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"FRUIT-A-TIVES", the marvellous medicine made from fruit juices - has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuralgia, Chronic Headaches, Chronic Constipation and Indigestion, "Fruita-tives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, 'Fruit-a-tives' tones up and invigorates the whole system. 50c. a box, 6 for \$2.50, trial size, 25c.

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Honor Roll, Company 149 Batt.

Lieut. W. H. Smyth, Headquarters

at Ottawa.

Lieut. R. D. Swift, Scout Officer.

Sergt. W. D. Lamb

Sergt. M. W. Davies Sergt. S. H. Hawkins Sergt. E. A. Dodds Sergt. W. C. McKinnon

Sergt. Geo. Gibbs Sergt. Geo. Gibbs
Sergt. H. Murphy
Sergt. C. F. Roche
Corp. J. C. Anderson
Corp. J. C. Anderson
Corp. J. Menzies
Corp. B. Dodds
Corp. H. Cooper
Corp. C. Skillen
Corp. C. B. Sicon

Corp. C. Skillen
Corp. C. E. Sisson.
L. Corp. A. I. Small
B. Q. S.- B. C. Culley
C. Q. S.-C. McCormick

Pte. A. Banks te. F. Collins Pte. A. Dempse I. R. Garrett Pte. H. Jamieson Pte. G. Lawrence Pte. R. J. Lawrence Pte. C. F. Lang Pte. W. C. Pearce Pte. T. E. Stilwell Pte. A. H. Lewis, Band

Pte. G. A. Parker Pte. A. W. Stilwell Pte. W. J. Saunders Pte. A. Armond
Pte. W. C. Aylesworth, Band
Pte. R. Clark, Bugler
Pte. S. L. McClung Pte. J. McClung
Pte. C. Atchison
Pte. H. J. McFeely
Pte. H. B. Hubbard

Pte. H. B. Hubbard Pte. G. Young, Pte. T. A. Gilliland Pte. D. Bennett Pte. F. J. Russell Pte. E. Mayes Pte. C. Haskett Pte. S. Graham Pte. W. Palmer

Pte. H. Thomas

Pte. H. I Romas
Pte. B. Trenouth
Pte. B. A. Shaunessy
Pte. W. Zavitz
Pte. W. J. Sayers
Pte. Lot Nicholls
Pte. Lot Nicholls Pte. John Lamb Pte. Eston Fowler

Pte. E. Cooper.
Pte. F. A. Conne ly.
Pte. F. Whitman. Pte. Edgar Oke. Pte. White. Pte. McGarrity. Pte. Wilson

Pte. Richard Watson, Can. Engineer Pte. L. H. Aylesworth, Band. Made the Supreme Sacrifice

Wafford and Warwick Lt.-Cd. R. G. Kelly Capt. Thos. L. Swift Sergt.-Major L. G. Newell Pte. Alfred Woodward Pte. Percy Mitchell Pte. R. Whalton Pte. Thos. Lamb Pte. J. Ward
Pte. Sid Brown
Pte. Gordon Patterson
Pte. F. Wakelin, D. C. M.
Pte. T. Wakelin
Pte. G. M. Fcuntain

Pte. H. Holmes Pte. J. Stillwell

When a man is never idle he has no Mend your temper and your manners will mend themselves.

Love of a good woman is the best pro-tection a man can have.

MOTHER SUPERIOR

Says Vinol Creates Strength

Rosary Hill Home, Hawthorne, N. Y.

"I have used Vinol for many rundown, weak or emaciated patients with benefit. One young woman was so weak and ill she could hardly creep to my door for aid. I supplied Vinol to her liberally and in a month I hardly recognized her. She was strong, her color charming and her cheeks rounded out."—MOTHER M. ALPHONSA LATHROP, O. S. D.

We guarantee Vinol to sharpen the appetite, aid digestion, enrich the blood and create strength.

The Duchess of Cannaught

In Canada, which was almost the ast home of the Royal Highness the Duchess of Connaught, the news of her death is received with general regret and with deep sympathy for the Duke and the Princess Patricia. All of our people who came in contact with the Duchess will remember her for her simple kindliness and the absence of ostentation in her manner. Unfortunately the term of the Duke's residence in Canada was very largely one of ill-health for the Duchess, and the war that has raged for the last thirty-one months did not conduce to the happiness of any of us. To the Duchess the struggle must have been peculiarly saddening. Of the Royal House of Prussia, she had close kin fighting against one another. The Kaiser and the Queen of Greece were her second cousins. The serious illness which caused her return to England so soon after originally coming to Canada left her with less power of resistance to such attacks as that which carried her off.

Slow Sale of Seed Uats

Thus far only sixty odd thousand bushels of No. 1 Canadian Western seed oats have been ordered for all points in Eastern Canada. Flour and Feed merchants are somewhat averse to purchasing carlots without assurance as to it being wanted for seed. As a matter of fact this seed oats should be worth the extra price for feed, because the light grain and weed seeds have been removed in cleaning.

