregularities.

Beware of Imitations. These Pills are sold by all dealers only in boxes bearing our trade mark or will be sent by mail, post paid, on receipt of price—50 cents a box or 6 for \$2.50.

THE DR. WILLIAMS MED. CO.,
Brookville, Ont., or Morristown, N.Y.

SEMPER CAMPBELL'S SKREI EADY

FAMOUS COD LIVER OIL

IT IS INVALUABLE IN CONSUMPTION, CHRONIC COLDS, OBSTINATE COUGHS, WHOOPING COUGH, PULMONARY SCROFULOUS COMPLAINTS, WASTING DISEASES, GENERAL