

## DANGEROUS PURGATIVES

### Many People Ruin Their Health Using Purgatives in Spring.

A spring medicine is an actual necessity. Nature demands it as an aid to carrying off the impurities that have accumulated in the blood during the winter months. Thousands of people recognize the necessity of a spring medicine dose themselves with harsh, gripping purgatives. This is a serious mistake. Ask any doctor and he will tell you that the use of purgative medicine weakens the system, but does not cure disease. In the spring the system needs building up—purgatives weaken. The blood should be made rich, red and pure—purgatives cannot do this. What is needed in the spring is a tonic, and the best tonic medical science has yet devised is Dr. Williams' Pink Pills. Every dose of the medicine actually makes new red blood. The purgatives have no strength in every organ, every nerve, every part of the body. That is why Dr. Williams' Pink Pills banish pimples and unsightly skin eruptions. That is why they cure headaches, backaches, rheumatism, neuralgia, general weakness and a host of other troubles that come from poor, weak blood. That is why men and women who use Dr. Williams' Pink Pills eat well, sleep well, and feel bright, active and strong. Mrs. Joseph Lepage, St. Jerome, Que., says: "My daughter suffered from headaches and dizziness. Her appetite was poor. She had no strength and could not study or do any work. She was thin and pale as a sheet. A neighbor advised the use of Dr. Williams' Pink Pills, and after taking a couple of boxes we could see an improvement in her condition. She used the pills for some weeks longer, when they fully restored her health, and she is now enjoying the best health she ever did." Try Dr. Williams' Pink Pills this spring if you want to be healthy and strong. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

### MAKING A CITY TO ORDER.

#### Prince Rupert to be the Greatest Model City Yet Built.

A Boston firm of landscape architects has been awarded the contract for making the general plans for the model city which the Grand Trunk Pacific Railroad is to build in British Columbia as the Pacific terminus of the great new railroad system which is now being built across the continent.

The contract is one of the largest ever given for a similar undertaking, says the Village. As yet there is only a small settlement where it is intended a large and important commercial and manufacturing city will be built. The settlement is on Kaen Island and the new city will be known as Prince Rupert.

The area which is available for the site comprises between seven and eight square miles, although only a small part of this will be developed within the near future. The island is of considerable size, but only about one-third will be available because of the mountain, Mount Hays, which rises to an elevation of 2,300 feet near the centre of the island.

The railroad will cross from the mainland to Porpoise Island and then to Kaen Island by means of bridges, the first of which will be about a quarter of a mile in length and the second some 200 feet long. Already a dock a thousand feet long has been constructed along a part of the waterfront and it is planned to extend this for a much longer distance. The shores are very bold, and this will aid greatly in preparing places for shipping and also keep down the cost of building docks.

It is said to be the plan to have the shipping and wholesale business on the first level, which rises to 75 or 100 feet; the retail business of the public buildings on the second level, which is some 100 feet high and forms a sort of ridge, and the residences still further back on a third level of about 100 feet elevation.

Ample provision for parks will be made. There is an excellent chance for one on a central elevation, another at Point Hays, named, like the mountain, in honor of the president of the railroad, Charles M. Hays of Montreal, and a third at the southwestern end of the city.

It is probable also that Digby Island, just to the westward of the main island, will be developed for residences, a purpose for which it is admirably adapted. The expenditures which are contemplated by the railroad company at this place alone will total many millions if present plans are carried out.

## IN MERRY OLD ENGLAND

### NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

#### Occurrences in the Land That Reigns Supreme in the Commercial World.

A rat nineteen inches long has been killed at Yewshot, near Aldershot. The late Lord Nunburnholms left estate valued for probate at £388,836.

It is proposed to hold a pageant in the Roman amphitheatre at Dorchester in 1920.

It is estimated that there are 5,300 Americans permanently residing in the city of London.

The guardians of the Lambeth Workhouse have decided to send thirty pauper children to Canada.

One hundred and twenty officers and men of the Third Coldstreams left Southampton recently, bound for Egypt.

Thomas Benthian, a Crimean veteran, who died recently in extreme poverty in Fulwood was awarded a military funeral.

