

RUSSIA WATCHING BRITAIN

IS ANXIOUS REGARDING CONSTANTINOPLE.

Mr. Hamilton Fyfe on the Great Powers of the Twentieth Century.

For the next two hundred years the British Empire and the Russian Empire will be the two greatest powers in the world, writes Hamilton Fyfe in the London Daily Mail. They must make up their minds to have done with bickering to be sensible, to be friends.

Looking beneath the surface of things, I see this war as a struggle between the British Empire and Germany for the Twentieth Century. Each century in modern times has been dominated by one power. The sixteenth was Spain's century, the seventeenth Holland's. The eighteenth belonged to France, and the nineteenth to England. Now it is clear, as the nineteenth century drew near its end that England alone could not hope for another term of supremacy. But England had brought into being a large, world-wide, immense in population and in wealth. It seemed that the sceptre—not of actual rule, of course, not of physical or material domination, but to influence by character—might pass from the Mother to the children.

Cause of the War.

Germany alone disputed this order of succession. That is why the world is at war to-day. But Germany cannot conquer the British Empire; she is breaking her nails against a rock. Therefore to that Empire will belong the Twentieth Century, and to Russia, when she has awakened the intelligence of her peasant millions and developed her resources, will surely belong the twenty-first. Let us both recognize this and live at peace.

We have, in truth, more in common with Russians than with any other nation. We are, for instance, obstinate and inconsistent; so are they. If we taunt them with sticking to their old calendar, which is thirteen days behind everyone else, they can point in reply to our pig-headed and far more inconvenient retention of peculiar measures of money and weight and length, in place of the decimal system used by every one else. When we complain that their alphabet has thirty-six letters in their retort is: "It enables us to spell as we pronounce, whereas your spelling and pronunciation are not related at all." Englishmen who are rash enough to pity Russians because they "lack political freedom" are reminded that there is no Mrs. Grundy in Russia to check personal freedom with a far more galling bond.

Russia Has Advantages.

No Russian who knows the world denies that his country is behind the other great powers both in the common level of intelligence and in mechanical conveniences. This has advantages, however. It is annoying that Petrograd should be so badly paved, that laundries should make a practice of keeping your "washing" for three weeks instead of one, that there should be no regularity in the postal or in any other service, whether private or state. But these are trifles in the general scheme of life. If against such drawbacks we set the comforts of strong nerves, few cities, no rush from the land, no industrial weakening of the greater part of the population, the balance will scarcely go against these, whether we consider general happiness only or take into account the health of generations to come.

They have their effect as well upon the solidarity of national sentiment. Every Russian wants to free Constantinople from the Turk. Some want this because Russia needs an outlet into the Mediterranean, and can not any longer submit to the Dardanelles being treated as private property.

Some see that the chief development of Russia's natural wealth must be in the south, and believe that destiny is forcing her towards the Golden Horn. Most want it because they have been taught that Christ is dishonored by the worship of Islam in the Cathedral of St. Sophia.

Well, what are we going to do about it? Keep up our old policy of suspicion? Attempt to deny Russia that for which she so ardently longs? Bleat, in the accents of the "eighties about the highroad to India? Or, with frank and friendly agreement tell our ally "We shall not stand in your way." If we do not there is trouble ahead for everybody. I should not be doing my duty if I did not say that Russians are watching very closely for signs of England's temper in this matter of Constantinople and the Dardanelles.

Mrs. Randall had just finished instructing her new girl, who came to her from an intelligence office. Her general appearance pleased the mistress greatly, and she felt sure that at last she had succeeded in finding a prize. "And, Lizzie, do you have to be called in the morning?" she asked as an after thought. "I don't have to be, mum," replied the new assistant hopefully, "unless you just happens to need me."

THE ACUTE PAIN FROM NEURALGIA

Permanently Cured Through the Use of Dr. Williams' Pink Pills.

