MC 2035 POOR DOCUMENT




*Meals!*

LOTS of home baked bread, cake and pastry are always welcome. But baking is not *always* an easy job. Perhaps we can help you. Here is a truth backed by honest *proof*:

*Help:*

Regal Flour readily yields the *best quality* and the *utmost quantity* of bread per barrel of any flour in the world. Makes light, white loaves. And *such* meltingly flaky pastry.

*Proof:*

Try Regal once. If it is not just as good as we have promised, your dealer will return your money. We then have to pay him back. So unless you like Regal we lose completely. Isn't it fair to expect that Regal will mean easier, nicer meals?

THE W. A. LAWRENCE FLOUR MILLS CO. Limited
Mr. Williams Vice President


## Daily Hints For the Cook

VERY SMALL TAPIOCA PUDDING.

Heat 1 1-4 cups of milk and turn over the well-beaten mixture of 1-4 cup of sugar, pinch of salt and 1 small egg. Into this turn 1 mixing spoon of soaked (1 dessert spoon when it is dry), tapioca. Cook until tapioca is clear and soft. Serve with halved candied cherries, 1-4 inch size cubes of chocolate, or cocoa fudge, or dabs of currant jell upon the top. Any light cake, or sugar cookies will be palatable served with tapioca cream desserts.

FIG PUDDING.

One cupful molasses, 1 of chopped suet, 1 of milk, 3 1-4 of flour, 2 eggs, 1 teaspoon of soda, 1 of cinnamon, 1-4 teaspoon of nutmeg, 1 pint of figs (cut fine).

Mix together the molasses, suet, spice and figs. Dissolve the soda with a tablespoon of hot water and mix with the milk. Add to the other ingredients. Beat the eggs light and stir into the mixture. Add the flour and beat thoroughly. Butter two small or one large brown bread mold. Turn the mixture into the mold or molds and steam 8 hours. Serve with creamy or wine sauce.

## MADERO FAMILY FORTUNE PLACED AT HUNDRED MILLION

The fortune of the Madero family has been estimated at $100,000,000 in gold, invested in plantations, mines, banks and industrial enterprises. The late president's grandfather, Don Evaristo Madero, one-time Governor of Coahuila, bequeathed $25,000,000 to his descendants.

Following is a brief history of the family:

Francisco Indalecia Madero, Jr., elected president of Mexico on October 1, 1911; took office November 6, 1911, deposed on Feb. 18, 1913, shot dead on February 23. Gustavo A. Madero, his brother, the real power of the Madero administration shot dead on February 19.

Francisco I. Madero Sr., father of Francisco I., Jr., and his brothers; at last reports in Mexico City; Emilio, Madero, brother, reported to be starting a counter revolution in the city of Durango, Mexico.

Evaristo, Madero, brother, student at Cornell University; Julio Madero, brother, mining engineer, graduate of University of Michigan; headquarters at San Pedro, Coahuaia, Mexico; Alphonse Madero, brother.

Evaristo Madero, brother of Francisco I. Sr., formerly minister of finance, is in Mexico City, apparently in no danger; Salvadore Madero, brother of Francisco I. Sr.; Rafael Fernandez, cousin of Francisco I. Sr,

Rafael Fernandez, cousin of Francisco Jr., formerly minister of Fomento (mines, agriculture, etc.)

Lorenzo Gonzales Trevino, uncle of Francisco, Jr., large land holder.


TO PREVENT THE GRIP

LAXATIVE BROMO Quinine removes the cause. There is only one "BROMO QUININE." Look for signature of E. W. GROVE. 25c.


## ODDFELLOWS' VISIT TO PEERLESS LODGE

A fraternal visit of Pioneer, Siloam, Golden Rule and Fraternity Lodges, I. O. O. F., to Peerless Lodge in the North End took place last night. The chairman of the evening was R. E. Coupe, and a very pleasant evening was spent with speeches and songs. Those who spoke were D. G. Lingley, A. D. Smith, W. Catherwood, W. Saunderson, H. E. Codner, G. Warden, W. Baynell, Mr. Ellis, of Westport (N. S.); Mr. Fowler, of Montana; W. McLean, St. John, W. E. Neaves, W. F. Hatheway, J. Stamers, A. B. Thorne. Songs were given by J. A. Murdoch, M. Holder and C. Fowler. The accompanist was H. V. MacKinnon. Recitations were given by R. G. Dibble, J. Cunningham, R. E. Coupe. During the evening a presentation was made to N. B. Brown, and a memorial unveiled to N. W. Brennan. Auld Lang Syne and the National Anthem were sung. The committe in charge was: W. J. Sealy, H. R. Elliot, J. R. Smith, A. W. Washburn, W. A. Earle, John Salmon, L. W. Belyea and C. Ledford.