The wife of an agricultural laborer at Pulham St. Mary, Norfolk, was savagely attacked by a cat, which severely bit her fingers.

A centenarian resident of Tottenham named Sarah Ing, who was in her 101st year, has died. She was a native of Thurlow, Suffolk.

The District Railway is now running thirty-one trains an hour in the busy parts of the day, which is claimed as a record for any line.

Burglars broke into a suite of offices within 200 yards of the Sheffield Detective Force Headquarters recently, and rifled two safes. They got away with a pocket-book containing £200 in Bank of England notes was found at the Guildhall retiring-rooms by an attendant, who handed them over to the police.

A white-haired old gentleman has been going round the West End of London with a bag of gold and silver, flogging all sorts of people to "dip" in it for coins.

Mr. Hargreaves, High Wycombe builder, who went bankrupt twenty years ago and then paid a dividend of 7s. 6d. on the £ has just paid all his creditors in full.

On taking some old business premises in Birmingham, a tradesman discovered a disused door leading to a cellar, which proved to be stocked with old port, sherry, champagne and whiskey.

Towards the £30,000 required for the extension of the London Homeopathic Hospital, Lord Cawdor, the treasurer, has received the sum of £10,000 from Sir Henry Tyler.

Statistics as to the consumption of liquor in the West Ham Workhouse are as follows: During 1907 £38 1s. 11d. was spent, as against £214 18s. in 1906, £405 15s. 6d. in 1905, and £1,631 17s. 10d. in 1904.

The free baths provided by the Mersey Borough Council at Grove road, St. John's Wood, under the Cleansing of Persons Act, were used, in the last municipal year, by 6,794 males, 1,811 females, 2,194 boys, and 3,733 girls.

Although only twenty-eight years of age, Mr. Brown, an electrician, who died recently at Fulham, weighed 260 pounds. Medical evidence at the inquest showed that the heart weighed 21 ounces (twice the normal weight of a man of his age), and the liver seven pounds.

### CHILDHOOD INDIGESTION MEANS SICKLY BABIES

The baby who suffers from indigestion is simply starving to death. It loses all desire for food and the little it does take does it no good; the child is peevish, cross and restless, and the mother feels worn out in caring for it. Baby's Own Tablets always cure indigestion, and make the child sleep healthily and naturally. Mrs. Geo. Howell, Sandy Beach, Que., says: "My baby suffers from indigestion, colic and vomiting, and cried day and night, but after giving him Baby's Own Tablets the trouble disappeared and he is now a healthy child." The Tablets will cure all the minor ailments of babyhood and childhood. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

You can learn a little each day, unless you happen to be one of those wise persons who know it all.

Ignorance is a Curse.—"Know thyself" is a good admonition, whether referring to one's physical condition or moral habits. The man who is acquainted with himself will know how to act when any disadvantage in his condition manifests itself. Dr. Thomas' Electric Oil is a cheap and simple remedy for the radiation of pain from the system and for the cure of all bronchial troubles.

Asked to be Buried Alive.—Mode of Death Selected by a Chinaman Condemned for Fraud.

Rough justice as it is administered in most parts of China is sometimes tempered by individual tastes, as an incident printed in one of the Chinese journals attests. A man in Suchien, condemned to die, preferred to be buried alive, and his wishes were carried out to the letter.

During the famine two brothers who lived in Suchien fought desperately to save off starvation from their families and had blood drawn between them. At last the elder brother set his father's coffin for food. When he refused to divide the proceeds with his younger brother the latter cut off his head with a cleaver.

Because it was too expensive to carry the murderer several scores of miles to the nearest prison of justice, the local elders, including the father of the

## PINE FOREST IN HIS BEDROOM

During the recent illness of the Emperor of Austria, his physician, Dr. Kerzl, had a number of small pine trees, growing in tubs, placed in his bedroom, converting the room into a miniature pine forest.

The healing properties of the pines are recognized by the leading physicians and scientists of the world. Thousands of people afflicted with lung trouble and bronchial affections who are not in a position to leave home and business to live out among the pines, can procure at small cost the health-giving properties of the pine forest, right in their own home.

