

## Children Had Eczema Doctors Failed to Cure

Had No Appetite, and Her Complexion Was Pale and Sallow.

How many parents realize the strain which going to school means to the child who is naturally nervous and of delicate health?

You see them come from the schools daily with pale faces, many wearing glasses, and looking tired and worn. At home they are irritable, do not sleep well at nights, and are upset by a little extra excitement.

If they are to grow to healthy manhood and womanhood their systems must have attention now. Such treatment as Dr. Chase's Nerve Food does wonders for children in this condition. We are constantly receiving letters from grateful parents telling what the Nerve Food has done for their children. This one is a fair sample:

Mrs. Stephen Hartman, Italy Cross, Lunenburg Co., N.S., writes: "My little sister at eleven years of age became nervous, irritable and seemed all tired out. She had no appetite, was

lifeless and drowsy and her complexion grew pale and sallow. Finally she had to keep her bed and have somebody with her all the time. She was afraid of everything, would get excited and tremble till the bed would shake. As she seemed to be getting worse under the doctor's treatment, mother decided to try Dr. Chase's Nerve Food. After she had used about four boxes, improvement was noticeable and it was wonderful to see how much brighter and stronger she grew week by week. She used ten boxes altogether and they cured her. She got fat and rosy and went to school every day with an ambition that she never seemed to have before. I do not hesitate to recommend Dr. Chase's Nerve Food to anyone, for it was indeed wonderful what it did for her."

Dr. Chase's Nerve Food, 50c. a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.

claims to-day that President Menocal's re-election would be assured by the complete returns. Incomplete reports of the vote show the Conservatives leading in the provinces of Pinar Del Rio and Santa Clara. The Liberals are leading in Oriente Province, but the Conservatives claim the returns from 57 missing districts will give them a majority in that province. The carrying of these three provinces by the Conservatives would give President Menocal the victory.

## Arrange To Build Channel Tunnel, Useful For War.

Would Cost Less Than Two Days' Expenses in Fighting.

Paris, Oct. 6.—(By Mail).—France has taken all the necessary steps to enter into negotiations with England to build jointly a tunnel under the English channel to connect the two countries, the long-talked-of project which the war has revived because it has demonstrated as nothing else could the value of the tube to both countries.

Had the tunnel been in existence during the present conflict it would have been of immeasurable value to England and France for the transportation of troops and supplies.

The plans were outlined by M. Sartiaux, chief engineer of the Nord Railway Company, who is one of the strongest advocates of the project. He said:

"The tunnel will cost 16,000,000 pounds half of which would be borne by England and half by France. Each country would bore half of the tunnel. Well, Britain is spending just now 6,000,000 pounds per day and France 4,000,000 pounds so that two days' war-time expenditure of both countries would more than cover the cost of making the tunnel."

"It is proposed to make two tunnels, one for traffic from France to England, another for traffic from England to France. Some people seem to think a cross-channel tunnel might be a danger, because it might fall into the hands of the enemy. To capture the French tunnel would not be an easy task. The mouth of the tunnel on French soil would be ten miles from the coast, and in order to reach it the enemy would have to capture Calais, and negotiate three intervening hills of an average height of 150 feet."

"The tunnel on the French side would begin its journey under sea at Sangatte. In my belief it would be impossible for an enemy to reach the mouth of the tunnel and get at the electric plant. The motive power could be instantly suppressed and the tunnel immediately rendered useless by filling it with poisonous gas."

"One can hardly exaggerate the services the tunnel would have rendered to England and France had it been in existence when hostilities broke out. During the twenty hours of daily use (for four hours must be deducted out of the twenty-four for upkeep and repairs, etc.) between 100 and 120 trains could have been sent in each direction."

"At 500 tons per train that represents 50,000 to 60,000 tons a day each way, much more than is necessary."

"Apart from the diminution in delay, risks, losses, and difficulties of every nature, the British fleet would have been liberated from one of the heaviest parts of its task and free to serve the cause of the Allies in other directions."

## Express Passengers.

The following first class passengers are on the incoming express due this afternoon:

Lady Reid, Master L. Reid, Miss E. Godden, Geo. Eason, Mrs. T. O'Neill, Mrs. J. March, Rev. Fr. O'Neill, W. E. Gosse, F. Reid, Mrs. L. Leach, W. C. Archer, Gordon Archer, Miss M. Burt, P. D. Parks, A. Fudge, B. Cornigan, Mrs. J. C. Crosbie, W. L. Lane, R. J. Kerr, D. Richards, J. Mason, Miss E. Rues, Mrs. J. Sherwood and W. Crawley.

