

ONLY.

Only a glass in the barroom, Only a single glass; Only a lack of courage, Only the answer "yes"; Only an evil companion, Slyly luring him on; Only a "free-hearte" Charlie," And the fatal work is done.

Only a "little bit tipsy," Only blood-shot eyes, Only a pleading mother, Only a wife's surprise; Only an aching forehead, Only a bruised face, Only a broken promise, Only a deep disgrace.

Only a cheerless shanty, Without fire or wood, And little half-clad children Waiting and crying for food; Only curses for kisses, Only sorrow and woe, Only a drunken father, Only a angry blow.

Only weeping children, Only a dying wife, Only another promise-Only a drunkard's life, O! The woe and anguish, What mortal tongue can tell! Only a glass in the barroom, Only a drunkard's hell!

-Schuyler Sears.

THE ALTAR IN THE SCHOOL It's many years since first I lisped Our Lady's holy name, In a poor old-fashioned schoolhouse Not too well known to fame; Where, before a little altar, The children used to pray To her who's known in every clime As Mary, Queen of May!

The Brothers-'twas they taught us-Had hearts both light and gay; They were foremost in the frolic Among the boys at play. They joined and strove to make us good

And fit us for our lot-God bless them for their labors, May their names ne'er be forgot!

I've traveled much since that good time,

I've seen the world anew, Yet on the shores of distant lands My heart goes out to you-O, Mary, dearest mother! And the friends long passed away, Who gathered at your little shrine In the lovely month of May!

Oh! had I but the riches That many folks enjoy, I'd build a noble structure Where I studied when a boy. And that simple little statue, That since has shown decay, Would adorn a stately mansion, And be honored day by day.

The boys I knew are old men now, They're scattered far and near, Some are rich, some are poor, And many settled here. Between the mighty oceans That flank Columba's shore They honor still that "Mother," As in the days of yore.

And here they think of Ireland With true and loving heart. From the dear old motherland They found it hard to part. Yet still they hope the day will dawn For which they fondly sigh, When the flag of green shall float

Thro' Mary's aid on high. Daily News.

THE ROOM BENEATH THE RAFTERS.

sleep,

Draped in a soft luxurious gloom, Where resinous knots in roof boards

made A frescoing of light and shade,

Against the humbly sloping eaves.

Again I fancy, in my dreams, I'm lying in my trundle bed; I seem to see the bare old beams And unhewn rafters overhead. The mud wasp's shrill falsetto hum I hear again and see him come Forth from his dark-walled hanging Co., Ont., writes as follows: "I was house.

blouse.

There, summer dawns, in sleep

stirred. And wove into my fair dreams woof The chattering of a martin bird, Or half awake, and half in fear, I saw the spider spinning near His pretty castle where the fly, Should come to ruin by-and-by.

And there I fashioned from my brain Mrs. A. McKnight, Kirkwall, Wel-

I did not wholly build in vain, fair.

And I am one who lives to sav. And that the splendor of the real Surpassed my early dream's ideal.

But still I love to wander back, To that old time and that old place; ment's.' To tread my way o'er memory's track To dream again the dreams that grew a box, at all dealers, or Edmanson, chastening their hearts of ambition understanding one another as realiz- Because it sets in the evening and More beautiful as they came true.

RECIPES.

in a tourth of a cup of cold milk and add to one and three-fourths cups of hot milk. Add half a cup of sugar and cook over hot water, stirring by chopping cold meat seasoned with stirring occasionally. Remove from two parts of bread crumbs and a lit- conscience. Indirectly you will thus and a few drops of vanilla. Turn out the inside, fill with the dressing. goodness, your farsightedness. into one large or several sn.all moulds Make a sauce by putting half a pint and set aside to chill. Serve with of soup stock in a pan, with threewhipped cream and berries as a gar- tablespoonfuls of wine, one of cur- fort, service. 50c everywhere.

Green Pea Soup .- Boil three cupfuls of shelled peas in three quarts of They Are Carefully Prepared .- Pills iron will issue from a gasoiine bath water; when soft run through a colwhich dissin to the most in the ages of gasoline and naptha is the ander; return the pulp to the pot in stomach cannot be expected to have fact that nothing is creased by a which it was boiled, and add another much effect upon the intestines, and cleansing with it. Creases already cup of peas and two well beaten eggs. to overcome costiveness the medicine in a fabric are not removed by a Season with salt, pepper and cream administered must influence the action bath in it, either. Some persons

