

OUR hearty thanks are returned to the public of Bridgetown and vicinity for the very gratifying and increasing patronage we are receiving, while wishing to all "The COMPLIMENTS of the SEASON."

Respectfully Yours,
I. M. OTTERSON

.... DARGIES' NEW CARPET DEPARTMENT

YOU NEED A NEW CARPET

The old one is worn and shabby and when the fall cleaning is done is the time to replace the old one with one of our New Carpets or Squares.

We have just opened a new department and can show you a fresh new stock of

Carpets, Squares, Rugs, Oil Cloths,
Linoleums, Also Portieres and Couch
Covers in up-to-date designs.

These goods have been marked
very low. Get our prices before
making your purchases.

CHAS. DARGIE & SON
ANNAPOLIS ROYAL

Harness! Harness!

We have just received a shipment of harnesses which for quality of material and workmanship surpass anything we ever carried before. If you are contemplating the purchase of any goods in this line it will pay you to see our stock before ordering elsewhere.

Bridgetown Foundry Co., Ltd.

CLASSIC SHOES

FOR

Ladies, Misses and Children

Ladies' Patent Kid, Gun Metal, Val. Calf, Box Calf and Vici Kid, in Blucher Bal and Button Shoes.

Misses' and Children's Patent Kid, Box Calf, etc., in button and laced Shoes. Child's Pat. Colt, ankle strap, in all sizes.

Men's Pat. Colt., Val. Calf, Box Calf, in Blucher Bal, and Congress.

Slippers for Men, Women and Children. Felt Lace Boots, all sizes.

E. S. PIGGOTT

Primrose Building, Bridgetown

IN THE MUNICIPAL COUNCIL

(Continued from page 1)

this information that the necessary blanks for admission are sent to the applicant.

The information contained in the statement whether it be false or true being the first step toward admission, and the necessity of having a true and complete statement, I would strongly urge that provision be made in said form, whereby parties filling in same must make oath before a Justice of Peace, as to the information contained there.

The usual medical certificates as required by law and the sworn statement would, I think, justify a departure from the further use of the warrant, having been dispensed with by an act of legislation re the admission of patients to the N. S. Hospital.

IMPROVEMENTS AND REPAIRS
The two landings and stairs at the entrance to the Hospital were replaced by new ones.

The old and unsightly picket fence facing the road and enclosing the so-called airing court has been removed, and the new one erected in its stead, is certainly a decided improvement, and in harmony with the general appearance of the Institution.

As usual various, though not extensive, repairs were necessary in the different departments.

The 150 feet of three inch hose purchased during the year, was indeed a timely and much needed addition to the very limited means which we previously had in fighting fire, should one have occurred.

In order that no inconvenience may result in the event of fire insofar as having the hose near at hand, a small building for that purpose has been erected near the hydrant.

The old range in the kitchen having outlived its usefulness, a new one now stands in its place and is very satisfactory in every respect.

OCCUPATION AND RECREATION
We cannot attach too much importance to occupation and recreation as an adjunct to the treatment and contentment of our patients. The former can be easily and generously supplied, but the latter is very limited for obvious reasons.

I must here refer to the necessity of a Recreation Hall. To enumerate fully the uses to which it may be put and the benefit which may arise from the same would be many, and in part as follows:—relaxation from discipline necessary in the Institution, a place sufficiently large where the patients and inmates of our County Institutions may comfortably assemble for religious services, Christmas festivities, entertainments and a place to break up the monotony and disagreeable feature of being confined to an Institution continually, more especially in the winter time when the weather does not permit going out.

ACKNOWLEDGEMENTS.

Papers: Monitor-Sentinel, Magazines and other reading matter—Mrs. F. Fitch, C. H. Strong and others.

Thankful recognition is due Dr. Jost, who so willingly conducts the religious services at the Hospital and who is ever ready to respond whenever his services are required.

We are indebted to Mrs. Jost, Mrs. DeWitt and others, who preside at the organ and take part in the singing at the meetings, and to any who may have contributed toward the welfare of our patients.

It is a most grateful privilege of the Superintendent to record his added sense of obligation to the proprietor of the Monitor-Sentinel, Mrs. Piper, for her cordial and helpful assistance in giving free use of the columns of that very creditable paper for anything that may pertain to the welfare of the inmates at our Institution.

I cannot but bear witness to the kindly interest shown toward the inmates of our Institutions by the Warden, W. G. Clarke, always a cheerful and liberal contributor towards anything pertaining toward their comfort and amusement, and last, but not least, ever ready with a word of encouragement to those in charge.