Virgin Oil of Pine (pure) possesses all the therapeutic virtue for which the pines are noted. It is carefully prepared, being a combination of the active principle of forest trees, and is guaranteed free from any impure or deleterious substance. Used according to directions it will break up a cold in 24 hours and promptly relieve and stop the irritating cough.

Virgin Oil of Pine is put up in ½-oz. vials only by Leach Chemical Co., Windsor, Ont., obtained in an environment at moderate cost which will minister to tired nerves and worn out bodies? Try the tonic influence of "The St. Catharines Well" and the restful influence of "The Welland." Apply the manager, St. Catharines, or agent of Grand Trunk Railway Station.

murderer whose coffin had been sold, sat in justice upon the culprit and condemned him to death. He asked that he be buried alive instead of receiving the horrible torture of the "thirty strokes." The father interceded with the other elders to get them to grant his son's request.

A grave was dug, and the victim, with his arms and feet securely bound, was thrust in a wheelbarrow to the edge of the pit by his wife. There upon the murderer's own request his bonds were loosed and he walked to the grave, lowered himself into it and was ready.

The victim's wife put a felt hat over his mouth at his request, and then she helped the elders to fill in the grave with six feet of earth.

### PROOF!

#### That Zam-Buk Grows New Healthy Skin.

Mr. J. Scheffel, of 467 Hamilton Road, London, Ont., says: "A friend of mine (Mr. J. Williams' Bull of London) was severely and terribly burned through an explosion of kerosene oil. He was taken to the hospital where he suffered intense pain. The wounds refused to heal and the doctors decided to resort to amputation, and I consented to have some skin transplanted from my legs to his body. Although this was done on several occasions, the skin refused to take and Mr. Bull began to Zam-Buk. From the time he applied Zam-Buk, new healthy skin began to grow. I then used Zam-Buk for the places on my leg from which the skin was removed, and I am glad to report that new skin has grown, and therefore consider Zam-Buk the best skin food I have ever used."

For healing eczema, running sores, cuts, bruises, burns, boils, eruptions, scalp sores, itch, chapped hands and diseases of the skin Zam-Buk is without equal. All druggists and stores sell it, 50c a box or post-paid from the Zam-Buk Co., Toronto.

How happy women would be if they could live long without getting old!

Tearing Down Signals does not delay trains. "Quinine" does not cure Wines. You begin to cough take Allen's Lungs Balsam, free from opium, full of healing power.

If a man could see himself as others see him he might be able to see his finish.

It doesn't cost much to paint. That is if you get Ramsay's Paints—known for over sixty years as the foremost house paints in Canada. Your dealer has just received a large stock. He will tell you all about them and show you the splendid color cards. Write A. Ramsay & Son Co., Montreal, for pack of Souvenir Picture Post Cards of Homes.

"What do you get out of life?" demanded the grumbler. "What I put into it, plus a fair interest," answered the thoughtful man.

PILES CURED IN 5 TO 14 DAYS. PAIN EXTINGUISHED. Guaranteed to cure any case of Itching, Bleeding or Protruding Piles in 5 to 14 days or money refunded, 50c.

CAUSE FOR ALARM.

A young man in Lebanon had been courting a girl for nine years. "Jennie," he said, one evening, "I read the other day that in 50,000 years Niagara Falls would dry up."

Jennie clutched his arm excitedly. "Why, you promised to take me there on our bridal trip. Don't you think you had better start?"

The man who neglects to put his best foot forward when he has a chance may feel like kicking himself later.

**DODD'S KIDNEY PILLS**  
CURE ALL KIDNEY DISEASES  
RHEUMATISM  
GRAVEL  
SCALD HEAD  
STRAINING  
HEADACHE  
MIGRAINE  
DIPLOPIA  
BACCHARIS  
CONJUGATED  
MILK  
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### A SAFE INVESTMENT.

For some months men of means have been sitting tight. No wealth for safe investment. At this time of the year there comes the natural rebound. Moneyed men want some place to invest their money where they will get a larger interest than the banks pay and yet have an absolute surety that it will not be sunk out of sight with no return. To meet this condition one of the best companies in the city are offering preferred stock in their concern and guarantee an 8 per cent. accumulative dividend payable each year. They will retain the privilege of buying out the investor of the stock he has purchased at the expiration of three years, by giving him an advance of 10 per cent. on the par value of his shares plus the 8 per cent. guaranteed dividend.

