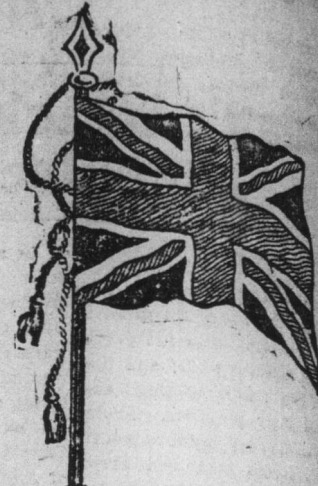




The Latest Call--Startling--But True!



Reinforcements urgently needed to keep the Royal Newfoundland Regiment in the Front Line.
Men of Military Age ! What About It?
Don't You Hear It? Won't You Heed It?

The sentiments of the majority of the people in this Dominion are strongly in favor of keeping our GLORIOUS REGIMENT at full strength and in the Front Line by voluntary enlistments if possible--if not--by some form of conscription.

Young Man ! What Will You Be--A Volunteer or a Conscript ?

This space given to the Regiment by MARSHALL BROTHERS.

Painless Patriotism.

By RUTH CAMERON.



RUTH CAMERON

There is one form of patriotism which does not make a strong appeal to me. It is the high sounding, painless patriotism of the person who wishes he or she were in a position to make some great sacrifice.

For instance, I heard a woman who had four daughters say that she wished they were all sons so that she might send them to the front.

In the group to whom she spoke, there were two people with sons or brothers who had gone to the front. She evidently felt she was rebuking them by her patriotism, showing them what she would do in their places.

Perhaps they needed a rebuke. But I don't think she was the one to give it.

Maybe she would have sent four sons to the front with a smile. No one could prove she would have, and no one could prove she wouldn't. The naked fact remained that she was altogether too comfortable and safe. In the sex of her children, to boast of what she would do, to mothers who were actually facing the crisis.

"I wish my sons were grown up," is also a favorite assertion among women with boys of very tender years. I notice that women with sons with five years of the danger limit have felt enough of the real anxiety not to be so boastful.

Another is: "I wish I were a man. I'd have been at the front long ago." Maybe you would, and maybe you wouldn't.

Anyway, you are not a man, and isn't it rather graceless to take advantage of that security, to boast? If people want to make big sacrifices, there are plenty lying about loose to be made without wishing for sons to send. You can cut yourself down to an utter simplicity of diet, you can give all your spare time to war work, you can go into a munition factory--surely none of these things would be as hard as to give up a son, or to go out into the trenches yourself. Are you doing them?

Mind you, this is not meant to justify the women who are hanging on to

their sons, who are still saying, in effect, "I didn't raise my boy to be a soldier. I'd rather have some other mother's boy do that job."

It is just a reminder to those who work off their patriotism by saying what they would do if--that that sort of patriotism is too easy to be admirable.

Minard's Liniment Co., Limited.
 I was very sick with Quinsy and thought I would strangle. I used MINARD'S LINIMENT and it cured me at once. I am never without it now.

Yours gratefully,
 MRS. C. D. PRINCE.
 Nauwigewank, Oct. 21st.

Your Boys and Girls.

"Let not the sun go down on your anger," is one of the firm beliefs of a fond mother should impress on her little ones. From babyhood the little folks should be taught to settle each day accounts before their bedtime that they may sink quietly into refreshing sleep.

So fixed will this teaching become in their childish minds, that they will find it extremely easy to forgive the playmates who have wronged them. In cases where other children impose upon them, they should be urged to let them alone, and in any case, have the slate wiped clean of the petty cares of the child world every night.

By all means teach the children that it is just and noble and kind to forgive. They may be imposed upon occasionally by other children, but that is as nothing compared to a clear conscience and a clear feeling mind. There is real joy in forgiving.

Mothers should watch very carefully in hot weather for evidences of worms. If baby is inclined to be fussy and nervous, watch the bowel movements closely. Worms appear like little white threads and eight or ten would only measure an inch.

Suffered headaches for years, nothing helped until the eyes were tested and glasses fitted by TRAPNELL, the Eyesight Specialist, after which there was no return of headache. Are you subject to headaches? Go to TRAPNELL'S--April 15th.

With a perfectly simple underlay of black satin one may wear various over-tunics and jumpers.

Seed Potatoes,
 140 Pound Bags.
P.E.I. Potatoes,
 ½ Barrel Sacks.
 BOYER'S TOMATOES.
 CHAMPION TOMATOES.
 BOYER'S EARLY JUNE PEAS.
 PARSNIPS, CARROTS, BEETS.
 GOLDEN PHEASANT TEA.
 NEW SHELLED WALNUTS.
 NEW SHELLED ALMONDS.