**NOTE OF THANKS.**—Mr. and Mrs. Newman Ebsary and family wish to thank His Excellency the Governor and Lady Davidson, Sir Edward and Lady Morris and Miss Fox, Hon. J. R. Bennett, Colonial Secretary; R. A. and Mrs. Squires, W. C. Job, Esq., Robert B. Job, Esq., Mrs. Marmaduke Winter, Major Carty, 1st Newfoundland Regiment, Members of Avalon Lodge, Lodge Empire, S. O. E., S. U. F. Lodge, W. M. S. George Street, Ladies' Orange Association, and all kind friends who sent messages of sympathy in the sad bereavement of the loss of their son, Lieut. S. J. Ebsary—advl.

**BIBLE CLASS.**—Gower Street Adult Bible Class meets as usual in the Church parlour. An address will be given by the Rev. Dr. Bond. A cordial invitation is extended to all.

ASK FOR MINARD'S LINIMENT AND TAKE NO OTHER.



## "Yes, John's Insurance Keeps Me in Comfort"

"He was a far-sighted man."

"Every time his salary was increased he would put a portion of it into life insurance."

"He used to say, 'A man cannot put his money into a safer place, Martha. And the more insurance I have the more my mind is at peace. I know if anything happens to me you will be able to live comfortably and without worry.' The Mutual Life of Canada will send you a cheque every month. You will have no trouble about investing the insurance money. They will look after all that."

"And so you see, Mrs. Dann, I live comfortably, thanks to John's big hearted wisdom."

"Well, I wish my husband had had more insurance, Mrs. Wright. I have to work for my living, which is pretty hard at my age. I must keep on knitting day after day to try and make enough money to make ends meet."

Think it over, men.

Figure out what your wife would do to keep up the home were you to be called away.

Isn't the answer: *More life insurance?*

And preferably a Mutual Life Monthly Income Policy—because the Company relieves the widow of all financial worry. A cheque is delivered to her every month for 20 years, and should she outlive that time, for the remainder of her life.

Under these policies the assured also participates in the splendid profits earned by the Mutual Life of Canada.

This form of insurance is cheaper than when the claim is paid in one sum. The beneficiary also has the option of receiving the commuted value of the payments in one sum.

Write for further particulars. If you will send present age of yourself and wife (or other intended beneficiary) we will quote you rates, too.

## The Mutual Life of Canada

Waterloo, Ontario

A. S. RENDELL, Gen. Agent; W. J. PIKE, Spec. Agent, St. John's, Newfoundland

## War News.

### Messages Received Previous to 9 A.M.

#### FORT VAUX OCCUPIED.

PARIS, Nov. 3. The French occupied Fort Vaux last evening, after waiting for the cessation of great explosions inside the fort, the war office reported to-day. The fort was evacuated by the Germans yesterday, and passed again into the possession of the French without loss to them. The Germans gave up the fortress, the statement says, as a result of violent French bombardment and the gradual closing in of French troops. The re-entrance of the French into this position was not contested. The ring of Verdun forts is now re-established and is held firmly by the French. On the remainder of the front, the communication says, there were no happenings of importance.

#### BERLIN SAYS RUSSIAN TROOPS SUFFER SEVERE LOSSES.

BERLIN, Nov. 3. As Russian troops charged seven times yesterday in an attempt to recapture the positions taken by the Germans on the Naraywka, southeast of Lemberg. They suffered exceptionally severe losses, the war office says, and gained no successes.

#### ITALIAN WAR OFFICE REPORT.

LONDON, Nov. 3. The Italian war office yesterday reported 4,731 prisoners had been taken of the Twenty-first Austrian Regiment and that several battalions had been annihilated. The battle against the heights east of Gorizia continues fiercely. The Austrian counter-attacks are described as feeble.

#### BRITISH CAPTURE VILLAGE.

PARIS, Nov. 3. On the left bank of the Struma the British troops following up their successes, have taken by assault the village of Alitza. On the remainder of the front there was intermittent cannonading without infantry action.

#### BRITISH SEIZE SWISS DOCUMENTS

WASHINGTON, Nov. 3. The seizure of Swiss official documents by the British naval authorities at Falmouth from Jules Metzger, an authorized Swiss courier who was bringing them to the Swiss Legation here and to the Swiss Consul-General at New York, has been officially reported to the State Department by the Swiss minister. The seizure is reported merely as a fact without any suggestion to the United States which is in no way concerned. Metzger was a passenger on the steamer Noordam which arrived at New York from Rotterdam on October 31st.

#### GERMAN NAVAL RAID.

BERLIN, Nov. 3. A raid was made by German naval small craft on the shipping route between the mouth of the Thames and

Holland on Wednesday night, the Admiralty announced to-day. Several steamers were stopped and searched, and two were brought into a German port. The raiders were fruitlessly shelled by four British cruisers whilst they were returning.

