

Kenton H.E.S.

Dear Mrs. Hamilton:—

OUR young life was almost smothered last fall on account of the busy season, but Miss Acheson came along with her steaming molds and cute little muffin tins, egg beaters, etc., and got us revived. Demonstrations of a tasty "war-dinner," bran muffins, salads and souffles, etc., got all the members interested in putting conservation into practice in our homes. We only regret that every woman in our district did not take advantage of this valuable course in domestic science.

As our president, Mrs. Wm. Hudson was leaving for the winter, we decided to do our best to "carry on," and not let the society flag during her absence. Mrs. Bond, who acted as president, and Mrs. Beattie, comprised a committee which was successful in collecting \$324 for the Halifax Disaster. Most of this was collected on election day, and besides this two of the members approached the council and found they were willing to subscribe an additional \$200 to this urgent need.

In January we were asked to provide a lunch at the opening of a fine new rink, at which \$26.35 was raised. We arranged to have a concert-recital in February for the purpose of raising funds for St. Dunstan's Home for Blind Soldiers. We were fortunate in procuring Miss Cline, elocutionist of Brandon, who gave us in story recital "Pollyanna." We feel that not only for the small amount (\$25.00) we raised for blind soldiers, but for the distinctly uplifting, artistic and inspiring nature of Miss Cline's recital, we conveyed a real benefit to our community, as the ideal and artistic is apt to be overlooked in these stern times.

We received a letter with regard to forming a Navy League, but as we have as many societies at present as we can secure officers for, we decided to devote some \$27.00 to buying wool to knit for the navy. We have also sent in \$10.00 to the fund for reinstating French farmers.

We are arranging to have Col. Burnham speak to us in May regarding hospital work in Serbia.

For Arbor Day we are planning a "bee" to fix up and decorate the cemetery. We are trying to carry out Mrs. Layton's ideas with regard to keeping in touch with the Woman Movement, and already three of our members are subscribing for the "Woman's Century," with probably more to follow.

Regarding food conservation we were late getting our bundle of pledge cards, but the village was canvassed in February. The conditions for canvassing in the country were unfavorable, but can now be carried out. We now have a conservation committee composed of two country and two village ladies and a convener, who will take turns at each meeting in giving the "latest" on conservation. Our present duty is to create a market for fish during the summer months, which is really more difficult in a small than in a large place. We are trying the "expulsive force of a new affection" in food conservation by cultivating a liking for substitute recipes. These are not very easy to get in rural places, but our committee is gathering up "tried" recipes which can be mounted in a file book for use of members. We hope this will lead to very practical developments. As a community we are gradually discontinuing and discountenancing the serving of lunches except as a necessary meal.

Some of us intended bringing up the matter of a "kitchen shower" for one of the foreign teacherages, but it was overlooked at the last meeting in the stress of other business. As we intend to take up the foreign school systems at our next meeting we feel sure this call will meet with a generous response. Yours sincerely,
Mrs. D. E. Fraser, Press Cor.

Dauphin

Dear Madam:—

THE monthly meeting of the Valley River H.E.S. was held at the home of Mrs. A. Parker on the 12th of March. The meeting was opened by singing a hymn.

The subject re boxes for soldiers was discussed. Corrugated cardboard was recommended, and the subject was left over for the next meeting.

Excellent reports of the convention were given by Mrs. Playford, Mrs. Kilby and Mrs. McQuay.

The secretary was instructed to write to Mr. Newton requesting a demonstrator in cheese making, also to make enquiry as to necessary equipment for the manufacture of cheese. It was also suggested that we have demonstrations in dress-making and millinery at a later date.

Arrangements were made for having a ten minutes' musical programme at each of the meetings during the summer.

A dainty lunch was served by Misses Brown, Sorenson and Doris Spencer.

Miss A. M. McQuay, Sec.-Treas.

Miami

My Dear Mrs. Hamilton:—Our March meeting is past over three weeks, so this seems rather late, but we never report till the end of the month so our patriotic work can go in same write up. We had the convention report from our delegate, Mrs. Stubbs, and also a paper on "Easter." The following patriotic work was done during March: Allies Agricultural Relief Fund, collected by the H. E. Society, \$101; for the Khaki Home in Winnipeg an Easter shower of butter, eggs, vegetables, etc., valued at \$40. Total for month of March, \$141. Yours sincerely,
L. Seip.

If Men did Housework

If men did housework, I just bet They'd have the best tools they could get. They wouldn't struggle on like me In wasteful inefficiency. They wouldn't spend their strength, I know In trotting water to and fro. They'd pipe it in the house, by jing, And systematize everything!

If men did housework, would they be As slow to change as you and me? The sink has always been too low, The pantry's such a ways to go. We travel miles about the place And seem to think 'twould be disgrace To save ourselves a step or two. Would men waste effort as we do?

We gaze across the peaceful fields Where Nature her abundance yields And back again to man's domain. Barns, well-equipped and fat with grain Stand proudly in the twilight there; The best machines are everywhere. Beyond the well-hung barnyard gate Man's world is new and up-to-date!

If men did housework, there would be A revolution sure, and Gee We'd gasp to see the way they'd work To give themselves some time to shirk! And Ford's invention, like us no Would be a way to make things go And do themselves! Each mother's son Would press a button, and be done!
Anne Campbell Stark.

Meeting of the H.E.S. Advisory Board, April, 1918

THE Home Economics Societies' Advisory Board met in Winnipeg on Friday, April 19, 1918. Those present being Mesdames Dayton, Watt, McKeith, Gair, McIntyre and Armstrong. After careful consideration the following decisions were arrived at, viz.:

1. That at advisory board meetings no one be asked to attend meetings of the said board except on the unanimous invitation of the members.
2. That the plan adopted at the February convention in nominating members of the advisory board be continued. The plan is as follows: (a) That the nominating committee consist of five members, one for each district and one from the whole province. (b) That where district conventions are held each district nominate one member. (c) That the advisory board nominate four members, one from each district. (d) That the whole convention elect one person to act as chairman of the nominating committee. (e) That additional nominations be made from the floor of the convention. (f) That the voting be by districts, i.e., all persons nominated from the southwestern district would be voted on by duly accredited delegates from the southwestern district.
3. That voting be by ballot if the convention so desires.

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