Neuralgia is not a disease—it is only a symptom, but a most painful one. It is the surest sign that your blood is weak, watery and impure, and that for this reason your nerves are literally starving. Bad blood is the sole cause of the piercing pains of neuralgia—good rich blood is the only cure. In this you have the reason why Dr. Williams' Pink Pills cure neuralgia. They are the only medicine that contain the correct proportions the elements needed to make rich, red blood. This rich blood reaches the root of the trouble, soothes the nagging nerves, drives away the nagging, stabbing pain and braces up your health in other ways as well. Here is proof—Mr. C. J. Lee, Vatchell, Ont., says: "For several years I was troubled at intervals with neuralgia in the head and chest. The pain I suffered at times was most intense. I was continually doctoring for the trouble, but found nothing to give me permanent relief until I began the use of Dr. Williams' Pink Pills. Thanks to this medicine my blood has been restored to a healthy condition and every symptom of the trouble has disappeared. I am therefore, with confidence, recommend Dr. Williams' Pink Pills to all who suffer from the fierce pains of neuralgia."

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

IF GERMANY WINS, WHAT?

By Chas. M. Bice, Denver, Col.

I often wonder if the Canadian people fully realize what the present terrible war means if the allied German forces should win.

Quite apart from all questions relating to the violation of Belgian neutrality, and other discussions about the cause of the war, the important question for Canadians is, How is the war going to affect Canada in case of an adverse result?

Of course, if the allies win, and we think they will, there will be a settlement by negotiation, and the result upon Canada cannot be otherwise than favorable; but suppose the alliance should win, then what?

If the dreams of military Germany come true, if the doctrines of Treitschke and Bernhardi prevail, there will be no negotiations or compromise of any sort. There will only be servile submission of the most humiliating kind, and we could not blame Germany, for she has already given us a foretaste of what to expect in her treatment of gallant little Belgium. In such an event the world will become Prussianized everywhere, except perhaps in the United States, and the triumph of militarism and absolutism would be complete indeed. The spirit of democracy, that has made such headway in Europe, as in America, would be quenched for ages to come; free thinking would be utterly crushed, and a world power, such as has never been known in history, would be wielded by a war lord so autocratic and dominating, steeped in the teachings of such hair-brained anarchists as Nietzsche and his followers, that constitutional government would be annihilated and the mental and moral darkness of the middle ages would again settle down upon a world of slaves.

What would such an outcome of the war have in store for free America? It would drive us to militarism in self defense, for we would have no other choice.

Democracy must arm to defend against autocracy and preserve human freedom.

The fact we have to face, if Germany wins, rightly or wrongly, will be: Prepare and fight, or suffer national extinction. While this would undoubtedly make the United States the greatest military nation on the face of the earth, it would not be because any one here wants it, but because it would be our only salvation.

Germany, long ago, got rid of the amateurish idea that "that government is best which governs least," and has developed government as an instrument of overpowering autocracy on a scale and with a measure of success hitherto unprecedented.

In many respects Germany's social policy and organization is commendable, if it stopped there; but everything has been done with the sole purpose and end in view of making Germany the greatest military nation in the world.

She has developed government as an instrument of social welfare with marked success. While other countries have been punishing ignorance and vagabondage, and have fallen down before the sickening problem of the unemployed, and have acknowledged inability to deal with it, Germany has said that these things can and must be prevented, and by preventing them she has created a collective efficiency which the rest of the world might well envy and respect. Observe, for example, how Germany manages her school system, her state owned railroads, her Kartels, her trade intel-

ligence organizations. She did not try to "down the trusts," and waste useful energy on those lines, but utilized them, and at the same time she helped the small merchant and dealer to develop, trade instead of hampering it.

With her usual energy she attacked the problem of the unemployed, not only by the imperial government, but by municipal and local governments, and countless similar organizations, with the result that when the war broke out her marginal floating population of unemployed was less than that of any other country. She accomplished all this by purely scientific methods. Germany wasted no sentiment about the matter, she gauged it as just another problem of national efficiency.

The child was needed by the military power of the country as an effective fighting machine, and as such must be well fed, amply clothed and securely housed.