Mrs. E. C. Carter, who was lost on the Titanic was a daughter of Thomas Hughes, the author of "Tom Brown's School Days."

## Little Beauty Chats

By BLANCHE BEACON

### Your Daytime Garments Should Be Well Aired During the Night

IT is as important to wear well aired undergarments and frocks as it is to keep the body clean. Do you not think so? For this reason I deprecate the practice of hanging one's frock and underwear in a closet as soon as they are discarded, as this means that while they will harbor no ugly creases, they will not get the benefit of a fresh current of air.

Many women think that they have done all that could possibly be expected when they hang their daytime clothes neatly on hangers in their closets and hie them off to bed. They evidently do not stop to think that this is a most unhygienic proceeding as the average closet has no window and ventilation is consequently nil.

Between two evils, I would, in the interest of health and therefore beauty, prefer that you do as some few of my sex do — namely, let your clothes lie where they fall. While this manner of disposing of them—or rather not disposing of them—calls into being wrinkles and creases that could well be dispensed with, nevertheless the carelessly strewn garments do get ventilated and in consequence lose their stale odors.

Do not imagine for one moment, little maid with the disapproving eyes, that I advocate throwing your garments on the floor or allowing them to lie in a tumbled heap on a chair, as such is far from being the case. I have no patience with the woman who owns to such careless personal habits and am firmly of the opinion that she should mend her ways.

No, there is a middle way, one that will keep your daytime garments sweet and smooth. Place them on hangers, if you will—in fact I think it a capital idea—but instead of putting them in an illy-ventilated closet, hang them up on your chandelier. This is not all. When you go to bed, be sure to open wide your bedroom windows as this will insure the thorough ventilation of your frock and undergarments.

Next morning when you dress, you will find that your petticoats, corsets and other garments are dry and smell as sweet as a spring morning.

## BENEFITS OF A PROTECTION ACT

### J. J. Kelso, Ontario Official, Discusses It

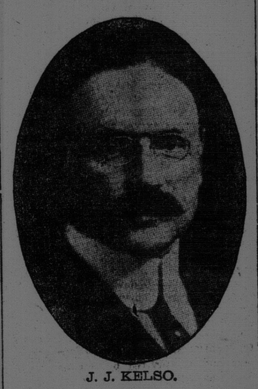
### MAKE WORTHY CITIZENS

### What is Done For the Children by This Legislation — New Brunswick Only Province in Canada Without It

Two hundred and fifty members of the Men's and Women's Canadian Clubs heard the child problem strikingly discussed by J. J. Kelso, superintendent of neglected and dependent children of Ontario, in Keith's assembly rooms last night. The address was illustrated by a series of views which emphasized the more important points of the lecturer's address.

Mr. Kelso's address dealt almost wholly with the more practical side of the work amongst the children. He told of the value of the legislation regarding a check on the parents who did not realize their responsibilities to their children, and showed by means of lantern slides the change that had been effected in children who had been taken from irresponsible parents by the Children's Aid Society of Ontario. The preventive value of the measure the lecturer specially emphasized. He said that once those whom the legislation affected realized that the control of the children would be taken from their hands and put under the soicety, greater care would be exercised in the bringing up of the children, and they would not be put into those employments which were regarded, and truly so, as prejudicial to the welfare of the community of which these children would be a part in later years.

Interesting slides showed the conditions under which the children in whose favor the legislation was being effected, lived. The society took the children from worthless parents, and placed them under the guardianship of foster parents and their characters were developed under wholesome conditions that made them valuable members of society instead of worthless individuals. This transformation was illustrated in a striking manner with photographs taken while the children lived in homes, and after they had been cared for by means of the society. In connection with the sale of newspapers in the city of St. John, Mr. Kelso said that he was sorry to see several small children cast amongst bad influences in the street. Instead of selling newspapers some of them should be at school or at play, and in any case away from the deteriorating influence of the street.



