trate when every few minutes the air

concentration fled. I didn't know

one-tenth as loud as the target prac-

which I can almost but not quit

The sub-conscious mind and its :

curse with the outer world is really

a fascinating subject, isn't it? Please

what it was and I never found ou

## ments.

ompass, complete

fitted with Bar-

Kelvin's Sounding aths, Fair Leads

Lifeboat Lights,

noculars, Parallel brass and wood

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or at any port on ram, obtain any inshortest notice.

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value in the market or the consumer. Label. 40c. per lb. Label. 46c. per lb. 4, ½ and 1 lb. double ight bags, and in 5 patent air-tight de-

oton, Limited, Growf the Finest Tea the d can produce in on and India. Lips have been awarded the pure quality of Tea the following

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# The Physchology of Noises.

MAKACAKAKAKAKAKAKAKAKAKAKA

AN ADAMAN WANDANA WANDANA BY BUTH CAMERON.



A masculine wondering just when that blind is gocontemporary of ing to slam again. I'm sure that mine has expres-, the universal appeal of the story of sed the editorial the nervous man who waited all night wish that some- for the occupant of the room overhead t h e psychology from such irregular noises as slamming blinds or rattling doors. A noise which I do not understand

entration or even arouse a man stiffing with some familiar odor with-

out disturbing her.

It is rather surprising with is peculiarly irritating to me. On logical been Naturally it was difficult to concen

rary phychologists have enlightened Nevertheless I eventually became sufon this interesting subject.

Everyone has noticed the irritating practically ignore it. Then one s listurbing quality of some noises, and noon a peculiar muffled roar knocked he comparatively inoffensive charact- at the side doors of my brain, and

s cessation is more ant to attract attention. I believe I have already told the story in these columns of the tice at the fort. Similarly, I can enlabellouse keeper in whose hed room dure a most atrocious hurdy-gurdy so hell connected with the light sound- long as it does not play some tun e answered that the only thing which would disturb him would be to have odor which she cannot place has the that bell stop sounding. That would same disturbing effect. No matter wake him from the soundest sleep. On the other hand, an unaccustom- of an unaccustomed or indefinable d noise, no matter how light, will odor will at once call her mind from ften pierce the thickest armor of con- her task. Whereas the air might be

Noises which occur at regular interals are easier to endure, I think, than a noise that keeps one guessing with its irregularity.

e of a door is trying even to com- allow its fascination to be an amateur paratively steady nerves. One gets to psychologist's apology for daring istening and waiting for it. If it appens at night, the period of precious silence during which one might

## **Household Notes**

he whites in a dessert, such as apple

striking the bottom of the jar, which spoonful of salt, an eight of teaspoonis often broken in this way, and will also absorb the rainwater from a wet

Washing soda will prevent re- is wasted when the fruit is pared for he drain free.

If in separating the yoke of the egg om the white you should spill a title of the yoke into the dish cf small enough to allow the spools to whites; use the egg shell to pick it ip with instead of a spoon. The yoke vill stick to the shell.

A bathing cap may be kept in good endition for another year by sprinking it thickly inside and out with cilet powder before putting it away. It will prevent it sticking together and down the handle of the brush. To pre-

Using a warm iron when cutting ball, make a hole through the middle it clothing will do away with pins of this and push the bandle of the nd weights on tissue paper patterns. ay the pattern on the material and

oiling water for five minutes. Pour vater off and lay potatoes on boards ne layer deep in a dry place. To toughen glassware or lamp chim immerse the glassware in cold een added. Boil well, then cool slow-The glass will resist a sudden

## An Operation For Appendicities

Was Ordered by His Doctor, But Complete Care Was Effected by Dr. Chase's Kidney-Liver Pills. Almost anyone who has suffered

Appendicitis can almost invariably be prevented, and very frequently cured, by the use of Dr. Chase's Kidney. Liver Pills. In the case described in this letter the doctors had ordered an operation, but a thorough cure was brought about by this great medicine.

Mrs. J. A. Ballantyne, Sturgeon It is impossible to please the kicker Falls. Ont., writes: "My husband was treated for appendicitis, and the doctors ordered an operation. But he would not consent to an operation and began the use of Dr. Chase's Kidney. would not consent to an operation and began the use of Dr. Chase's Kidney-Liver Pills. Since doing so he has had no need of an operation, or even of a doctor, as the trouble has completely left him. I cannot find words to speak our gratitude for his cure."