of a pound of butter to a cream, add stance in them intended to operate Light-colored felt hats that are soilgradually three-fourths of a cup of on the intestines is retarded in acsugar and beat to a smooth cream, tion until they pass through the of the fluid if the soiled part is dipadd the well beaten yolks of four stomach to the bowels. eggs, one-half of a cup of cream and two cups of sifted flour; beat until smooth, add a grating of nutmeg, one-fourth of a teaspoonful of cinnamon and one teaspoonful of vanilla. Beat until well mixed. Take onefourth of a pound of raisins, seeded, and cut in halves, and one-eighth of a pound of currants. Flour the fruit well with one cup of flour and add to the batter one-half of a cup of cream and the whites of the eggs beaten to a stiff, dry froth. Mix well; turn into loaf tins and bake in

a moderately hot oven. down through the center of each row of kernels, then press out the pulp general interest. with the back of the knife; one pint of the pulp is required. Put the cobs pursuit of liberal professions by wo- tery Cordial, the medicine that never in a kettle, cover them with cold men?" asked Mme. Theimer, when fails to effect a cure. Those who water, boil for half an hour and breaking all traditions, Pius X. was have used it say it acts promptly. strain. Put one pint of this strained gracious enough to accede to her re- and thoroughly subdues the pain and

How Eczema

AND THOROUGHLY CURED BY

Dr.Chase's OINTMENT

There are many kinds of eczema, but all have such symptoms as redress of humanity is worthy of our encourage-greater ability. the skin, with a yellow tinge, heat Thomas Joseph Butler in New York and inflammation, swelling, discharge does not infringe on the Christian your life will be more orderly and of watery matter and the formation laws. of a crust.

which varies from that which is sim- dieds of years. Sometimes when I have dropped to ply annoying to that which is positively unendurable.

Across my drowsing mind will creep ma to become chronic and spread to ology. I do not see for my part any bor, so that you will not have to do

troubled with eczema for over twelve Dressed in his black and yellow years, and doctoring during that time with four different physicians, but found that they could give only tem-I porary relief. I saw Dr. Chase's ointment advertised, decided to try it, and before I had used half a box found great relief and change. Al-Or rain-drops pattering on the roof, together, I have used three boxes, and am now completely cured. I have recommended it to my neighbors and can say it is the best I have ever used, and in my estimation, worth its weight in gold."

Youth's shining structures in the lington Co., Ont., writes: "I feel it my duty to let you know what Dr. Chase's Ointment has done in a very For some were lasting, firm and bad case of eczema on our baby. We had tried any number of cures with- the last word with an energetic wave out any permanent relief, but from of his pale hand. My life has held more gold than gray the hour we commenced using Dr.

Mothers use Dr. Chase's Ointment smile, full of finesse and irony, out- knows that low prices are never ridi-And catch the early morning grace for the chafing and skin troubles of lined itself on the pontifical lips. In that quaint room beneath the rafter their babies in preference to unsani-That echoed to my childhood laughter; tary pore-clogging powders; 60 cents rearing your sons in sound ideas, to Nothing so much helps towards folk Why is bread like the sun? Bates & Company, Toronto.

when boiling add the corn and the corn pulp and sizamer for fifteen minutes. Add sal' and pepper to taste and one teaspoonful of sugar. Rub together one tablespoonful of butter and one-half of a tablespoonful of flour and stir it into the soup; when thickened add one pint of scalded milk or cream, simmer five minutes longer and serve.

Curry of Beef .- ake one pound of Blackberry Catsup.-Carefully look lean raw beef, cut it into small pieces, over over the berries, wash and drain. sprinkle with a tablespoonful of curry Place over the fire in agate presery- powder, roll in grated cracker and ing kettle with one quart of vinegar fry brown in boiling fat. Take up, to two quarts of berries. Cook put into a saucepan with two slowly for an hour, strain through a pints of brown stock, and set over jelly bag and add half a teaspoonful the fire. Slice two onions and one of grated nutmeg, a teaspoonful each small carrot, put into the flying pan, of cinnamon and giager, half a tea- from which the meat was taken, and spoonful of cloves, one cup of sagar, let fry a delicate brown; turn into half a cup of strawberry syrup and the saucepan with a chopped clove the juice of one lemon. Boil until of garlic, one sliced apple, a dozen thick, but thin enough to pour from stoned raisins, a teaspoonful of chut the bottle. Very nice to serve with ney, the juice of half a lemon, a little salt, a spoonful of curry paste Red Raspberry Blanc Mange .- Dis- and two ounces of flour. Mix all tosolve a fourth of a cup of cornstarch gether, cover, and let simmer gently for three hours. Serve very hot with boiled rice.

