

H. W. BORING, a well-to-do Kansas farmer, says he has gained twenty pounds and is in better general health than he has been in years, since taking Tanlac.



"Since Tanlac has overcome my troubles, I have gained twenty pounds in weight and am in better general health than for years past," was the straight-forward statement made a few days ago by H. W. Boring, a prominent and well-to-do farmer living at Overland Park, Kans.

"During the two years I suffered I tried everything I knew of to get relief, but nothing seemed to reach my case until I tried Tanlac. My appetite was poor and my digestion was so bad I could hardly retain my food. Nothing seemed to agree with me; in fact, I was almost a confirmed dyspeptic. My whole system seemed to be out of shape. I would have pains across the small of my back so bad at times I could hardly move around.

"My nerves were all unstrung and I would become upset at the least little thing. I seldom slept well at night and finally, became so weak and run-down that I lost weight rapidly. I was also troubled a great deal with catarrh and of mornings had to spend a half hour or more clearing up my head.

"This is just the condition I was in when I began taking Tanlac and it certainly has been a blessing to me. It just seemed to be made especially for my case. I improved from the first. My digestion now is perfect and regardless of what I eat I never suffer any bad after-effects.

"The pains across my back have entirely disappeared. The catarrh has left me, too, and my head is perfectly clear. I am no longer nervous and rest well at night. I have regained my lost weight and am feeling better and stronger than I have in years. I am going to keep Tanlac in my house so it will be handy at all times."

Tanlac is sold in Hartland by Estey & Curtis Co., Ltd., and by leading druggists everywhere.

GRAND FALLS

J. L. White was in St. John on business this week.

Thomas Mulherin has bought the house known as the Hechler house from James Burgess and will move into it about May 1.

Laurent Parent of St. Leonards was in town Monday.

Miss Florence Graham leaves Wednesday for New York.

Mrs. Frank Mitchell and little daughter of Woodstock were week-end guests of Mrs. Mitchell's parents, Mr. and Mrs. Wm. Pirie.

Mr. Shaw was in town Sunday and Monday.

Charles Styles is visiting friends in Carleton Co.

Mrs. C. White, sr., who has been visiting Mrs. C. C. White went to Windsor Saturday.

James Sheehan, one of our oldest residents died at the hospital Monday afternoon after a long illness of Bright's disease. Mr. Sheehan had no relatives living in this part of the country. He leaves many friends who will miss him, as he was a very kindly and good neighbor and friend.

Mr. Doucett, school inspector, is at the Minto Hotel the past week while inspecting the schools in this section.

Miss Alice Pirie is home from St. John for three weeks visit.

Robert Field of Presque Isle was in town this week on business.

Lloyd Warnock came home from a trip to Portland, Me., Saturday.

CORRECTION BY C. M. SHERWOOD

Dear Mr. Editor:

I would thank your Bath correspondent to adhere to the truth when writing me up. I have not "had a gripe," consequently did not "recover" from it. I have not "had a relapse," neither am I "back in bed again." I had an attack of bronchitis last November, but got all well of that some months ago.

Thanking you for space in your valuable paper.

Yours truly,
C. M. Sherwood.

White Children Cannot Be Reared in West Africa On Account of the Climate

THE life of Englishwoman who follow their husbands—civil servants, officers, merchants—to the British colonies on the West Coast of Africa is described in the London Telegraph by Ethel and Alma Letherbridge. The outstanding fact of the situation, they say, is that the climate forbids the rearing of white children.

"Only in parts of Northern Nigeria," they write, "is it safe to risk the presence of a young white life, for there fresh milk is obtainable and the heat is not so trying. We have seen one white child in our travels. It was pathetic in its pallor and apathy. Its little legs, which should have been plump and sturdy, were merely sallow broomsticks; and this in spite of the most devoted and tender care. Truly, the life of a mother on the West Coast is no bed of roses!

"But it must not be thought that existence among the feminine element is a sad one. There are many wives who trek with their husbands into out-of-the-way portions of their districts and even dangers of the journey with positive zest.

"We recall one athletic, fair-haired girl who thought nothing of rising at four in the morning, slipping into a 'bush' skirt, breeches and field boots, and trudging along by her husband through hunters' paths until the rising sun compelled her to take to her hammock. Her pet monkey and parrot always traveled with her, and were as skilled at making themselves comfortable as she.

