#### UNE 5, 1909.

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LOCK, Secretary.

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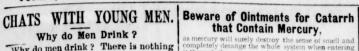
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JUNE 5, 1909.

a man's strength, nor increase his cap-acity to work, nor help him to achieve

Why do men drink? There is nothing pleasant to the taste in beer or wine, or whisky. Eeer has a tang that is made by acid. Alcohol is a fiery liquor that burns the lining of the throat and that burns the hinds of the thoat and stomach. Why do men drink? At first they drink for sociability's sake, because they are out" to have a good time," be-cause they think it manly to go into a saloon, and stand up at the bar, and have a dram. They feel big. The drink is rather sickening to them, especially if they ta's much of it, but what does that matter, are they not "out for a lark !" Alcohol is a poison. Drink a quart of whisky at one time and it will kill you. Taking it in smaller quantities prevents it from being immediately deadly, but the con-stant use of it is, after all, only a slower poisoning.

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Men who put character above wealth. Men who possess opinions and a will. Men who see the divine in the ccm-

Men who would rather be right than be president. Men who will not lose their individu-

ality in a crowd. Men who will not think anything pro-

fitable that is dishonest. Men who will be honest in small things as well as in great things.

Men who will make no compromise with questionable things. Men whose ambitions are not con

stant use of it is, after all, only a slower poisoning. Why do men drink? There is a sense of exhilaration after several drinks of liquor, because the action of the heart is quickened. It throbs faster under the stimulant. The br in, too, feels the excitement of the feverish blood. There is a false sense of gayety. But after the poison loses its power on the system to enforce along the speed of the circulation of the blood, there is a reaction. The spirits droop. The heart slows down in its pulsations below normal. There is a feeling of oppression and of fined to their own selfish desires. Men who are willing to sacrifice private interests for the public good. Men who are not afraid to take

chances: who are afraid of failure. Men of courage, who are not cowards in any part of their nature.

Men who are larger than their busi-ness; who overtop their vacation. Men who will give thirty-six inches There is a feeling of oppression and of

sadness. If a man gets drunk, the stomach for a yard, and thirty-two quarts for a bushel.

If a man gets drunk, the stomach sickens before he gets over the spell, and the blood takes some time before it is rid of the poison. If his kidneys are not in prime condition, they filter out the impurities slowly and even in doing so, become themselves more de-empended Men who will not have one brand of honesty for business purposes and an-other for private life.

Young men who will be true to their highest ideals in spite of the sneers and generate. Why do men drink? There is no benefit from liquor. It does not add to laughter of their companions.

OUR BOYS AND GIRLS.

Why do men drink ? It is an expen-sive habit. Only one drink a day of sive name only only only and a super-lay of \$54.75. And where is the drinker who take only one dram a day? Even if he does not drink regularly, a periodical spree costs a lot of money, and the frequent treating of boon com-

Where Girls Make Mistakes. Many girls think they are demeaning themselves if they are approachable. They cultivate an ley manner as the hall-mark of respectability. Don't be afraid of being pleasant. It cannot hurt you and will be as good as a tonic for all you meet. What though you do think yourself superior to most of your acquaintances, is it good taste to placard your belief by a freezing countenance? There is nothing like affability to conceal one's family skeletons. A panions exhausts his savings. Why do men drink? It is injurious

Why do men drink ' it's injurated to health. Life insurance companies will not take men who work in breweries unless they are total ab-stainers. Athletes are forbidden to touch it. Men who meet with serious conceal one's family skeletons. A haughty manner is a direct bid for the rest of the world to rake up ancestral secrets that you thought buried under a mound of gold. accidents or who have to submit to surgical operations, usually have much bet-ter chances of recovery if they are not liquor drinkers than if their vital organs ages :

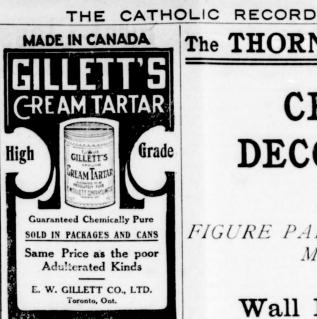
The secret of many a homely girl's success is an affable manner that makes every one she meets feel as welcome as are affected by alcohol. Why do men drink? It is an objec-