Tomato Farcie.-Prepare a dressing constantly until the mixture thickens, salt, pepper, mustard, cloves, lemon then cover and cook fifteen minutes, juice and a grated onion. Add to this them to fulfill their civic duties with rant jelly, a little extract of celery; Hot Day Desert .- Mash ripe cur- thicken with flour and keep stirring. rents, sweeten them, and after they until it is smooth and thick, then lay have stood for a time strain out the the stuffed tomatoes in and cook over seeds through a sieve. Cut bananas the fire about ten minutes; put in a wonders in restoring soiled treasures in slices, arrange them in a dish, cov- pan in the oven a few minutes to bake to their first glory. It is highly er them with the currant juice and brown on top. Take up carefully and explosive and should be kept away pour the gravy over.

season with salt, pepper and cream administered must induced be administered must induced administered must induced be administered by administered must induced be administered must induced be administered must induced Cream Loaf Cake.—Beat one-fourth supervision of experts, that the sub- The experiment is worth trying.

> POPE PIUS X. ON WOMAN'S SPHERE.

mented upon. The full text of this A generous bath is always best. interview, which shows the Pope to

water over the fire in a saucepan, quest for a newspaper interview. In disease. answering, he went diametrically contrary to the views generally accredited to him and in nowise declared himself the enemy of feminine liberation, "which," he declared, "can - Is Recognized but ennoble her soul, in developing in er the taste for work and study, and HOW IT IS PROMPTLY RELIEVED in banishing from her mind her atavistic leaning towards idle pleasures. The Church approves the woman who is forced by her labor to become the veritable associate of man, to contriute everything to the fireside while remaining the true companion of her husband, the vigilant and tender mother, the indulgent consoler.

"Everything that tends to elevate he moral and intellectual level of nent, always on condition that it It will make you happier, because

"It is well that women are freeing It will increase your efficiency, be-The most constant and troublesome themselves from the heavy yoke uncause it will increase your self-confeature is the itching and burning der which society has bowed for hun-fidence and self-respect.

'It is well that they know how to ing details and give you freedom for conquer the means of subsistence. larger creative work. Then there is the tendency for ecze- They can study everything—save the- It will save the results of your ladisadvantage accruing from their be- things over and over again. Persistent treatment is always ne- ing lawyers or physicians, especially It will increase your self-respect, cessary, but you can depend on it in order that they may lend their as- self-faith, and hence will increase oththat Dr. Chase's Ointment will cure sistance to their own sex and to ers' respect and confidence in you. And sighing poplars brushed their you. Relief will come after the first their children, which through all time It will increase others' confidence in few applications, and the healing pro- has in a way been their natural avo- you, because everybody believes in the ess will be gradual and natural.

It is due to its remarkable record careers which best suits them. Are the man of system and of order.

It will enable you to make better in the cure of eczema that Dr. Chase's not they the first educators of the use of your experience, and save you Ointment has become known the little ones, and, accordingly, of all from pitfalls and business disasters. Ointment has become known the world over. For every form of itch-humanity? It is through the mothing skin disease or skin irritation it is of incalculable worth.

It will enable you to find anything you want immediately, instead of lossof to \$100 per annum for an individual, and from \$50 to \$100 per annum for a company, aced; it is through them that Catholic ing valuable time hunting for it .-Mrs. R. Stoddard, Delhi, Norfolk ism will triumph.

"Do you believe with the sacred authors that the celibate state of wothan that of wife and mother?"

woman can work out her salvation. it a trial and be convinced. As wife and mother she has more merits in so doing, having more temptations, and the responsibility of souls. Action is the best of prayers; to work is to pray. In the world woman can exercise charity, for which she shows special aptitudes. Public is sick and calls in another doctor to beneficences should be directed every- doctor him, is the doctor doctored where by women.'

"Does the Church authorize us to occupy places in politics?" "That, never."

And the white old man emphasized

"Women should not be intermingled "Foot Elm." Chase's Ointment there was great re- in public affairs. Of course men have lief, and the improvement continued their own difficulties in understanding comfortable feet. until there was complete cure. We each other. It suffices to instance the think it the greatest of family oint- disturbances in parliaments."

> "You ought to limit yourself to and duplicity in order to habituate ing the grounds of their differences. I rises in the morning.



A Fearful Case.

THERN'ISLL, Ont., Nov. 29, 1899.

For five years I had been suffering from falling sickness and my case was a had one. Doctors did not do me a particle of good, but Pastor Koening's Nerve Tonic cured me at once of that dreadful disease. The first boild convinced me that it would do all you claim for it. I used to have as many as seven fits a day, would fall just where I stood and sometimes cut my face so severely that my own folks would hardly know me. I had such a headache and pains in my body that I often wished I were dead. I could not get work from anyone on account of my sickness, but now I am able to do a full day's work. My comrades that used to shun me are friends again, and I am as well as I ever was, and have only Pastor Koening's Nerve Tonic to thank for my health. I am willing to answer all enquiries or letters concerning this great remedy, and urge those similarly afflicted to try it and receive its benefits.

BERT HOFF.