J. J. KELSO.

Mr. Kelso opened his address by telling in what manner he had started the work amongst the children. He had been employed in newspaper work in Toronto on the Toronto Globe, and by writing a series of articles dealing with the misery and hopelessness of child life in that town, had called the attention of the government to the lamentable condition in which the children lived in Toronto. He had been appointed, as a result of these articles, to his present position and had worked amongst the children for twenty years. The children's legislation had been adopted in every province in Canada with the exception of New Brunswick. Nova Scotia had adopted it in 1905 and some of the other provinces before that time. In Alberta they were doing very active work and in every other province they fully recognized that the work amongst the children was one that had a very important part in the development of the community.

The only argument against the passing of the Child's Protection Act was the fact that the public did not know enough about its objects. Once its value was recognized the good work would be commenced, and the result would be that those children who were unfortunate in their circumstances would be handed to the care of responsible people and would develop into useful members of society, instead of becoming similar to their parents.

In all his experience, Mr. Kelso said, there had never been a sufficient number to fill the demand for children in the farming communities of Ontario. In the last two decades there had been something like 12,000 children taken care of by means of this legislation, and most of these children had developed into valuable members of society. Few children died in the country, and instead of pining away or growing into sickly men and women, the children of bad parents in Ontario grew into healthy men and women. In that province there were sixty-two societies in connection with the care of poor children. "The care of the child is fundamental to the good of the community," Mr. Kelso said. "Give them all the advantages for the future of the country depends upon them."

In the course of his lecture, Mr. Kelso brought up the question of institutions for the care of children, and while admitting their usefulness, he emphasized the far greater value of individual care which the foster parents were able to give children. There is a heart hunger on the part of children, he said, which is not responded to in the case of institutions. There one matron will take care of many children, and cannot give the affection which the little ones want.

In an interview Mr. Kelso told The Telegraph that a question that was very much to the point was that of the wife deserter. Social workers, he said, had become assured that one-third of the chirity and relief that was needed in cases of distress amongst the poor classes in Canada was caused by the husband fleeing from his obligations. Under the present legislation the husband could not be got at properly, and in the case of his leaving the country the extradition laws did not permit of him being brought back, and compelled to take up his responsibilities. Several delegations had seen the government with regard to legislation affecting this important matter, and the probabilities were that steps would be taken to effect a change which would bring the erring husbands within the scope of the law. Nowadays, Mr. Kelson went on to say, there is a tendency, instead of relieving distress in the hitherto easy method of promiscous charity, to look into the causes which make for the wretchedness amongst hte poorer people, and to correct those in a properly scientific way.


## CROSS OR FEVERISH, HALF-SICK CHILDREN

### If Tongue is Coated, Breath Bad, Stomach Sour, it Means a Torpid Liver And Clogged Bowels

Mother! Don't scold your cross, peevish child! Look at the tongue! See if it is white, yellow and coated! If your child is listless, drooping, isn't sleeping well, is restless, doesn't eat heartily or is cross, irritable, out of sorts with everybody, stomach sour, feverish, breath bad; has stomach-ache, diarrhoea, sore throat, or is full of cold, it means the little one's stomach, liver and 30 feet of bowels are filled with poisons and foul, constipated waste matter and need a gentle, thorough cleansing at once.

Give a teaspoonful of Syrup of Figs, and in a few hours all the clogged up waste, undigested food and sour bile will gently move on and out of its little waste clogged bowels without nausea, griping or weakness, and you will surely have a well, happy and smiling child again shortly.

With Syrup of Figs you are not drugging your children, being composed entirely of luscious figs, senna and aromatics it cannot be harmful, besides they dearly love its delicious taste.

Mothers should always keep Syrup of Figs handy. It is the only stomach, liver and bowel cleanser and regulator needed—a little given to day will save a sick child tomorrow.

Full directions for children of all ages and for grown-ups plainly printed on the package.

Ask your druggist for the full name, "Syrup of Figs and Elixir of Senna," prepared by the California Fig Syrup Co. This is the delicious tasting, genuine old reliable. Refuse anything else offered.


The Welsh Disestablishment Bill provides that after July 1 the four Welsh dioceses will cease to form part of the province of Canterbury, and for the appointment of commissioners to take possession of the church property and distribute it.

The middle-class Irishman, it is said, is unrivalled as a dealer in horses and cattle.