Dr. Chase's Kidney-Liver Pils, one plil a dose, 25 cents a box, all dealers, or Edmanson, Bates & Co., Limit and Toronto.

kind always wants a soapstone in his bed, on cold nights, and if he burns his feet on it he will declare it was slipped in between the sheets when he wasn't looking.

It is an established historical fact that william Cullen Bryant wrote "the melancholy days have come" im-

When making a mayonnaise in bastings are essential do not draw the which only the yolks of eggs are used, thread tight. Clip each stitch with he conomical housekeeper will use scissors before pulling out the base

The measures for the ordinar French dressing are: Three table stand will keep the umbrellas from spoonfuls of vinegar, a fourth of a teaspoonfuls of oil, one and a half table

rigerator drains from being clogged. apple sauce. Core the fruit and then cut into quarters. Cook until tender the refrigerator. It will sweeten and press through a collander. The he air of the refrigerator and keep skin will give to the sauce a bit of celer and add to its flavour. A very fine spool holder is made with a brass curtain rod. Select one

Some of the best part of the apple

slip over it easily. Place on the rod as many spools as it will hold, faster with small brackets which come with position on the sewing room wall. When painting the ceiling or any high place, the paint is apt to run vent this, cut in half a large rubber

brush through it. leaving the cup side toward the brush, shoving the ball up as near the brush as it will

## The kicker.

As a rule, man's a fool; When it's hot he wants it cool, When it's cool he wants it hot, Always wanting what is not.

The kicker is a wouldn't be satunless he could St. John's. regulate the cli-

never kick except at epochai periods, like house-c l e a n ing time, while

others start before breakfast, and kick on everything from the texture of the pancakes to

Just in by Express to-day

10 cases choice Red and Blue GRAPES.

Just right for Jellie.



eavespout with a whisk broom. how busy she is the slightest whiff our preachers can't get out of the Old Testament once a year. If the sermon introduces an original thought or two

he will sigh for the old-fashioned

preaching which you could follow

without a guide book or a set of Em-The kicker is at his best during the kick in long, sustained high notes about the warm weather, and every change in temperature causes him to let go of a sour cackle. During the cold weather, he is prepared to show that the heavy winter of 1857 was a

The kicker teaches us that some people are never truly happy until they

#### Lavative for Old People-- 'Cascarets.'

Salts, Calomel and Pills act on Liver and Bowels like pepper acts Nostrils-Danger!

Get a 10-cent box now.

Most old people must give to th bowels some regular help, else the suffer from constipation. The condition is perfectly natural. It is just as natural as it is for old people to walk slowly For age is never so active as youth. The muscles are less elastic. And the bowels are muscles. So all old people need Cascarets. One might as well refuse to aid weak gentle aid to weak bowels. The bow-

pertant at all ages, but never so much Age is not a time for harsh physics. Youth may accasionally whip the bowels into activity. But a lash can't be used every day. What the powels of the old need is a gentle and stantly used without harm. The only such tonic is Cascarets, and they cest only 10 cents per box at any drug store. They work while yo

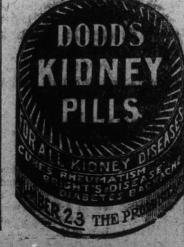
la must be kept active. This is im-

#### Indian Island Notes.

Mr. G. Moores, A.A.A., has taken charge of Perry's Island School. We eaching.

The codfishery is practically over for the season, and on the whole the catch will be an average one. Messrs. Earle, Sons & Co.'s fish collector, which has a 50 h.p. engine o is here to-day taking fish. Three other schooners have loaded during isfied in Heaven, the week and are now on their way

Mrs. Downer, wife of Thomas mate and lead the Downer, is at present very ill. Small hope is entertained for her recovery friends are anxiously awaiting D MacLean's decision.



# "Molassine" Meal

is as useful in Summer as in Winter.

"MOLASSINE" MEAL helps all animals to get greater nourishment out of their other foods and digest them.

Worms cannot exist in animals fed on "MOLASSINE" MEAL. It is therefore a necessity during the grazing season.

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