

which we have been accustomed to believe in, viz., that a gonorrhœa leaves behind a chronic inflammation in a portion of the urethra, which is indicated by the presence of a gleet discharge, and which causes a granular condition of the mucous membrane. More solid infiltration of the neighboring strictures takes place, the secreting power of the membrane is lost, and with the disappearance of the gleet a stricture is found to have been formed. To prevent stricture, therefore, it is said we must cure the diseased state of the urethral lining, not simply dilate the canal by mechanical means. Injections by the ordinary syringe and internal medication are alike condemned as inefficient, and the means recommended consist in the thorough douching of the urethra with astringent solutions by means of a soft catheter and a Higginson's rubber syringe.

The equally important subject of prevention of the evils arising from prostatic enlargement is also treated of very suggestively. The first practical point made is that continued pressure upon the gland can hinder its enlarging in that direction. Thus, persistent catheterism is recommended from the very commencement of signs of tendency in the prostate to increase in size. This, though it cannot arrest the enlargement of the organ, will often prevent it from unduly encroaching upon the urethral canal. For this purpose olivary bougies, with a spreading bulb, have been found to answer best. A number of general rules are also laid down for the guidance of patients beginning to be affected in this way; and the employment of ergot of rye is said to have proved of assistance in maintaining the tonicity of the musculature of the bladder. This little *brochure* will be read with interest by all practitioners, and will be found to contain much useful and highly practical instruction.

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