Why do men drink ? It is an objec-tion to a man in the eyes of employers. It is a hindrance to promotion if a man's breath smells of liquor in business hours. It is a danger if a man has work involving the safety of other people, like drivers, engineers, etc., for an extra glass means intoxication, and in-trained of the averse accidents, and a cold snap in the dog days. Not every one has the happy faculty of drawing the best out of others, but no one need be guilty of the vulgarity of consciously seeking to put them at a

Substantage. Snubs have a way of coming home to roost that is as surprising to the snub-ber as when her pet Tabby avenges a tweaked tail with her claws. toxication often causes accidents, and accidents occasion death. Wey do men drink ? It is the cause

Be affable. Most of us can forgive an injury quicker than a rudeness. Be affable. There is no one so lowly of a legion of evils—brawls, thefts, pov-erty, insanity, etc. Almost all crim-inals in penitentiaries were addicted to that her good-will can be scorned, and nothing so quickly makes ill-will as drink. Many of the inmates of poor houses and insane asylums were brought

They are certainly very disagreeable people to meet, those women who de-light in telling you everything that is unpleasant regarding your past, present or future, your personal belongings or your appearance. How they get into the cruel habit is a mystery. The worst of it is that they frequently cajole their consciences into believing that it is their duty to tell their neighbors all the unpleasant truths they can master. I will not enter saloons Young men starting out in life, the way of sobriety is the only secure path. The man of firm will, clear brain and sound hold. sound body, is the one who will win. The three T's, temperance, thrift and truth will lead to triumph.- Catholic truth will lead to triumph.— Catholic Columbian. Wise to Marry, Marry Young. Young people of to day laugh at mater-making, just as they laugh at the seriousness with which their grand-parents regarded love and marriage. But when it is remembered that ho man or woman who remains single does not bitterly regret it when regrets are al-most useless, we wonder if the old people are not wiser than we are. If people are to marry they certainly enough to have lost her last friend? Poor girl! Probably she is painfully aware that she looks worried and ill. people are to marry they certainly should do so whilst they have youth and health and hope at an age that will allow them to see their family reared before they themselves are too old to



She hoped nobody would notice it. And do you think good will come of it when you tell Harriet that Ellen said she was too stingy to join the reading club or the sewing circle? Probably poor Har-riet has drains upon her purse she cannot mention and the knowledge of Ellen's remark will hurt even more than yo unkindness in repeating it. But what's the use. These ultra-truthful women know that no good is done by repeating unkind remarks or telling unpleasant truths.

It costs so little to say nice things, and the result in another's pleasure is out of all proportion to our trouble. We ought all of us to be ashamed of ourselves when we let pass the oppor-Now does your way of talking bring tunity to tell someone of the kind things we heard said about them. When your friend has done a good miration. When she does a kindly tactful thing, express your ad-miration. When she looks well or has on a particularly becoming garment tell you take the so, when the contrary is true in any of these instances, just keep your thoughts to yourself. Learn to say only thind things Repeat the good and its those world is to the world is to the world in the solution of the sol ourserves when we let pass the oppor-tunity to tell someone of the kind things we heard said about them. When your friend has done a good piece of work, praise it. When she does a kindly tactful thing, express your ad-miration. When she looks well or has of these instances, just keep your thoughts to yourself. Learn to say only kind things. Repeat the good and ignore the evil.

Do You Talk up or Down?

The following paragraphs on conver-sation, from "Stray Thoughts for Girls," are applicable to talkers of all Some people are like Kay, in Ander-

son's "Snow Queen," they have a bit of ice in their heart, and they see all the smallnesses and absurdities about them, smallnesses and absurdaties about them, instead of being alive to the pathos, or endurance, or good-nature of the appar-ently stupid lives around them. They are always in a critical, carping, super-ior frame in mind. These people can often talk brilliantly, but it is thin. You cannot have a large mind without You cannot have a large mind without a large heart. "We live by admiration, hope and love;" without these, we cease to live—we wither.

