

THE FRENCH

sumption, and are usually intended for market purposes. The *habitant* lives chiefly on rye-bread, sour milk, fat pork, and potatoes. Maple sugar, eggs, and fish are appreciated ; but fresh meat is little in demand. Omelettes and pancakes, as in France, are reserved for high days and holidays ; and, although the present race of French Canadian women possess infinitely less skill or knowledge in cookery than their French sisters, they can generally toss a pancake with the best of them.

All good *habitants* marry young. Edwin is not usually more than twenty when he woos his Angelina of seventeen. Enormous families follow ; but