

II. Visas

Canadian nationals require a visa, which is normally valid for a maximum 90-day stay in Pakistan. To obtain a visa, business persons require a letter from their employer regarding the purpose and duration of their visit. Further details are available from:

The Pakistan High Commission
Burnside Building
151 Slater Street, Suite 608
Ottawa, ON K1P 5H3
Tel: (613) 238-7881
Fax: (613) 238-7296

Consulate General of Pakistan
3421 Peel Street
Montreal, QC H3A 1W7
Tel: (514) 845-2297
Fax: (514) 845-1354

Consulate General of Pakistan
4881 Yonge Street, Suite 810
Willowdale, ON M2N 5X3
Tel: (416) 250-1255
Fax: (416) 250-1321

III. Currency

Rupees and paisas are the currency of Pakistan. One Rupee = 100 paisa. The Pakistani rupee has been steadily depreciating over the last eight years. The following exchange rates were prevailing in November 1997:

Canadian dollar	=	RS 31.55
US dollar	=	RS 44.31
British pound	=	RS 75.01

There is no restriction on the amount of foreign currency or travellers cheques brought into Pakistan. Only Rs. 100 can be taken in or out of Pakistan, while a maximum of Rs. 500 can be changed back from rupees to foreign currency. Visitors should keep their foreign exchange encashment slips as they may need them when leaving. It is an offence to sell foreign currency in Pakistan except to authorized dealers.

US dollars are the most useful, whether in the form of cash or travellers cheques. English pounds are also generally accepted. Only foreign banks and selected branches of the National Bank of Pakistan and Habib Bank are permitted to deal in foreign exchange. Large hotels will change travellers cheques for guests. American Express has offices at Islamabad, Karachi, Lahore and Rawalpindi.