Probably one of the real causes of the war was the break down of this great top-heavy machine of the Germans, for it had progressed so far that it could see things only in terms of force. They made inexcusable mistakes in diplomacy, to start with, and embroiled England in the conflict unnecessarily. Some of the things her statesmen did and said were of the essence of stupidity. It was all right and even commendable her efforts to extend trade and develop her industries, but she carried her militarism to the point of fanaticism, so much so that she ceased to be interested, as she was a generation ago, in the intellectual life, in music, in art, and in philosophy. She produces no more Wagners, no more Helmholtzs, no more Kants, or Goethes; but her whole energies have been devoted to creating things that destroy. It all dates from the Franco-Prussian war and the blood-and-iron policies of her Bismarck. Might made right, and the world will be continued to develop along those lines. If, in 1848, she had heeded men like Carl Schurz, she would be a very different nation to-day, but she took the wrong path and developed along materialistic lines, and her downfall is certain.

CHAS. M. BICE.

Denver, Colorado, Feb. 8, 1915.

NOTHING CAN EQUAL

BABY'S OWN TABLETS

Mrs. Alex. Butcher, Conn. Ont., writes: "My daughter has used Baby's Own Tablets for her baby and thinks there is nothing to equal them for little ones. All mothers, who have used the Tablets, will tell you the same thing. They break up colds, regulate the bowels and stomach and keep the little ones healthy and happy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont."

WARNING AGAINST HATE.

Striking Changes of Opinion Noted in German Newspapers.

The "Christliche Welt" ("Christian World"), an influential religious paper published in Marburg, Germany, publishes a notable article begging German Christians to pause before they yield themselves to the insensate hate of England prevailing among so many sections of the people.

The article points out that, even admitting the wickedness of England, it is better to wish for the reform and improvement of a great nation like the British than to pray for its downfall and destruction. A time will come when this war will be a thing of the past, and the "Christliche Welt" reasonably asks whether Germany will not prefer to deal with a nation purified and ennobled and open to receive friendly overtures than with a nation embittered by rancorous attacks and closed against every overture of human fellowship.

The Berlin "Tagblatt," commenting on this article, thinks that as soon as peace is within sight there will be a rapid sinking of the thermometer of hate, and that even now the hot, passionate hatred of England, which marked the earlier stages of the war has begun to cool. The "Tagblatt" says: "The broad masses of our people know nothing of its downfall and destruction. They have attained far too high a civilization for this. They are of Goethe's opinion that the lower the step of culture on which a nation stands the more intense is their hatred for other peoples."

Unwilling to Tell.

The country school teacher had been telling her scholars about the seasons and their peculiarities, and to impress the facts upon their minds she questioned them upon the points she had given. Several queries had been put, and she finally reached the stupid boy in the corner. "Well, Johnny," she said, "have you been paying attention?" "Yes, mum," he answered promptly. "I'm glad to hear it. Now, can you tell me what there is in the spring?" "Yes, mum, I can; but I don't want to." "Oh, yes you do! Don't be afraid. You have heard the other scholars. Be a good boy now and tell us what there is in the spring." "W—y—m—m, there's a frog, an' a lizard, an' a dead cat in it; but I didn't put 'em there. It was another boy, for I see him do."

He's Back at Work Strong and Hearty

ONE MORE SPLENDID CURE BY DODD'S KIDNEY PILLS.

Quebec Man Who Suffered for a Long Time from Kidney Disease Finds a Complete Cure.

Allen's Mills, Portneuf Co., Que., March 1—(Special).—Another splendid cure by Dodd's Kidney Pills is that of Michael Gauthier, a well-known resident of this place. Mr. Gauthier was for a long time a sufferer with a pain in his head caused by kidney disease, and at length got so bad that he had to quit work. Dodd's Kidney Pills cured him. He is back at work, strong and hearty, and naturally he feels that he wants all who suffer from kidney disease to know that they can find a cure in Dodd's Kidney Pills.