Farmers desiring No. 1 C. W. seed oats should order promptly through their dealer or club together and purchase in carlots. These seed oats are of the Banner and Abundance varieties and the germination is much superior to Eastern grown oats of the Seed Branch, Ottawa 1916 crop.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. Hall's Catarrh Cure has been taken by

catarrh sufferers for the past thirty-five years' and has become known as the most reliable remedy for Catarrh. Hall's Cat-arrh Cure acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased

After you have taken Hall's Catarrh Cure for a short time you will see a great improvement in your general heaith. Start taking Hall's Catarrh. Cure at once and get rid of catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

An Interesting Seed Case A case of interest alike to seeds

men and farmers was recently tried in an eastern Ontario court. It appears that a field in the neighborhood had been seeded down for some broke up the field in 1915 and put it in grain. Next year he sowed grain again, at the same time seeding with timothy and red clover. In this second year a large quantity of mustard grew up with the crop. The owner of the field claimed that the mustard grew from seed mixed with the clover, entered suit against the seedsman, and recovered \$300 in

Company of the 149th Moves

Sarnia, March 15.—The company of the 149th Battalion which has been statthe 149th Battalion which has been stationed at Sarnia for the past month left here to-day to join the battalion at head-quarters at London, where preparations are being made for a unit to go overseas. The battalion was recruited throughout the county of Lambton and is commanded by Col. W. W. MacVicar, of this city, A company from the 153rd Battalion, of St. Thomas, has arrived to take the place of the departed men.

Equal parts of olive oil and turpentine make an excellent polish for mahogany furniture.

The temperature of a child's sick room should never be under 60 degrees nor

White paint is best cleaned with a cloth squeezed out in hot water. Cheerfulness lubricates the axles of the world. Some people go through life with a continuous squeak:

She'd done her best

A woman in a railway waiting-room the other day had a great deal of trouble with one of her children, a boy of seven or eight; and a man who sat near her stood it as long as possible, and then ob-

From Watford and Vicinity Serving the Empire

27TH REGT.-1ST BATTALION Thos. L Swift, reported missing since June 15, 1915, Rich. H Staple ford, Bury c Binks, L Gunn Newell, killed in action, Arthur Owens, F C N Newell, T Ward, Sid Welsh Alf Woodward, killed in action M Cunningham, M Blondel, W Blun R W Bailey, A L Johnston, R A Johnston, G Mathews, C Manning, W G Nichol, F Phelps, H F Small, E W Smith, c Toop, c Ward, J Ward, killed in action, F Wakelin, D c M, killed in action, T Wakelin, wounded—missing, H Whitsitt, B

PRINCESS PATRICIA'S C.L.I. Gerald H Brown

18TH BATTALION C W Barnes, Geo. Ferris, Edmund Watson, G Shanks, C Jamieson, J Burns, F Burns, c Blunt, Wm. Autterson, SP Shanks.

2ND DIVISIONAL CAVALRY Lorne Lucas, Frank Yerks, Chas

33RD BATTALION Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H Patterson, died Victoria Hospital, London, Charles Potter.

34TH BATTALION E c Crohn, S Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning Leonard Lees.

29TH BATTERY

Wm. Mitchell, John Howard. ANTI-AIRCRAFT Gunner Woolvet

70TH BATTALION Ernest Lawrence, Alfred Emmerson C H Loveday, A Banks, S R Whalton, killed in action Oct. 1916, Thos. Meyers, Jos M Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough.

28TH BATTALION Thomas Lamb, killed in action.

MOUNTED RIFLES Fred A Taylor

PIONEERS Wm. Macnally, W F Goodman.

ENGINEERS J. Tomlin

ARMY MEDICAL CORPS

T A Brandon, M. D., Capt. W J McKenzie, M.D., Norman McKenzie Jerrold W. Snell, Allen W Edwards. 135TH BATTALION

N. McLachlan. 3RD RESERVE BATTERY, C.F,A

Alfred Levi 116TH BATTALION

Clayton Fuller. CONSTRUCTION, UNIT Arthur McKercher

196TH BATT. R. R. Annett. 70TH BATTERY

R. H. Trenouth, Murray M. 147TH BATTALION

Austin Potter. GUNNER Russ. G. Clark.

R. N. C. V. R. John J Brown

ARMY DENTAL CORPS Elgin D. Hicks, H. D. Taylor.

ARMY SERVICE CORPS Frank Elliot. 64TH BATTERY

C. T. Luckham.

Philosophy may not prevent a man from falling in love, but love knocks the corners off a lot of philosophy.

To clear smoky or sooty rain water, beat the white of an egg in a quart cup, fill up with water, stirring thoroughly. Pour this into a tub or boiler of smoky water. The water can soon be skimmed of the dire. of its dirt.

Miller's Worm Powders will eradicate She was strong, her color charming and her cheeks rounded out."—MOTHER M. ALPHONSA LATHROP, O. S. D.

We guarantee Vinol to sharpen the appetite, aid digestion, enrich the blood and create strength.

Taylor & Son, druggists, Wattord, Ont., also at all the best druggists in all Ontario towns.

Miller's Worm Powders will eradicate the worm evil that bears so heavily on children and is believed to cause many fatalities. They are an acceptable strong hand of a father."

"Yes, I know it," she replied; "but he can't have it. His father died when he was ix years old, and I've done my best to get another husband, and failed. He can't have what I can't get."

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