The best talk is kindly. A good talker makes other people feel they are much cleverer than they had before realized; they are at their best, thanks to the listener who draws out the best side of them. It is delightful to be with some people-you are sure of hearing



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There are people in the world who never hear unkind gossip or vulgar jokes, for no one would think of saying

such things to them. I know girls who would never have such things saidwho would never get a letter written to them that was not of a nice tone—be cause, instinctively, their friends would feel such things out of harmony with

them. When girls are silly, or spiteful, or not quite nice in what they say to you, it pays you a bad compliment; do not in your own mind merely condemn them. They would not say it ito you if they felt you above talk of that kind. You may be above it in your own mind and may feel that your home surroundings are on a higher level than such talk; but either you have not had the cour-age to show your colors, or else you are like that in your heart and they know it by instruct. by instinct.

WIT AND HUMOR. Two telephone girls were talking over the wire. Both were d scussing what they should wear. In the midst of

voice interrupted, asking humby for a number. One of the girls became indig-nant, and scornfully asked, "What line do you think you are on, anyhow?" "Well," said the man, "I am not sure, but judging from what I have heard I

following amusing story of a conversa-tion he held recently with a well-to-do but illiterate client. "I must have some books," the latter remarked, and



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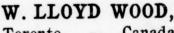
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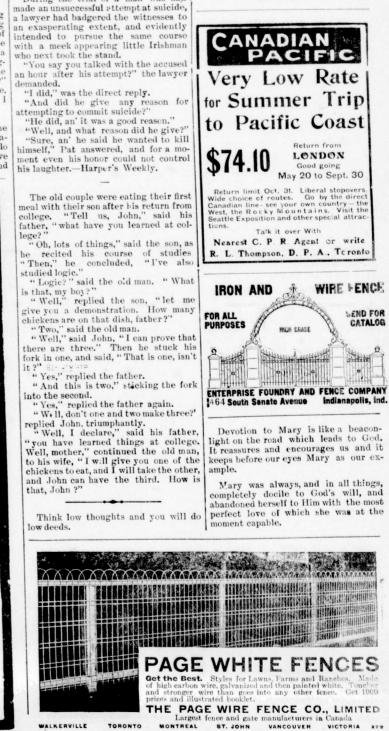
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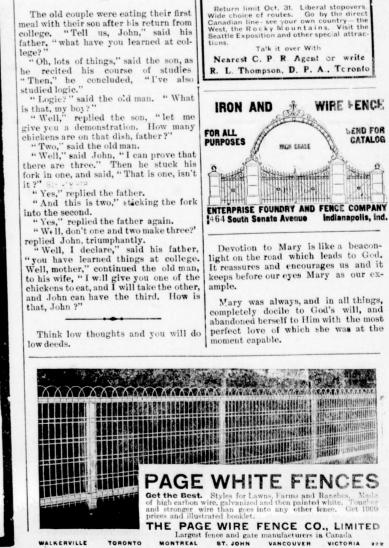
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"Professor Porter, I've thinked once. "Think again," he replied. "I've thinked twiced," said the young-

ster.

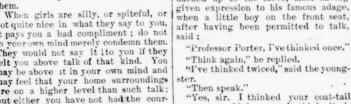
"Then speak." "Yes, sir. I thinked your coat-tail was a-seorchin; now I think it is ablaze," replied the obedient urchin.— Hallsville (Mo.) News.

AMPLE REASON. During the trial of a man who had

this important conversation a masculine voice interrupted, asking humbly for a

should say I was on a clothes-line."

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Nothing is more distressing to

parents who have married late in life

than the knowledge that they must did

before their children are old enough to gain a firm foothold in the battle of life. Recognizing the responsibilities of mar-

Fage, knowing that it is not well for man or woman to live alone, old-fashioned folk believed in early matches, and usually married their first loves. The results were organized to cough to make

results were excellent enough to mak

is regret that society has so altered its

customs that marriage is deferred to the last moment, and young people think it ridiculous to settle down before they

have what they call a good time.-B. C. Orphan Friend.

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