## PECULIAR AFTER EFFECTS OF GRIP THIS YEAR

### Leaves Kidneys in Weakened Condition

Doctors in all parts of the country have been kept busy with the epidemic of grip which has visited so many homes. The symptoms of grip this year are very distressing and leave the system in a run down condition, particularly the kidneys which seem to suffer most, as every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to more serious sickness, such as dreaded Bright's Disease. Druggists report a large sale on Dr. Kilmer's Swamp-Root which so many people say soon heals and strengthens the kidneys after an attack of grip. Swamp-Root is a great kidney, liver and bladder remedy, and, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed by those who try it. Dr. Kilmer & Co., Binghampton, N. Y., offer to send a sample bottle of Swamp-Root, free by mail, to every sufferer who requests it. A trial will convince any one who may be in need of it. Regular size bottles .75c. and $1.25. For sale at all druggists in Canada. Be sure to mention this paper.

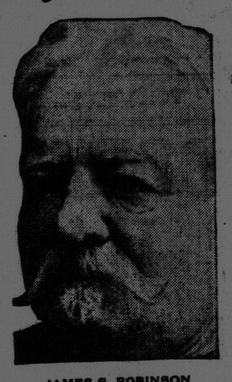
USE ABSORBINE, JR. LINIMENT FOR IT

Swollen Varicose Veins Painful, Knotted, Tortuous, Ulcerated, Ruptured, Bad Legs, Milk Leg, Thrombosis, Elephantiasis. It takes out the inflammation, soreness and discoloration; relieves the pain and tiredness; reduces the swelling, gradually restoring part to normal strength and appearance. ABSORBINE, JR., is a mild, safe, pleasant antiseptic liniment, healing and soothing. Severe cases where veins have ulcerated and broken have been completely and permanently cured. First few applications of ABSORBINE, JR., will give relief and prove its merit. $1.00 and $2.00 per bottle at druggists or delivered. Detailed directions, reports on recent cases and Book 6 G free on request. W. F. YOUNG, P.D.F., 317 Lymans Bldg., Montreal, Ca.

## Hale and Hearty at 76

James S. Robinson, formerly Bandmaster at Manhattan Beach, New York's favorite high-class seaside resort, and long with Barnum & Bailey, has taken Duffy's for twenty years. Says it puts new life in him.

"I want to tell all my friends about Duffy's Pure Malt Whiskey. For ten years I was with Hengler's Circus in England, twenty years with Barnum & Bailey and five years as Bandmaster at Manhattan Beach, New York City, and many other shows. For twenty years I have taken Duffy's Pure Malt Whiskey and for the last four years I have never been without it. I have used it for malaria and dysentery and found it the best medicine I ever took, and I have been living 76 years. It puts new life in me, and I thank the Company for so grand a tonic." —James S. Robinson, 620 Main St., Paterson, N. J.



JAMES S. ROBINSON
Well known in New York as Bandmaster and old time showman

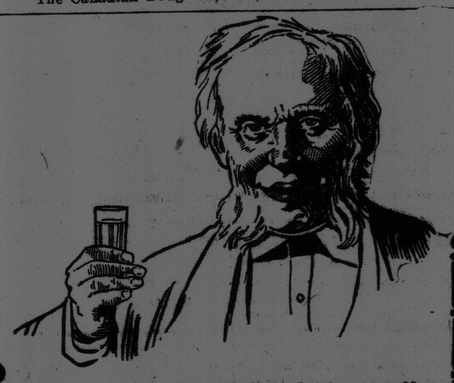
## Duffy's Pure Malt Whiskey

is a tonic stimulant not equaled by any other for renewing the natural, healthy activities of the stomach and digestive organs. It enables those organs to properly perform their functions and take from food the nourishing, body-building sustenance it contains.

It is absolutely pure, and is best for stomach troubles, indigestion, coughs, colds, bronchitis, pneumonia, throat and lung troubles, insomnia and as a general tonic. Sold in sealed bottles only, by druggists, dealers and hotels. Write our doctors for free advice and an illustrated medical booklet.

The Duffy Malt Whiskey Company, Rochester, N. Y.

The Canadian Drug Co., Ltd., Local Distributors.



## Superior To "Appetizers"

When appetite fails you—when your digestion is poor—when you are tired-out and fagged, take a glass of

## Red Cross Gin

Absolutely Pure, Distilled and Matured in Bond under Government Supervision.

It stimulates the digestive functions—dispels fatigue—gives vim and energy.

Each Flask of "Red Cross Gin" bears the Official Stamp of the Government.

