

Insurance

Why do men drink? There is nothing pleasant to the taste in beer or wine, or whisky. Fear has a tang that is made by acid. Alcohol is a fiery liquor that burns the lining of the throat and stomach.

Life

Why do men drink? There is no benefit from liquor. It does not add to a man's strength, nor increase his capacity to work, nor help him to achieve success.

Life

Why do men drink? It is an expensive habit. Only one drink a day of fifteen cent liquor means a yearly outlay of \$54.75. And where is the drinker who takes only one dram a day? Even if he does not drink regularly, a periodical spree costs a lot of money, and the frequent treating of boon companions exhausts his savings.

Life

Why do men drink? It is injurious to health. Life insurance companies will not take those who work in breweries unless they are total abstainers. Athletes are forbidden to touch it. Men who meet with serious accidents or who have to submit to surgical operations, usually have much better chances of recovery if they are not liquor drinkers than if their vital organs are affected by alcohol.

Life

Why do men drink? It is a frequent occasion of sin. It excites the passions, it arouses anger, it stirs desire. It strengthens the inclinations of nature and weakens the will. It drives away the grace of God. It darkens the door of heaven. It opens the door of hell. Now is a good opportunity to take the course of safety, of strength, of courage, of virtue, of success. Give up the habitual use of liquor. Even the moderate drinker is in peril, if he takes alcohol into his system every day. He does not take it for nothing—he wants enough of it to feel stimulated. The quantity has to be steadily increased. He does not intend to become a confirmed drinker. But he goes on and on moderately, until the longing for liquor is practically uncontrollable. The sot's the man whose body is saturated with the poison, never designed to become an inebriate. Temperance is good. Total abstinence is best. Between them lies the way of the man who makes three resolutions.

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CHATS WITH YOUNG MEN.

Why do Men Drink?

Why do men drink? There is nothing pleasant to the taste in beer or wine, or whisky. Fear has a tang that is made by acid. Alcohol is a fiery liquor that burns the lining of the throat and stomach.

Why do men drink? There is a sense of exhilaration after several drinks of liquor, because the action of the heart is quickened. It throbs faster under the stimulant. The brain, too, feels the excitement of the feverish blood. There is a false sense of gaiety. But after the poison has its power on the system of the circulation of the blood, there is a reaction. The spirits droop. The heart slows down in its pulsations below normal. There is a feeling of oppression and of sadness.

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Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Ointment, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Ointment, be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co.

Men who put character above wealth. Men who possess opinions and a will. Men who see the divine in the common.

Men who would rather be right than be president. Men who will not lose their individuality in a crowd. Men who will not think anything profitable that is dishonest.

Men who will be honest in small things as well as in great things. Men who will make no compromise with questionable things. Men whose ambitions are not confined to their own selfish desires.

Men who are willing to sacrifice private interests for the public good. Men who are not afraid to take chances: who are afraid of failure. Men of courage, who are not cowards in any part of their nature.

Men who are larger than their business; who overcome their vocation. Men who will give thirty-six inches for a yard, and thirty-two quarts for a bushel.

Men who will not have one brand of honesty for business purposes and another for private life. Young men who will be true to their highest ideals in spite of the sneers and laughter of their companions.

OUR BOYS AND GIRLS.

Where Girls Make Mistakes. Many girls think they are demeaning themselves if they are approachable. They cultivate an icy manner as the hall-mark of respectability.

Do not be afraid of being pleasant. It cannot hurt you and will be as good as a tonic for all you meet. What though you do think yourself superior to most of your acquaintances, is it good taste to placard your belief by a freezing countenance?

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She hoped nobody would notice it. And you think good will come of it when you tell Harriet that Ellen said she was too stingy to join the reading club or the sewing circle?

It costs so little to say nice things, and the result in another's pleasure is out of all proportion to our trouble. We ought all of us to be ashamed of ourselves when we let pass the opportunity to tell someone of the kind things we heard said about them.

Do You Talk up or Down? The following paragraphs on conversation, from "Stray Thoughts for Girls," are applicable to talkers of all ages.

Some people are like Kay, in Anderson's "Snow Queen," they have a bit of ice in their heart, and they see all the smallness and absurdities about them, instead of being alive to the pathos, or endurance, or good-nature of the apparently stupid lives around them.

The best talk is kindly. A good talker makes other people feel they are much cleverer than they had before realized; they are at their best, thanks to the listener who draws out the best side of them.

Perhaps you have a friend springing up who is one of these delightful people, and you say: "Oh, dear! I must go and pay a duty visit—it will be so dull, but do come with me." And lo and behold! that visit is delightful, for your friend made that dull person into an interesting one by getting her to talk and show her real self.

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Now does your way of talking bring out the best side of yourself and of those you talk to? School gives you tremendous opportunities of adding to the kindness and nice-mindedness of the world: for there you talk with a large number who, like yourself, are not yet made, and who are, therefore, more colored by the person they talk to than older people would be.

HE "THINKED" RIGHT. Professor George Porter, principal of the Hallsville schools, has continually told the pupils that they should think twice before they speak. One cold morning last week Professor Porter backed up to the stove, after having given expression to his famous adage, when a little boy on the front seat, after having been permitted to talk, said: "Professor Porter, I've thought once."

AMPLE REASON. During the trial of a man who had made an unsuccessful attempt at suicide, a lawyer had badgered the witnesses to an exasperating extent, and evidently intended to pursue the same course with a meek appearing little Irishman who next took the stand.

WIT AND HUMOR. Two telephone girls were talking over the wire. Both were discussing what they should wear. In the midst of this important conversation a masculine voice interrupted, asking humbly for a number. One of the girls became indignant, and scornfully asked, "What line do you think you are on, anyhow?"

A Cleveland bookseller tells the following amusing story of a conversation he held recently with a well-to-do but illiterate client. "I must have some books," the latter remarked, and

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