This appears to be an investment sound and guaranteeing good money. It is only those who are anxious to make a good bona fide investment that the company wish to talk to. Full information will be given by addressing Box 266, Toronto General Post Office.

OBLIVIOUS.  
Mrs. Wiggs—Cook has only broken one dish to-day, dear!  
Mr. Wiggs—That's better! How did it happen?  
Mrs. Wiggs—It was the last one.

A CHANGE IS NEEDED.  
Through the long winter one needs a change. Why go South when "The Welland" and "The St. Catharines Well" will minister to tired nerves and worn out bodies? Try the tonic influence of "The St. Catharines Well" and the restful influence of "The Welland." Apply the manager, St. Catharines, or agent of Grand Trunk Railway Station.

RECEPTIVITY.  
Tramp—"Help me, lady, please. For three years I worked, for the grand cause of temperance, ma'am."  
Lady—"Were you a temperance orator?"  
Tramp—"No, ma'am; I was the horrible example."

TO CURE A COLD IN ONE DAY. Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if fails to cure. E. W. GROVE'S signature is on each box, 25c.

IN SPITE OF THE PANIC.  
Stranger—"What is that crowd doing in front of the bank? Has it failed?"  
Police—"Oh, no; the depositors are merely having a run for their money."

Tested by Time.—In his justly celebrated Pills Dr. Parmelee has given to the world one of the most unique medicines offered to the public in late years. Prepared to meet the want for a pill which could be taken without nausea, and that would purge without pain, it has met all requirements in that direction, and it is in general use not only because of these two qualities, but because it is known to possess alterative and curative powers which place it in the front rank of medicines.

HE WAS CURED.  
"They tell me that you have cured yourself of chronic insomnia."  
"Yes, I'm completely cured."  
"I must be a great relief."  
"Believe! I should think it was. Why, I've awake half the night thinking how I used to suffer from it."

Rose-colored spots on the bodies of children are sometimes mistaken for measles. The trouble may be rosolia, a local disease of the skin. Promptly cured with Weaver's Carbolic.

INVOLVED.  
Banks—I notice that you have a thread tied around your finger, I suppose that is to remind you of something.

Inks—Not exactly. It is to remind my wife to ask me if I forgot something she told me to remember.

DO YOU KNOW  
Every house has one or more outward applications for pain. Pango, a recent important French discovery, is guaranteed to remove colds in their early stages, to give instant relief from headache, neuralgia, rheumatism, gout and toothache. It is expressly guaranteed that this remedy will fill a larger number of requirements than any yet procurable. Pango is made under the direction of a leading physician, and sent to your address by mail on receipt of 25 or 50 cents by the Pango Company, Toronto.

Jason—"There are three periods in a man's life when he does not understand a woman." Grayson—"And they are?" Jason—"Before he knows her, when he knows her, and afterwards."

Applicant—"What is the first thing to do before you get a marriage-license?" License Clerk—"Think it over, young man—think it over!"

ITCH, Mange Frairie Scratches and every form of contagious itch on human or animals cured in 30 minutes by Volford's Sanitary Lotion. It never fails. Sold by all druggists.

A Scotch laboring man who had married a rich widow, exceptional for her plainness, was accosted by his employer. "Well, Thomas," he said, "I hear you are married. What sort of a wife have you got?" "Weel, sir," was the response, "she's the Creator's handiwork, but I canna say she's His masterpiece!"

"The D & L" Plaster Plasters are marvelous in their quick action when applied to tense back or aching muscles or joints. They give immediate relief.

PESSIMISTIC VIEW.  
"Say, paw," queried small Tommy Toddles, "What's an optimist?"

"An optimist, my boy," replied old man Toddles, "is a woman whose impracticability makes her husband a pessimist."

Worms derange the whole system. Mother Graves' Worm Exterminator drenches worms and gives rest to the sufferer. It only costs 25 cents to try it and be convinced.

