

is to be, a prayer ought to be inserted in the national liturgy that it may remain a game and not fall into professional hands : otherwise the result to the nation will be a race of muscular, alert, and nimble rogues.

This is the age of physical science, of physicism generally, of rehabilitation of the body, and extension of its powers. Christianity itself has become muscular. We have had "walk-ists," as well as jumpists, rowists, and swimmists, performing unparalleled feats, and now we have a starvist in the person of Dr. Tanner, who has already awakened emulation and been challenged by another starvist to fast fifty days for a large wager. We think we noticed the other day a card from a sleepist who was prepared to sleep against all comers ; the use of sermons, Fourth of July orations, and other narcotics being, of course, excluded on both sides. A notice which we read the other day in a bedroom at a hotel seems to imply the possibility of a burnist. "Guests are requested to put out their gas at midnight : if found burning after that hour, they will be charged extra." The ukase seemed severe. No doubt prudent and abstemious people generally put themselves out at midnight ; but if a guest likes to go on burning into the small hours, he surely is nobody's enemy but his own. The result of these heroic experiments on the capacity and endurance of the human frame will be watched with interest by those who in the meantime are taking as much exercise as they find good for them, and eating and drinking in moderation what they like till they find that it disagrees with them.