Beivin, Wilson & Co., Limited, Sole Agents, 520 St. Paul St., Montreal.


## SHIPPING

ALMANAC FOR ST JOHN, FEB 26.

| | A.M. | | P.M |
|---|---|---|---|
| High Tide | 3.31 | Low Tide | 10.11 |
| Sun Rises | 7.10 | Sun Sets | 6.03 |

Time used is Atlantic standard.

PORT OF ST. JOHN.

Arrived Yesterday.

Stmr Calvin Austin, 2,853, Mitchell, Boston via Maine ports, W G Lee Co, pass and mdse.

Sailed Yetserday.

Schr Georgie Pearl, Nauffle, St Martins (in tow tug Kenton) to load for Boston.

BRITISH PORTS.

Liverpool, Feb 25—Ard, stmr Corsican, St John.

Brow Head, Feb 25—Signalled, stmr Royal Edward, Halifax.

Liverpool, Feb 25—Sld, stmr Monmouth, St John.

London, Feb 25—Sld, stmr Eastpoint, St John.

FOREIGN PORTS.

New York, Feb 25—Ard, schrs Charles C Lister, St John; Jeremiah Smith, do; Seth W Smith, Calais (Me); Otokia, Mahone Bay (N S).

Vineyard Haven, Feb 25—Ard, schr Harold B Cousens, Port Reading.

New York, Feb 25—Sld, schrs R Bowers, Calais (Me); Mammie Saunders, Eastport (Me).

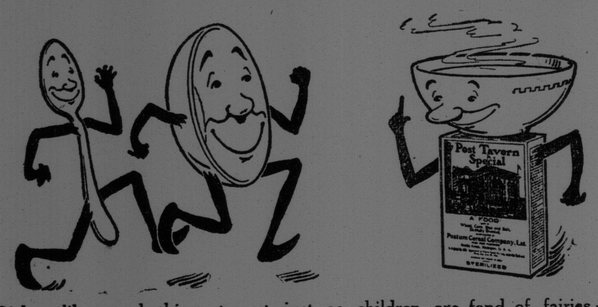
Portland, Me, Feb 25—Sld, schr Harry W Lewis, New York.

City Island, Feb 23—Passed, bound east, schrs Village Belle, New York for Halifax; Harold B Cousens, Port Reading for Calais (Me).


SHE TALKED ABOUT IT.

A very good thing to do, especially when it was her own doctor that she talked with. She wanted to know about Hall's Hair Renewer for falling hair, dandruff, and for promoting growth of the hair. Now she is going to use it, will have every confidence in it. No coloring of the hair, not in the least.

## When the Dish Runs Away With The Spoon




Dishes like good things to eat, just as children are fond of fairies — and Maud Adams has proved thousands of times that **there are** fairies.

Show the children this advertisement and ask them if they believe the dishes smile when good things are served in them. Then get a package of Post Tavern Special, The Breakfast Porridge. Serve it piping hot, and watch their faces dance.

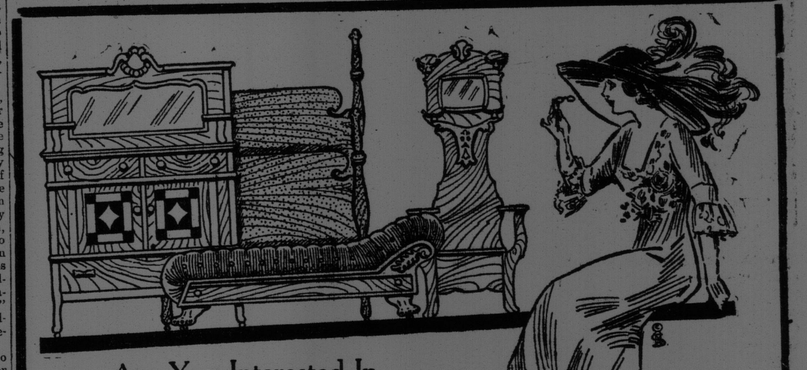
## Post Tavern Special

is a winsome blend of the best parts of Wheat, Corn and Rice. A most nutritious dish and **flavory**—for the food experts of the Postum Co. made it to please particular palates. Get a package today for

### Tomorrow's Breakfast

Sold by Grocers—Packages 10c. and 15c.

Made by Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.



Are You Interested In
## Spring Furniture?
Drop In And See Our New Arrivals!

J. MARCUS, - 30 Dock Street.