We had our usual Christmas festivities and the response from many friends in contributing toward the fund for that purpose, exceeded that of any previous year. And in anticipation of a Recreation Hall, a very creditable sum has been saved for that purpose.

May I be permitted to extend my most hearty thanks to all those who are in any way connected with the Institution, and for the very courteous and considerate manner in which you have dealt with me personally, and with the various matters relative to the Institution.

Your Obedient Servant,
A. F. HILTZ.

Ordered that Mr. Hiltz be heard in re the advisability of the construction of a Recreation Hall. Mr. Hiltz was then heard.

Upon reading the petition of H. S. Potter and upwards of twenty others

freeholders in the County of Annapolis in re new road beginning at a w l-low tree on the so-called Church Road and following a westerly direction through lands of Lindley V. Shaw, Mrs. Alice Potter and Mrs. Louisa Shaw to the Main Post Road leading from Annapolis to Clementsfort and it appearing that the necessary notices had been posted and the law had in all respects been complied with.

It was ordered that the said road be confirmed and become a public road in the County of Annapolis.

Ordered that the report of the Health Officer as read be received and adopted.

REPORT OF HEALTH OFFICER

Following is the report.

To W. G. Clarke, Esq.,

Warden of Municipality of Annapolis County.

Your Worship,

I beg to present the following report as Health Officer for 1909.

During the past year we have been very free of severe contagious diseases, there being no deaths reported from diphtheria, scarlet fever, small pox or typhoid, all of which indicates the good sanitary condition of our people and good water supply through out the Municipality. During the spring and summer we had several outbreaks of the modified form of small pox that has lurked about the province the past few years. Cases occurred at Milford, at or near Clementsfort and in Dalhousie. In all these places it was promptly dealt with and as little inconvenience as possible given to the business of the communities or families affected, and at the same time precaution taken to suppress any further spread of the malady. Very few of the cases proved severe and none of those affected that I am aware of, were left with any permanent markings from the disease.

From the Department of Vital Statistics I have been able to secure the actual number of deaths and cause of death, in each case, throughout the Municipality for twelve months, and I have arranged from these a few tables that may be of interest from the standpoint of public health of which the Municipal Council are to a certain point guardians.

Total number of deaths, in Municipality for twelve months.

1st quarter	58
2nd "	64
3rd "	55
4th "	63
Total	240

Arranging the deaths under the ten decades of life, we find them as follows:

Under 1 year of age	30
1 year to 10	11
10 years to 20	12
20 " " 30	17
30 " " 40	15
40 " " 50	11
50 " " 60	13
60 " " 70	30
70 " " 80	45
80 " " 90	34
90 " " 100	14
Still born	8
Total	240

Estimating the population of the Municipality at 18,000 and deducting the still born we have a death rate to the 1000 living of 12.7, a favorable showing compared with the death rate in other districts where statistics are available.

The ten most common causes of death with number dying of each are as follows.

Old age (senility)	41
Tuberculosis	33
Diseases of Heart	22
Pneumonia	16
Paralysis	14
Cancer	12
Apoplexy	10
Bronchitis	6
Accidental	6
Not stated	10

It will be seen that one person out of every seven that died during the year succumbed from Tuberculosis. This is about the average in most countries of a climate similar to ours.

Death from Tuberculosis arranged in decades:

1 to 10 years of age	2
10 " 20	8
20 " 30	11
30 " 40	6
40 " 50	3
Over 50	3
Total	33

From this table it will be seen that one-third of the total number of deaths from this disease occurred between the ages of 20 and 30 and by comparing these figures with those for this decade in the former table we find that 11 of the 17 deaths reported between ages of 20 and 30 were due to Tuberculosis.

So much is now written and said regarding the prevention of this disease, that carries off so many in young adult life, that it becomes a subject for our careful consideration, whether our people observe proper

care and take proper measures to destroy contagion that could do injury under certain conditions. My own opinion is that in most cases through out the County precautions are taken where cases are known and are confined to the house but the walking cases that expectorate promiscuously are no doubt a great source of danger. Something might be further done by the Council issuing a circular for general distribut on calling the attention of the public still further to the sources of contagion of this disease and its modes of entrance into the body and dealing with disinfection of sick rooms, the spitting habit, etc. A small grant for this purpose would no doubt do considerable good in further educating the public and would not necessitate any great expense.