For Dodd's Kidney Pills not only cure the pain or ache that is causing the most distress, they put the kidneys in good working order and all the impurities and poisons are strained out of the blood. The result is that new strength is carried to every part of the body. That's why so many sufferers cured by Dodd's Kidney Pills sum up their condition, "I feel like a new man." New energy is new life. You can't have it with sick kidneys. With healthy kidneys you must have it. Dodd's Kidney Pills make healthy kidneys.

THE THURF HABIT.

We all know that children, as well as grown people, are either helped or hindered by the habits they form and which become very influential in the development of character, for good or evil.

This subject of "habit" is a text often preached from, lectured about, and discussed in private conversation. We hear much about the habit of early rising, also the reading habit, the habit of cleanliness, of moderation or excess in eating and drinking, but the habit of thrift, which includes the saving habit, deserves frequent and most honorable mention in all the places mentioned, public and private, and particularly in social and domestic intercourse. Any sum is wasted that is spent for what we do not need. Every penny that a child spends for waste is giving that much less to extraneous inclinations. Every cent that is spent by young girls for gewgaws and tawdry decorations is worse than wasted.

The waste that goes for soft drinks and constant cigarette smoking will heget a spendthrift habit in boys and young men. Very few young people spend less than 5 cents a day. It has to be a very careful or a very poor family that does not give their kids as much as 5 cents a day or even 5 cents a week.

Yet the saving of 5 cents a day means the accumulation of \$18.75 in twelve months. In five years it would mean a little less than \$100 cash in hand. That soft drink waste, that cigarette waste, that chewing gum waste, that candy waste, would make very valuable "rainy day" money when the year was out and gone.

The habit formed by saving is not counted in this cash account. Sometimes it saves from a spell of gastric fever or a tobacco heart. It requires some courage to acquire this thrift habit, and the very act of saving inculcates "self-denial, foresight, prudence and wisdom."

"For age and want save while you may. No morning sun lasts a whole day."

THE DOCTOR'S WIFE

Agrees With Him About Food.

A trained nurse says: "In the practice of my profession I have found so many points in favor of Grape-Nuts food that I unhesitatingly recommend it to all my patients."

"It is delicate and pleasing to the palate (an essential in food for the sick) and can be adapted to all ages, being softened with milk or cream for babies or the aged when the deficiency of teeth renders mastication impossible. For fever patients or those on liquid diet I find Grape-Nuts and albumen water very nourishing and refreshing."

"This recipe is my own idea and is made as follows: Soak a teaspoonful of Grape-Nuts in a glass of water for an hour, strain and serve with the beaten white of an egg and a spoonful of fruit juice for flavoring. This affords a great deal of nourishment that even the weakest stomach can assimilate without any distress."

"My husband is a physician and he uses Grape-Nuts himself and orders it many times for his patients. Personally I regard a dish of Grape-Nuts with fresh or stewed fruit as the ideal breakfast for anyone—well or sick."

In stomach trouble, nervous prostration, etc., a 10-day trial of Grape-Nuts will usually work wonders toward nourishing and rebuilding and in this way end the weakest stomach can assimilate without any distress. Name given by Canadian Postum Co., Windsor, Ont.

Look in pkgs. for the famous little book, "The Road to Wellville."

More on the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Sciatica Vanishes Instantly If Nerviline is Used

CAN YOU BEAT THIS CASE?

No ordinary liniment will even relieve Sciatica. Nothing but the most powerful kind of a remedy can penetrate through the tissues and finally reach the Sciatic Nerve. You can always depend on the old-time "Nerviline." Nothing made to-day is as good for Sciatica as Nerviline was when first produced, about forty years ago. All this time the same old "Nerviline" has been curing Sciatica, Lumbago, Rheumatism, and is considered to be without an equal in relieving pain or soreness anywhere. "Nerviline" couldn't be made stronger or better," writes James E. Edwards. "The way it cures Sciatica is to me simply a miracle. For years I suffered fully. I ruined my stomach with internal dosing. I rubbed in gallons of oils and liniments—none were strong enough. One good rubbing with Nerviline relieved. I kept on rubbing also shortly was cured. My father cured rheumatism in his right arm and mother cured herself of chronic lumbago with Nerviline. Our family simply swears by Nerviline and we have never without a 50c. family size bottle in our home. We find that for external pain, for coughs, colds, earache, such minor ills it is a veritable family physician."