#### U-57 WILL ACT AS CONVOY.

NEW LONDON, Nov. 3. The German armed submarine U-57, a sister ship of the U-53 which recently sank five vessels off the New England coast, is expected to act as convoy for the undersea freighter Deutschland, according to a statement made to-day by Capt. Paul Koenig. The Deutschland skipper added: "I wouldn't be surprised if an armored submarine appeared off this coast while I am in port. You can't tell what the government will do." In answer to questions he said he probably would make his homeward dash within the next ten days. He denied the report that he would go through the Cape Cod Canal, saying nothing was to be gained by this route.

#### GERMAN PAPERS NOT SURPRISED

LONDON, Nov. 3. The German newspapers declare they are not surprised by the evacuation of Fort Vaux at Verdun, says a Reuter despatch from Amsterdam, as the intention to abandon it already had been communicated in advance to representatives of the press. They emphasized the German retirement as being purely voluntary, and that the authorities no longer considered the fort worth retaining at the price of further sacrifices. The Berliner Tageblatt says: "The measure, of course, is not pleasant sentimentally, but militarily it is justified."

#### MUCH ADMIRER AND HONORED ENEMY!

LONDON, Nov. 3. A despatch to the Reuter Telegram Co. from Amsterdam quotes the Berlin Lokal Anzeiger as saying, a beautiful wreath for the casket of Capt. Boelke, the German aviator, killed recently, was given by British officers who are prisoners of war at Genabuck, and it bore a gold lettered inscription to that effect. The despatch adds, the telegram from the officers asking permission to present the wreath characterized Boelke as a much admired and honored enemy.

#### ENEMY TRENCH CAPTURED.

LONDON, Nov. 3. British troops captured a German trench east of Gueudecourt, on the Somme front, last night and raided German trenches near Arras, says the British war office announcement to-day. The statement reads as follows: Yesterday evening by a surprise attack we captured an enemy trench east of Gueudecourt and secured our position. During the night we also carried out a successful raid against enemy trenches near Arras.

#### THE CUBAN ELECTIONS.

HAVANA, Nov. 3. The result of the Presidential election held throughout the Republic of Cuba on Wednesday, is still in doubt. Supporters of President Menocal, the Conservative candidate, for re-election running against Dr. Alfredo Zayas, the nominee of the Liberals, made

## CRISCO!

The Ideal Cooking Fat.  
Better than the best Leaf Lard.

CRISCO is guaranteed absolutely pure. Foods cooked with CRISCO are more digestible than those cooked with animal fats.

CRISCO is sold by all leading Grocers and Wholesale Houses.

## RANDOM REELS

Howard L. Rann  
of shoes and ships - and sealing wax - of cabbages & kings

### THE DIMMER LAW.

The dimmer law is a thoughtful piece of legislation which requires every automobile owner to put window shades on his headlights and then leave them up all night. The object of the dimmer law is to enable people to drive automobiles at night without being struck speechless in both eyeballs. The dimmer itself is a small, retiring bulb which can be turned off and on without hurting anybody but the driver, who is not able to see whether he is in the turnpike or has strayed into an adjacent alfalfa field. One of the most blood-curdling moments in this monotonous existence is to throw on the dimmers in order to accommodate an approaching car with a driver who is

too exhausted to return the compliment, and then edge soulfully into a ditch whose depths have never been sounded by the hoof of man or beast.

While it is generally conceded that the dimmer law is a step in the right direction, there is a growing suspicion that it does not go far enough. How much better it would have been to have attached a short, crisp amendment providing that drivers who fail to use their dimming apparatus shall be electrocuted from the hips up. As it is now, thousands of dimmers are never used for anything except roadside spooning purposes, instead of serving the noble object for which they were designed by a sapient legislature.

If the dimmer laws were observed

by everybody who ventures out after dark it would not be necessary to haul off into six feet of ragweed in order to allow some human catapult to hurl himself into eternity at the

The best way to get around the dimmer law and avoid its noxious effects is to ride in the daytime and rest up at night.

### No Cure Guaranteed

More  
Corns  
Never known to fall; acts without pain in 24 hours. Is soothing, healing; takes the sting right out. No remedy so quick, safe and sure as Putnam's Painless Corn Extractor. Sold everywhere—25c. per bottle.

Sew a bit of velvet inside the heels of your shoes, and it will save a good many holes in your stockings.

A good luncheon dish is made of leftover ham and chicken, put through the chopper. Put in a baking dish with layers of boiled macaroni, with the top layer of breadcrumbs.

## RED ROSE TEA "is good tea"