**PANGO**

Has proved to be one of the most useful remedies yet put on the market, and is used by the leading physicians with excellent results.

PANGO will give almost instant relief to those suffering from Neuralgia, Head-ache and Rheumatism.

For Colds PANGO will be found very useful. The cold can be checked before the case has developed by using PANGO. Apply PANGO to the outside of the nose and apply as often as circumstances seem to warrant. It may be used on the inside of the nostrils where the skin is not broken. This might be followed by an uncomfortable sensation, which will pass away quickly. PANGO may also be used on the chest.

For Tooth-ache apply PANGO externally to the face where the pain is felt, or to the gums. This may give a smarting sensation for a few minutes, followed by relief. PANGO may also be put on a small piece of absorbent cotton and put in the tooth.

PANGO will also give relief to those suffering from Chapped Hands, Frost Bites, Chills, Shingles, Stings of Insects, Mosquito Bites, Varicose Veins, Muscular Fatigue, Affections of the Throat, Gout, Lumbago and Sprains.

Recommended by physicians and druggists. Manufactured under the direction of a leading physician and expert chemist. Price 50 cents. Sample Size 25 cents.

THE PANGO COMPANY  
LONDON, England PARIS, France TORONTO, Canada

**Genuine Oriental Rug for \$2.00**

Every home in Canada should have one or more genuine Oriental Rugs. They are beautiful in the softness and harmony of their faded colors, and in point of economy are cheaper than any of the low-priced domestic products. These Oriental Rugs are imported by us direct from the great rug-producing centres of Turkey, Asia Minor and Persia. The idea used to prevail that Oriental Rugs were costly, and that ordinary people could not afford them. That is only true of the large sized rugs. While we are the largest importers of large rugs and oriental goods in this country, we do an enormous business in the small sized rugs, which we can sell at heretofore unheard of prices. Especially in the Anatolians many rare bits of antique coloring are found, though on account of their size we can sell them for as little as \$2 each.

HERE IS OUR SPECIAL CASH OFFER

We make a special bargain of two of our popular small-sized rugs. They are suitable for door mats, bath rooms, to lay in front of fireplaces, or pianos, they are nice in bedrooms or for foot rugs. One kind is 2 to 3 feet long and 1 to 1½ feet wide, called Anatolian rugs, made by the natives of Anatolia, in Asia Minor; very pretty on account of the soft tones and harmony of the colors; many of them are antiques. We will send them, charge prepaid, on receipt of the special price, each ..... \$2

Another kind, the Hamadan rug, is 3 to 4 feet long and 2½ to 3½ wide made in Persia, while larger than the Anatolians, they are used in the same way and for the same purposes. They are in attractive terms and colors; heavily tufted. Sent on receipt of price, each ..... \$3

We have the largest stock of Genuine Oriental Rugs, Art Goods and Brassware in Canada. Whenever you want quotations on anything in our line we will be glad to answer your inquiry. We send rugs of any size and value on approval to responsible parties ordering from a distance.

**COURIAN, BABAYAN & CO.**  
40 King St. East, Toronto.

**PETERBOROUGH CANOE CO. LTD.**  
PETERBOROUGH, Ont., Canada. SEND FOR CATALOGUE

**Dyeing! Cleaning!**  
For the very best and your work to the "BRITISH AMERICAN DYEING CO." Look for agent in your town, or send direct. Montreal, Toronto, Ottawa, Quebec.

**WANTED**  
to hear from owner having  
**A GOOD FARM**  
For sale. Not particular about location. Please give price and description, and send for selling. States where possession can be had. Will deal with owners only.  
L. Darbyshire, Box 984, Rochester, N. Y.

**EASTER LILY** FOR  
**EASTER SUNDAY**

Send 10 Cents  
Will send you 1 Easter Lily bulb, also 20 different kinds of fresh, sweet grown seeds, including Pansies, Petunias, Palms, Ferns, Cosmos, Balsams, Nasturtiums, Morning Glories, Verbenas, Portulacas. This fine collection of seeds and bulbs for 10c. in silver or 25c. stamps. GLENWOOD NURSERY WINTER BLDG., BRASS

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