CAPTAIN PERCY SCOTT, C.B.

Made Marksman of the Chief Sport of British Navy.

The great naval victory of Sunday, January 24, when one of Germany's finest battleships, the Blücher, was sunk, and two other battle-cruisers damaged, was due not only to the superior guns, but also to the superior marksmanship of the British gunners.

When the war broke out, and for some considerable time before, heavy gun shooting was the sport par excellence of the navy, both "Gun-layers" Test" and "Battle Practice" creating an astounding amount of enthusiasm and emulation—and also betting—and Sir Percy Scott is the man, above all others, who was responsible for it. Twelve years ago, gunnery was a dead letter, and target practice a nuisance. On February 2nd, 1902, Captain Percy Scott, C.B., delivered a lecture at the United Service Institution of Hongkong, on "The Fighting Efficiency of a Fleet which is Dependent on the Straight Shooting of the Guns." Out of that lecture arose a host of questions from



Admiral Sir Percy Scott.

the officers present, and one was in connection with creating interest and the need of competition. Captain Scott replied: "You relied entirely on competition in the past; in Malta harbor you never did the weekly sail drill without one or two men being killed in their anxiety to be first ship in the fleet—that same spirit still lives. I only want to introduce it into gunnery; we ought to make use of the national vice, namely 'sport,' and to create the same ambition among our officers and men in shooting as existed in sail drill."

"Well, he certainly saw his ideal come to fruition before he retired, but it was not without a considerable amount of unpleasantness. When, in February, 1905, he was appointed to the newly created post of Inspector of Target Practice, he found himself faced with a dead weight of opposition and indifference, but so vigorously did he prosecute his office that he received the sobriquet of 'The Cursed Sport,' which he took quite smilingly, and at last had the satisfaction of seeing the whole service as keenly enthusiastic over good shooting as he was himself. Now he has been recalled from the Retired List to lend a hand with the present war."

Mansenville, June 27, '13. Minard's Liniment Co., Limited.

Gentlemen,—It affords me great pleasure and must be gratifying to you to know that after using 16 bottles of your Liniment on a case of paralysis which my father was afflicted with, I was able to restore him to normal condition. Hoping other sufferers may be benefited by the use of your Liniment, I am, Sir, Sincerely yours,

GEO. H. HOLMES.

Got Impatient.

A wealthy and rather autocratic city man went to consult a leading doctor, who asked him a great many questions. The impatient one, who was not accustomed to be cross-examined, got impatient, and said: "I came here to be cured, not catechised." "Oh," replied the doctor coolly, "then you had better go to a veterinary surgeon. He's the only doctor I know of who cures his patients without asking them any questions."

Minard's Liniment Cures Garget in Cows.

NEW EARTH AND HEAVEN.

Dr. James L. Hughes, Toronto.

Spores on the fern frond's back, Dust specks you seem to be, Till through a microscope Clusters of pearls I see.

Stars of the winter night, Mere spots of feeble glow, Millions of miles away, You are great suns, I know.

Perfect are all Thy works, Maker of earth and sky, When I can see aright With comprehending eye.

New earth and heaven may mean Simply a change in me. Glory exists; I need Power to truly see.

Carrying the Joke Too Far.

A man was tried for stealing a pair of boots from a shop-door, with which he ran away. Judge (to shoemaker who had pursued and seized the prisoner)—"What did he say when you caught him?" Witness—"My lord, he says he took the boots in a joke." Judge—"And, pray, how far was he off when you caught him?" Witness—"About forty yards, please your lordship." Judge—"I am afraid this is carrying the joke too far." And he condemned the prisoner.

Will Quickly Cure Any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the farm last winter, I had an attack of indigestion," writes Mr. E. P. Dawkins, of Port Richmond, "I was weak for a long time, but well enough to work until spring. But something went wrong with my bowels for I had to use salts or physic all the time. My stomach kept sour, and always after eating there was pain and fullness, and all the symptoms of intestinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of using salts or other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well—no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it."