"Long practice had made her an adept at what might be called the 'multum in parvo' type of luggage, and she could always produce a dinner gown and accessories out of a microscopic bag when necessity required. When we asked her if she did not prefer to be in one of the large ports where bridges and dancing were the order of the evening she bluntly said that she was fed up with that sort of life and that she preferred to shoot for the pot rather than to chase golf balls, and to sleep the sleep of healthy fatigue in a palm leaf hut in the bush than to jazz to a gramophone until the early hours of the morning.

"That is one way of helping one's husband upon the coast. There is still another. It consists in doing most of his work for him until he sinks into the state of a cheerful nonentity and is known merely as 'Mrs. X's husband.' Masterful women there are in plenty all over the world, but nowhere is it so easy for a masterful woman to grasp the reins in her own hands as on this coast. Take the case of least resistance is an insidious doctrine which adopt out here, and if the work is done, well, what matter whether Mr. or Mrs. X, is responsible?

"We have known wives who signed their husbands' official documents, others who seemed to forget that a woman should not take a military salute, and others who spoke of 'the soldier in my company.' These women, as a rule, are not good housewives. They are short-tempered with the black boys, and are too interested in what they enjoy not their province to pay attention to the duller problems of the home.

"We were taken to call at one house of this sort, where six bottles half full of flat, warm beer was the only refreshment available, and where our hostess wrathfully slapped the head boy for his neglect, though the fault was really her own.

"Black servants are quick to take their cue from their mistress, and if she is lax they become so likewise. Again, there are other women to be found who resent the presence of any increase among their own sex out here. They like to be the only ones in a community of attentive men, even though they may be devoted and loving wives.

"In their own country, unfortunately, the feminine element predominates, and they enjoy the novel sensation of being undisputed queens, even though their kingdoms may be small. One such was known contemptuously to refer to each new arrival as 'one more hussy,' until some one asked her what the others might perchance call her. There is also the butterfly wife, who, until she finds her soul through sorrow or illness, dances the hours away as though nature were not waiting to exact the inexorable penalty. For one cannot burn the candle at both ends with impunity on the West Coast, as men and women have both learnt. These little Undines usually realize their mistakes early and settle down into the best wives and mothers.

"Which brings us once more to the problem of children. Hard, though it may be in India, it is still more bitter

HAD RHEUMATISM FOR FIVE YEARS

No Return of the Trouble Since Taking "FRUIT-A-LIVES"



MR. JOHN E. GUILDERSON
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In 1916, I saw in an advertisement that 'Fruit-a-lives' would stop Rheumatism, and took one box and got relief; then I took them right along for about six months and the Rheumatism was all gone and I have never felt it since.

Anyone who would care to write me as regards 'Fruit-a-lives' I would be glad to tell them what 'Fruit-a-lives' did for me."

JOHN E. GUILDERSON,
Contractor and Mason.

50c a box, \$ for \$2.00, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa, Ont.

here. No white child must be born in these regions; no wise mother brings out with her a daughter under the age of eighteen or twenty. Therefore, she must make her choice. Shall she leave her children to the care of relatives, seeing them for from four to six months yearly, or shall she herself superintend their upbringing and be content with her husband's society only during his leave at home?

"Either way there are strings pulling at her heart. Either way there is anxiety and possible tragedy. The mail steamers are both longed for and dreaded, and sometimes these painful a stranger might condemn as frivolous are actually plunging into gayety to provide an antidote against thought.

"Therefore, taking them as a whole, all honor to the women of the West Coast! One must not grudge them their small pleasures nor be too severe upon their weaknesses.

CARD OF THANKS

We wish to convey thanks to the friends and old neighbors who at the funeral of our mother showed us so much kindly help and sympathy.

Mrs. Judd McGee
Miss A. C. Chase
Mrs. A. Bournot
Geo. E. Chase

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"Wood-Lac" Stain Improves the new—renews the old.

FERTILIZER CHEMICALS For Sale

AGRICULTURAL SOCIETY No. 132 is in a position to supply Chemicals for the mixing of Fertilizer in any quantities, delivered at Hartland, and in car lots at any point in Carleton and Victoria Co's. Our chemicals are as good as can be bought and our price on the mixtures the lowest. For further information as to price, etc., write or phone

H. Ward Ginson

Farmers' Phone 25-31, N. B. Phone 28-4

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