

and, while the restrictions have been imposed primarily in order to prepare for the requirements of the preserving season, a curtailment of consumption will involve little hardship but will be conducive to individual health and, at the same time, will help to reduce our expenditure abroad, thus assisting in financing our participation in the war.

FISH AND VEGETABLES.

There are still large supplies in Canada of vegetables, especially potatoes, carrots and onions, which should be used freely during the next few weeks to relieve the strain on our fast diminishing stock of wheat. No more patriotic service can be done by the housewives of Canada and by proprietors of public eating places than by using, in every possible way, vegetables and fish in order to save more wheat and meat for export. Both vegetables and fish, except the "luxury" varieties, are moderately priced. In the United States a big "drive" is being made on the surplus potato crop, estimated at at least 30 million bushels, it being pointed out that the eating of potatoes, because of their food value, and of the fact that they are very satisfying to the appetite, makes less likely the eating of bread. Fish and vegetable meals in Canada during the next six weeks are required by the food needs of our Allies.

FALLING BEHIND IN WHEAT.

British Ministry of Food Cables that Imports are Inadequate.

Wheat imports are not arriving in the United Kingdom in quantities sufficient to meet weekly requirements. Such is the grave advice from the British Ministry of Food in its latest cable to the Canada Food Board, dealing with the food situation.

Lord Rhondda adds: "Every effort that can be exerted in Canada to increase shipments of wheat and meat will be invaluable."

The message reads:

"Bacon is coming forward well but all will be needed to make up the deficiency of meat supplies which are scarcely likely to meet the requirements, even on restricted basis of existing compulsory meat rations.

"Cheese would also be welcome, and it is hoped that arrangements will short-

ly be concluded whereby purchases of Canadian cheese can be effected.

"Wheat imports are not arriving in quantities sufficient to meet our weekly requirements. Every effort that can be exerted in Canada to increase shipments of wheat and meat will be invaluable.

"Arrangements have now been completed to extend compulsory rationing of butter, lard and margarine to the United Kingdom on the same uniform system as is now in force for all kinds of meat, bacon and ham, poultry and sugar, with provision for the rationing of bread, tea, cheese, or other commodities, if necessity compels."

LICENSE TIME-TABLE.

Retail Butcher's License, Retail Baker's License, Retail Produce Dealer's License, Retail Flour and Feed Dealer's License, Retail Fruit and Vegetable Dealer's License, Retail Fish Dealer's License.

Required by all retailers in the above classes, on and after May 15.

Retail Grocers' License.

Required of all retail grocers on and after June 1. (Time has been extended from May 1.

Confectioners' License.

Required by all persons engaged in the manufacture of ice cream, candy, cake, crackers, biscuits, pastry, confectionery, ice cream cones, and chewing gum, on and after June 1, 1918. (Not required by persons holding a baker's or public eating place license.)

Public Eating Place License.

Required by proprietors of all public eating places, including all places where meals or refreshments to the number of 24 or more per day are served to persons other than members of the family or household of the proprietor, on and after June 1, 1918.

Wholesale Flour and Feed Dealer's License.

Required by all wholesale dealers in flour and feed on and after June 1.