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butter-nut, sold in yellow boxes, 25c. All dealers, or The Catarhoxone Co., Kingston, Ont.

A Veteran's Experience.

The chief was interviewing the young man who had applied for work.

"Have you had any experience in the lunch business?" he asked.

"Why, I should say so," replied the energetic youth. "I've been lunching for almost 20 years."

Minard's Liniment Cures Colds, Etc.

Not Certain.

"What is this malady which has suddenly attacked the nations of Europe?"

There is some doubt as to that. Some say it is the German rush, others that it is the Russian germ.

LOW FARES TO THE CHICAGO EXPOSITIONS.

Via Chicago & North Western Ry.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of scenic and direct routes. Double track. Automatic electric safety signals all the way.

Let us plan your trip and furnish folders and full particulars.

B. H. Bonnett, Gen. Agt., 46 Yonge St., Toronto, Ont.

How It Happened.

"So she has already found marriage a lottery?"

"Oh, yes! You see, she married a chance acquaintance."

Minard's Liniment Cures Distemper.

The discussion between the two friends had become heated. "But, any idiot can see that," remarked one of them. "That's where you have the advantage," was the other's polite rejoinder.

Mansenville, June 27, '13. Minard's Liniment Co., Limited.

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Minard's Liniment Cures Garget in Cows.

CLARK'S POTTED MEATS

Full flavored and perfectly cooked make delicious sandwiches.

The child's delight. The picnic's choice. Everybody's favorite.

Airy About It.

Jack—"It's a fine air castle you've built. How do you propose to get into it, by airship?"

Tom—"No; by hearse."

YOUR OWN DRUGGIST WILL TELL YOU

Try Minard's Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting, No Itch, No Pain. Write for Book of the Eye by mail free. Minard's Eye Remedy Co., Chicago.

Grocer—"What was that woman complaining about?" Clerk—"The long wait, sir." Grocer—"And only yesterday she was grumbling about the short wait. You don't know what to do to please some people."

Minard's Liniment Cures Diphtheria.

There are men who are most scrupulous in debts of honor; but who owe for everything else.

FARMS FOR SALE.

N. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or W. Colborne St., Toronto.

N. W. DAWSON, Colborne St., Toronto.

NURSERY STOCK.

STRAWBERRIES, RASPBERRIES, POTATOES. Catalogue free. McConnell & Son, Port Huron, Ont.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external cure without pain by our home treatment. Write before too late. Dr. Bellman Medical Co., Limited, Collierville, Ont.

HAWK BICYCLES

An up-to-date High Grade Bicycle with latest improvements. New Equipment, Chain Drive and Hub, Detachable Tire, high-grade equipment, including Mudguards, \$22.50. Pump, and Tool. Send for FREE 1915 Catalogue, for prices of Bicycles, Sundries and Repair Material. You can buy your supplies from us at Wholesale Prices.

T. W. BOYD & SON, 22 Notre Dame St. West, Montreal.

ENGINE FOR SALE

New Wheelock 18 x 42 Automatic Valve

Complete operating condition. flywheel, frame, belt, cylinder and all parts. Can be shown running at present time.

Will sell at less than half cost price.

S. FRANK WILSON & SONS 73 Adelaide St. West, Toronto

The First of ALL "Home Remedies"

"VASELINE," in its many forms with their innumerable uses, is the foundation of the family medicine chest.

Vaseline

Trademark

It keeps the skin smooth and soft. Invaluable in the nursery for burns, cuts, insect bites, etc. Absolutely pure and safe.

AVOID SUBSTITUTES. Insist on "Vaseline" in original packages bearing the name, CHESEBROUGH MANUFACTURING CO., Consolidated. For sale at all Chemists and General Stores.

Illustrated booklet free on request

CHESEBROUGH MFG CO. (Consolidated) 1880 CHABOT AVE., MONTREAL

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