Faithfully submitted,

M. E. ARMSTRONG

Health Officer.

(To be continued)

WHAT IS ITCH DIRT?

It is the old Anglo-Saxon name for Dandruff and it's a good one. If you have dandruff you have itchy dirt and the little microbes that are part and parcel of dandruff are working persistently night and day and sooner or later will reach the very life of your hair and destroy its vitality.

Then you'll be bald—Bald to stay—for not even the wonderful rejuvenating properties in Parisian Sage can grow hair after the hair bulb or root is dead. Parisian Sage cures Dandruff S. N. Wear, the druggist, sells it—recommends it and guarantees it: only 50 cents a large bottle and your money back if it fails to cure dandruff, falling hair and itching of the scalp.

TIPS ON SANDWICHES.

How to Make Them Appealing With Little Trouble.

The housewife who learns the art of making sandwiches is always well fortified against problems when serving an informal luncheon to guests. Close grained bread should be used, for coarse bread will crumble. And bread baked in round tins is preferable to that cut into slices and cut with a biscuit cutter, since the baked edges preserve the shape. Moist fillings should be laid between lettuce leaves, and by burying the bread the moisture cannot penetrate it, making it soggy. Melted butter can be used if it is not soft enough to spread. A salmon sandwich is a tempting article of food and should be half mixed with chopped boiled egg and very thin slices of olives and pickles. The wise hostess will make two different kind of sandwiches, some with the mixture moistened with vinegar or lemon juice, others without, for many persons cannot take acids. Practically all meat sandwiches are extremely rich, and strong condiments are noticeable in the filling, especially mustard and catchup. While white meat makes a delicate sandwich, yet the darker meats, mixed with mayonnaise and other relishes, are more appetizing in every way.

When hot sandwiches are served at a noonday luncheon at home the contents of the sandwiches are placed between the layers of bread and fried, or the bread is toasted and covered with a cooked meat filling, then covered with buttered toast and served hot. Peanuts mixed with mayonnaise and sliced egg make a good sandwich. They make a fruit sandwich which is well liked by those who are fond of fruit and bread. The filling consists of chopped dates, figs, lemon juice and ground nuts, lightly mixed with tart jelly. The bread is buttered for this. Candied fruits are often used, but often the sandwich is a bread cake, more of the angel food cake variety, filled with fruits and moistened with cherry juice or the liquor from preserved pineapple or peaches.

Magnet vs. Dreadnought.

Naval Constructor Hollman, of the German navy, has taken out a patent for a device to destroy battleships of the Dreadnought class. Compared with this newest engine of war the Zeppelin dirigible airship, which aims, among other things, to drop explosives on an enemy's ships and towns, seems harmless. Hollman's device is an enormous dynamo-magnet capable of being charged up to 20,000 volts. With such a magnet, he says, he can attract by a magnetic power any battleship within a radius of seven miles. He believes that a magnet can be made powerful enough to attract a whole fleet of warships, and draw them into shallow water, where they will run aground and be at the mercy of heavy artillery ashore. Hollman declares most seriously that the amount of metal in the battleships of to-day will only intensify the force of his magnets. Anchors and the ships' engines will be powerless, he says, against the magnet's attractive force. The magnet, or a battery of them, should be established, according to the ideas of Naval Constructor Hollman, at the mouth of a river or in some favorable submerged position along the coast where the enemy could not readily detect it. The rest is easy. Along comes a hostile fleet to blockade a port or bombard a town or even steam up the river. The moment the ships get within magnet-range the operator in charge of the station turns on the power and the ships are drawn to the shore, to be captured or demolished. There are dynamo-magnets in several of the German shipyards capable of lifting a dead weight of 50,000 pounds. The Hollman magnet is designed to lift a battleship.

MINARD'S LINIMENT CURES
DIPHTHERIA.

SOME OF OUR SPECIALTIES

LETTER HEADS

BILL HEADS

ENVELOPES

Good stock. Neat Work-
manship. Reasonable
prices.

Social Stationery

WED'G. INVITATIONS

SOCIAL NOTE

VISITING CARDS

"AT HOME" CARDS

Especial attention given
to stock and workmanship.
Finest script—Imperial or
Tiffany.

BUY YOUR
BUTTER WRAPPERS
AT HOME

We can give them to you
in any size, printed or un-
printed.

GET OUR PRICES

Don't send away for
your COUNTER PADS.
We can do them for you
at home as well and as
cheaply as you can get
them anywhere.

MONITOR OFFICE