C. P. Eagan
 Duckworth Street and Queen's Road.

Eggs

Local Fresh Eggs

now in full supply, help to conserve meat use more fresh Eggs.

Soper & Moore

Our Daily Story.

LET'S TALK SERIOUSLY.

After sniffing again the lovely slump of orchids and fleablossoms he had sent her, she sat down beside him on the sofa.

"Let's talk seriously to-night, Butterfield," she cooed. "I don't want you to think I'm just a slightly, giddy-headed little girl with no other interests except dancing and cards and bon-bons. Tell me about the war, Butterfield."

Butterfield brightened, for the war was his favorite topic.

"I'll begin at the very beginning, so you can get a good grasp on the subject," he said.

"Oh, Butterfield, that will be just wonderful!—I'd dearly love to have a good grasp on the subject!" she burbled.

"Well, in the first place," he began, "Germany conceived an imperialistic dream of conquest, in short, of world domination."

"Yes, yes! How thrilling!" she breathed, leaning forward with her ruby lips slightly parted.

"She aimed to extend her powers beyond the wildest Bismarckian dreams," he continued, "to stamp under the iron heel of militarism every country that did not bow to her will, to ruthlessly burn into the flesh of a quivering, war-torn world the flaming brand of a superior 'kultur.'"

"Oh, Butterfield, how perfectly absorbing!" she breathed.

Milady's Boudoir.

RED ARMS AND BEAUTY.

No woman should feel regret that her arms are slender. Slender arms are always suggestive of youth, and especially the forearms. Only after the figure begins to take on flesh as middle age approaches, do the forearms acquire a really beautiful roundness, and a well rounded wrist and forearm usually mean too heavy a contour from elbow to shoulder.

If the hands are kept milky white and beautifully soft and satiny, slenderness is no detriment and is rather an advantage, for, after first youth, slender arms accompany only the figure that lack unbecoming embonpoint.

Red arms and rough elbows, however, whether slender or plump, are never lovely and the woman who wishes to make the most of her physical charms, should strive against them constantly. There are various causes for red arms. One of them is the wearing of tight clothing. Collars worn too tight, corsets that constrict the waistline, armholes in garments too small, all may cause redness of the arms. Sometimes, too, bad circulation is responsible for the affliction.

If the hands are constantly cold and the hands and arms are red, one may be sure that a lack of circulation is to blame, and the best cure will be proper exercise and brisk rubbings over the whole body with cold water and a flesh brush, with afterward equally brisk rubbing with a coarse towel.

This will set the blood in a glow and help to distribute it properly through the whole body.

Holding the arms above the head at intervals, will make the hands and forearms white, particularly if the hands are shaken about while held aloft.

A slight scalp trouble may be treated easily at home, but one must use judgment in deciding upon the remedy used. When the scalp is very dry and there is constant scaling which gives the hair a powdery look, this means that there is a chronic inflammation of the hair follicles, and unless this is arrested, the hair will fall out in bunches after a time.

Everyday Etiquette.

"Is it good form for a young married man to wear his house coat when entertaining men and women guests?" asked George.

"A man should only wear his house coat in the privacy of his home when alone with his family or one or two intimate friends. He should not wear the coat when entertaining a number of friends, especially if there are ladies in the party," advised his sister.

Special Notice.

At the end of this year we will give 5 cts. for every 12 Outside Green Wrappers obtained from "STAFFORD'S LINIMENT."

We will keep a record of every person forwarding us these wrappers from time to time and at the end of the year we will publish the names of the winners.



WALT MASON

Oh, Uncle Sam, if you need wheat to keep our allies on their feet and jar the Teuton loose, don't tell us why or argue round but lay your hands on every pound the country can produce. We stay at home can't carry guns, but we can feed on sawdust buns, and do it with a grin; I would be a pity if we'd swear at any sort of bill of fare that's planned to help us win.

What Toronto Has Done.

