

ANS.—That “it is an honor to the body; and improvement of manners; the sanctifier of the sex; the way of modesty; the source of chastity; the peace of families, and crown of friendship.”

QUES.—What says the blessed Giles on the subject?

ANS.—“O, chastity! how beautiful—how delightful art thou. Such is thy dignity and excellence that fools cannot comprehend it.”

QUES.—What does Casson say?

ANS.—“Of all the attacks we are subject to in life, the most dangerous are those against chastity. We are always obliged to be on our guard: let no one trust to his own strength.”

QUES.—What is the best way to avoid sins against virginity.

ANS.—To fly all dangerous occasions, bad company, &c., &c.

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*Purity ensures for those who practice it the special protection of Mary, the most holy mother of God.*

You are aware, my dearly beloved child, that Mary, the mother of the Saviour of the world, has been given