A Valuable Book on Nervous Dizasce and a Sample bottle to any address. Poor patients also get the medicine free. Prepared by the REV. FATHER KOENIG, of Fort Wayne, Ind., since 1876, and now by the

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the fire, stir in a cup of red rasp- tle cold rice. Have some large toma- influence the politics of your own berries, a tablespoonful of lemon juice toes and cut off the tops, scraping country by your gentleness, your

President Suspenders. Style, com-

WHAT GASOLINE WILL DO.

Gasoline will accomplish a host of from light and heat. Many fabrics that resist a water both and a hot ed will often yield to a treatment ped into it and gently shaken about Laces, kid gloves, stocks, etc., come Strong, Durable, and Most out of gasoline as good as new if treated right. In removing a spot from silk or cloth put a blotting pa-The views of Pope Pius X. on the per under the goods to prevent a disposition of woman in modern pro- figuring ring from forming. Gasoline gress, expressed recently in an inter- may be used over and over again by view with Mme. Camille Theimer, the allowing it to settle and draining off famous Viennese novelist and femin- the top. A frequent cause of failure ist, have been widely quoted and com- is the use of two little of the fluid.

have very broad ideas of woman's Very many persons die annually sphere, believing it to extend to every from cholera and kindred summer Corn Soup.—With a sharp knife cut tive participation is not except accomplaints, who might have been saytive participation in politics, is of ed if proper remedies had been used. If attacked do not delay in getting a "Does your Holiness approve the bottle of Dr. J. D. Kellogg's Dysen-

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It will produce more work and of a

better quality. It will clear the mind of cobwebs and of brain ash. It will increase your business and

decrease voar expenses. lengthen life, and make it worth liv-

It will foster the habits of prompt-

ness, thoroughness and decision.

them.

more harmonious.

It will simplify a mass of perplex-

Much distress and sickness in chilmankind is more pleasing to God dren is caused by worms. Mother Graves' Worm Exterminator gives "I believe that under all conditions relief by removing the cause. Give

A QUESTION.

Little Stanley-Paw-uh! Mr. Busyman-Well, my son? Little Stanley-Paw, when a doctor the way he wants to be doctored, or

There is no tenderness, pain, sweating, burning, or unpleasant ; dor about feet that use

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SYNOPSIS OF CANADIAN NORTH-WEST

Homestead Regulations ANY even numbered section of Domin-ion lands in Manitoba or the North-west Provinces, excepting 8 and 26, not reserved, may be homesteaded upon by any preson who is the sole head of a far ily, or any male over 18 years of age, to the extent of one-quarter section, of 160

acres, more or less. lecrease your expenses.

It will increase effectiveness,

HOMESTEAD DUTIES: A settler who has been granted an entry for a home-stead is required to perform the condi-tions connected therewith under one

the following plans : It will increase the respect of your employees and your popularity with during the term of three years.

(2) If the father (or mother, if the It will enable the mediocre man to accomplish more than others of much greater ability.

[27] It he lather (or mother, if the father is deceased) of any person who is elegible to make a homestead entry under the provisions of this act resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this act as to residence prior to obtaining patent may be satisfied h person residing with the father or mother.

(3) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this act as to residence may be satisfied by residence upon the said land.

APLICATION FOR PATENT should be made at the end of three years, before the Local Agent, Sub-Agent or the Homestead Inspector.

Before making application for patent the settler must give six months notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention

SYNOPSIS OF CANADIAN NORTH-WEST MINING REGULATIONS. Coal.—Coal lands may be purchased at \$10 per acre for soft coal and \$20 for anthracite. Not more than 320 acres can be acquired by one individual or company.

Royalty at the rate of ten cents per ton of 2,000 pounds shall be collected on the

cording to capital.

A free miner, having discovered mineral in place, may locate a claim 1,500 x 1,500

feet.
The fee for recording a claim is \$5. The fee for recording a claim is \$5.

At least \$100 must be expended on the claim each year or paid to the mining recorder in lieu thereof. When \$500 has been expended or paid, the locator may, upon having a survey made, and upon complying with other requirements, purchase the land at \$1 an acre.

The patent provides for the payment of a royalty of 214 per cent on the sales.

a royalty of 2½ per cent, on the sales.
PLACER mining claims generally are
100 feet square; entry fee \$5, renewable A free miner may obtain two leases to dredge for gold of five miles each for a

term of twenty years, renewable at the discretion of the Minister of the Interior The leases shall have a dredge in operation within one season from the date of the lease for each five miles. Rental \$10 per annum for each mile of rive does the doctor doctor him just as he thinks he ought to be doctored?

the lease for each live lines. Remain the lines for each live lines. Remain the lease for each live lines. Remain L'eputy of the Minister of the Interior N. B.-Unauthorized publication of this advertisement will not be paid for.

> It seems as though a man in politics must be a good bit like a piano

If he's square, he's considered oldfashioned.

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