Since October, 1914, when it became obvious that the dependents of Canadian soldiers were in many cases in need of financial help, the citizens of Toronto have busied themselves in making a suitable provision. They have carried on four campaigns, and the last of which I was fortunate enough to bear a small part, in order to raise a sufficient fund. The aggregate result of these four great efforts was a sum of \$9,793,000. In addition to this, the citizens of Toronto have contributed to the British and Allied Red Cross and Relief funds, \$3,077,000. The City Council has made grants in aid of one or other of the above funds to the amount of \$6,000,000. To this must be added the local expenditure upon the Toronto Y.M.C.A. A. R. France, amounting to \$500,000. The amazing total of all these contributions amounts to no less than \$19,870,000. In order to appreciate the full significance of these figures, it must be pointed out that the population of Toronto consists of 473,000 persons, so that the city has contributed nearly \$40, or \$28 per head, of the population, including every man, woman and child in Toronto. Nor is this all. Toronto has raised sixty battalions at a cost of \$20,000 each, making in all \$1,200,000. The city has already disbursed to dependents of the 2,836 killed \$2,738,000, making a total of \$3,938,000. If the two great totals, as given above, be added, it will be found that the total contribution to the war of this astonishing city amounts to \$23,808,000, or nearly \$50, or \$210, per head of the population.

And the effort is as surprising if it is tested by the figures of voluntary enlistment. The number of volunteers from Toronto was 60,000, from the County of York, 20,000; or 80,000 in all. And the Toronto contribution works out at one in nine of the population of the city.

One often hears the question asked, "Why are so many young people wearing glasses nowadays?" Most young people wearing glasses have suffered from some form of Astigmatism, Hyperopia or Myopia. Troubles for which no remedy other than glasses is yet known to man. TRAPNELL, the Eyesight Specialist, takes care of both young and old when glasses are needed--April 15th.

MINARD'S LINIMENT CURES GAR-GET IN COWS.

REIDS' BOATS. HARRIED.

Eventually

YOU MUST DON THE KHAKI.

Why Not To-Day?

You are Needed at Once.

This Space given to the Soldiers by the U. S. PICTURE & PORTRAIT CO.

WHAT'S YOUR EXCUSE For not being with the Boys?

YOU ARE BADLY NEEDED "OVER THERE"

Your duty is to go! Why not TODAY?

THIS SPACE GIVEN TO THE REGIMENT BY G. M. BARR.

DON'T BE A QUITTER!

ENLIST NOW!

This space given to the Regiment by T. A. McNab & Co.

The "Evening Telegram" is read by over 40,000 People daily.

Rector Bars Flag Hung in Church

Reverend Clergyman of Astoria Congregational Church Orders the American Colors Away--Ban on Service Emblem--Parishioners Aroused by the Rector's Attitude--Meeting of Vestry Planned.

(New York Times.) Parishioners of the Protestant Episcopal Church of the Redeemer, a prominent and Temple Streets, Astoria, Ore., are much disturbed over the refusal of their Rector, the Rev. Leroy R. Urban, to permit either a service flag or an American flag to be displayed in the church. The Rector is an avowed pacifist. Between the early morning communion service and the meeting of the Sunday School on Sunday an American flag that had been placed in the church was torn down by the Rector's direction. Mr. Urban left town yesterday, and at the rectory it was said that he had gone on a visit to his brother, a retired Protestant Episcopal clergyman, the Rev. A. L. Urban, of Portland, Me.

More than eighty young men from the parish of the Church of the Redeemer have gone to war. Harry Mark, one of the wealthy members of the congregation, several months ago purchased a silk service flag and asked the Rector to have it hung in the church. When Mr. Urban heard about it, he refused to permit it to be hung in the church. The vestry took up the matter with him at the request of the members of the parish and he remained firm in his refusal.

"I interviewed Mr. Urban in regard to his refusal because I wanted to see the flags in the church," said Harry Mark yesterday, an attorney of Astoria and a vestryman. He told me that under the canons of the church he was the sole authority as to what decorations should go into the church and he would not permit it because he was a pacifist and opposed to war because no good had ever come from war. I found that it was impossible to persuade him and so reported to the other members of the vestry. I know that an American flag was hung in the church on Saturday night was discovered by Mr. Urban too late to have it removed before the early morning communion at 8 o'clock Sunday, but was removed by the rector's orders before the Sunday school met at 9:30 o'clock. The members of the vestry are not in accord with the judgment of Mr. Urban, and a meeting of the vestry will be held in the near future which some decisive action will be taken."

J. Hart Pease and Darwin S. Hudson, former members of the vestry, refused to accept re-election as vestrymen because of the attitude of the rector.

Fred White formerly one of the leading young men of the parish, who had been in the Southern camps as a secretary of the Y. M. C. A. and had come to New York to get his passport to go to France, arranged to attend the vestry at the church on Sunday morning. The young men of St. Andrew's, the vestry of the Parish, to which he belonged, decided that the church should be decorated. They obtained by subscription and purchased a flag. Late on Saturday night Theodore Ruser, Richard Peters, Howard Wilson, and Edgar Ebdon entered the church and hung the flag just outside the church door. Mr. Urban observed it until after he had been to bed.

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