gained twenty pounds and is in better general health than he has been in years, since taking Tanias.



"Since Tanlac has overcome my troubles. I have gained twenty pounds in weith and am in better general health than for years past," was the straight-forward statement made a few days ago by H. W. Boring, a prominent and well-to-do farmer living at Overland Park, Kans.

"During the two years I suffered I tried everything I knew of to get relief, but nothing seemed to reach my case until I tried Tanlac. My appetite was poor and my digestion was so bad I could hardly retain my food. Nothing seemed to agree with me; in fact, I was almost a confirmed dyspeptic. My whole system seemed to be out of shape. I would have pains across the small of my back so bad at times I could hardly move

"This is just the condition I was in when I began taking Tanlac and it certainly has been a blessing to me. It just seemed to be made especially for my case. I improved from the first. My digestion now is perfect and regardless of what I eat I never suffer any bad after-effects.

"The pains across my back have entirely disappeared. The catarrh has left me, too, and my head is perfectly clear. I am no longer nervous and rest well at night. I have regained my lost weight and am feeling better and stronger than I have in years. I am going to keep Tanlac in my house so it will be handy at all times."

Tanlac is sold in Hartland by Estey & Curtis Co., Ltd., and by leading druggists everywhere.

GRAND FALLS

J. L. White was in St. John on business this week. Thomas Mulherin

e Reared in West Africa On Account of, the Climat THE life of Englishwoman

who follow their husbands -civil servants, officers, merchants-to the British colonies on the West Coast of Africa is described in the London Telegraph by Ethel and Alan Letherbridge. Th outstanding fact of the situation th w say, is that the climate forbid the rearing of white children.

"Only in parts of Northern Ni-geria," they write, "is it safe to risk the presence of a young white life, for there fresh milk is obtainable and the heat is not so trying. We have seen one white child in our travels. It was pathetic in its pallor and apathy. Its little legs, which should have been plump and sturdy, were merely sallow broomsticks. And this in spite of the most devoted and tender care. Truly, the life of a mother on the West Coast is no bed

of roses! But it must not be thought that existence among the feminine eleexistence among the feminine ele-ment is a sad one. There are many wives who trek with their husbands into out-of-the-we ovtions of their districts and who ener into the dis-comforts and even dangers of the journey with positive zest. "We recall one a thleic, fair-hair-ed girl who thought nothing of ris-ing at four in the momentum states."

ing at four in the morning, slipping into a 'bush' skirt, breeches and field boots, and trudging along by her husband through hunters' paths until the fising sun compelled her to take

the maing sun compelled her to take to her hammock. Her pét monkey and parroi always traveled with her, and were as skilled at making them-selves comfortable as she. "Long practice had made her an adept at what might be called the 'multum in parvo' type of luggage, and she could always produce a dim-her forwn and accessoric out of around. My nerves were all unstrung and I would become upset at the least little thing. I seldom slept well at night and finally, became so weak and run-down that I lost weight rapidly. was also troubled a great deal with catarh and of mornings had to spend a half hour or more clearing up my head. "This is just the condition I was

In a paim leaf hut in the bush than to jazz to a gramophone, until the early hours of the morning, "That is one way of helping one's husband upon the coast. There is still another. It consists in doing, most of his work for him antil he sinks into the status of a cheerful nonentity and is known merely as "Mrs. X.'s husband." Masterful wo-men there are in plenty all over 'Mrs. X.'s husband.' Masterful wo-men there are in plenty all over the world, but nowhere is it so easy for a masterful woman to grasps the reins in her own/hands as on this coast. 'Take the fine of least resist-ance' is an insidious doctrine easy to adopt out here, and if the work is done, well, what matter whether Mr. or Mrs. X, is responsible? 'We have known wives who signed, their husbands' oficial documents, others who seemed to forget that a

their husbands' official documents, others who seemed to forget that a woman should not take a military salute, and others who spoke of 'the soldier in my company.' These wo-men, as a rule, are not good house men, as a rule, are not good house-wives. They are short-tempered with the black boys, and are too interest-ed in what is really not their gra-vince to pay attention to the duller problems of the home. "We were taken to call at one house of this sort, where six bottles half full of flat, warm beer was the only refreshment available, and where our hostess wrathfully slapped

MR. JOHN E. GUILDERSON

P. O. Box 128, Parrsboro, N. S. "I suffered with Rheum years, having it so badly at times I was unable to get up without assistance I tried different medicines I saw advertised and was treated by doctor

in Amherst, also in my home town, but the Rheumatism came back.

In 1916, I saw in an advertisement that "Fruit-a-tives" would stop Rhen matium, and took one box and got relief; then I took them right along for about six months and the Rheumatism was all gone and I have felt is since.

Anyone who would care to write me as regards 'Fruit-a-tives' I would he glad to tell them what Truittives' did for me."

JOHN E. GUILDERSON,

Contractor and Mason 500. a box, 6 for \$2.50, trial size 250 At all dealers or sent postpaid by Fruit-fives Limited, Ottawa, Ont.

here. No waite child milt: be port in these regions; no wise mother brings out with her a daughter under brings out with her a daughter under the age of eighteen or twenty. Therefore, she must make her choice. Shall she leave her children to the care of relatives, seeing them for from four to six months yearly, or shall she hergelf superintend their upbringing and be content with her husband's society only during his leave at home?

leave at home? "Either way there are strings pulling at her heart. Either way there is anxiety and possible tragedy. The mail steamers are both longed for and dreaded, and sometimes those momen a stranger might condemn as frivolous are actually plunging into gayety to provide an anodyne against thought. hought.

thought. "Therefore, taking them as a whole all honor to the women of the West Coast! One must not grudge them their small pleasures nor be too severe upon their weatnesses.

CARD OF THANKS

We wish to convey thanks to the

1 .		help and sympathy, Mrs. Judd McGee
		Miss A. C. Chase
	1.10	Mrs. A. Bourinot
		Geo. E. Chase

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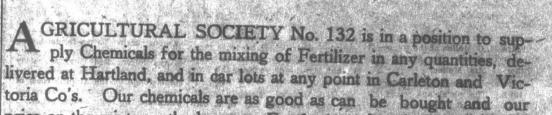
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house known as the Hechler house from James Burgess and will move into it about May 1.

Lanrent Parent of St. Leonards was in town Monday.

Miss Florence Graham leaves Wednesday for New York.

Mrs. Frank Mitchell and little daughter of Woodstock were week-end guests of Mrs. Mitchell's parents, Mr. and Mrs. Wm .Pirie.

Mr. Shaw was in town Sunday and Monday.

Charles Styles is visiting friends in Carleton Co

Mrs. C. White, sr., who has been visiting Mrs. C. C. White went to Windsor Saturday.

their eue from their mistress, and if she is lax they become so likewise. Again, there are other women to be found who resent the presence of any increase among their own set out here. They like to be the only ones in a community of attentive men, even though they may be devoted and loving wives. "In their own country, unfortun-ately, the feminine element predom-inates, and they enjoy the novel sen-sation of being undisputed queens-even though their kingdoms may be small. One such was known con-temptuously to refer to each new ar-rical as 'one more hussy,' until some one asked her what the others might perchance call her. There is also the butterfy wife, who, until she ands her soil through sortew of lines, dances the hours away as though nature were not waiting to exact the inexorable penalty. For one cannot burn the candle at both ends with impunity on the West Coast, as men and women have both learnt. These little Undines usually realize their mistakes early and sottle down into the best wives, and mothers. James Sheehan, one of our oldest residents died at the hospital Monday afternoon after a long illness of Brights disease. Mr. Shehan had no relatives living in this part of the country. He/leaves many friends who will miss him, as he was a very kindly and good neighbor and friend.

Mr. Doucett, school inspector is at "Which brings us and settle down into the best wives and mothers. "Which brings us once more to the problem of children. Hard, though if, may be in India, it is still more bitter the Minto Hotel the pas week while inspecting the schools in this section. Miss Alice Pirie is home from St.

John for threeks visit.

Robert Field of Presque Isle was in town this week on business.

Lloyd Warnock came home from trip to Portland, Me., Saturday.

### CORRECTION BY C. M. SHERWOOD

Dear Mr. Editor:

I would thank your Bath correspondent to adhere to the truth when writing me up. I have not "had la grippe," consequently did not "recover" from it, I have not "had a relapse," neither am I "back in bed again." I had an attack of bronchitis last November, but got all well of that some months ago.

Thanking you for space in your valuable paper.

Yours truly, C. M. Sherwood where our hostess wrathfully slapped the head boy for his neglect, though dy; 2 miles from Bristol, haif mile from school. For particulars apply the fault was really her own. "Black servants are quick to take their cue from their mistress, and if she is lax they become so likewise. to

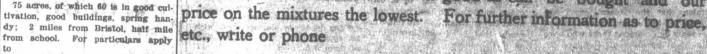
GEORGE FREEMAN Bristol, N. B

White Fife and White Russian seed wheat, timethy and clover seed. Clean est seed wheat I ever saw. Timothy is lower. Clover seed less than half last year's prices. No clerks or rents to pay. Always at your service. C. M. Sherwood, Bath, N. B. 39-3

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