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T. J. EDENS, Duckworth St. and Military Road.



The Evening Chit-Chat

By RUTH CAMERON



Why do men, as a rule, have clearer and better skins than women?

I have often heard that question propounded, but up to yesterday I never heard a satisfactory answer except the whimsical comments on the cruelty of the fate that arranged matters that way.

Yesterday it was asked in the presence of a doctor man, who startled us by answering:

"Probably because they shave."

"What has that got to do with it?" we retorted.

"Just that a man who shaves keeps his skin in good condition by giving it a thorough massage everyday with a very fine soap and a brush."

"But why couldn't women do that?"

"I suppose they could if they wanted to."

"And would it really improve their skins?"

"It most certainly would. If any woman, who has a rough or pimply or sallow skin, would get a brush and a stick of shaving soap or any other soap as pure, and would cleanse and massage her face every morning just as thoroughly as her brother does when he shaves, I'll guarantee she would have an infinitely better skin in a short time."

I am not by any means a health and beauty expert.

I don't pretend to be able to teach my readers how to be beautiful though homely, but every once in a while I get a letter from "Edyth" or

"Violet" or "Amaryllis" or "Pale-cheeks" on this most important of subjects.

And the most common question is a request for a receipt for a skin lotion that will make a homely, sallow skin clear and attractive.

Of course I can't give that.

If I could, I should have a fortune ready made to my hand.

No one can give that receipt no matter what alluring advertisers, who know the feminine public's longing to be fooled on this question, may say.

But if any girl really wants an attractive skin enough to work for it, why not try my doctor friend's prescription for a few months?

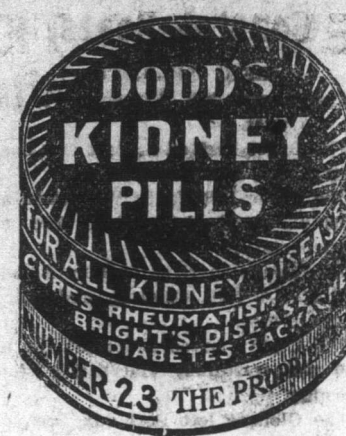
And while I am about here are one or two more beauty hints.

The red corpuscles in the blood are increased by sleep more than by anything else. In other words the best way to improve your color is to get an extra hour or two of sleep every night. Be sure that you have plenty of fresh air in your chamber—your sleep needs oxygen to help it in this process—and every moment that you put in this way will add to your red corpuscles.

Above all things, remember that the best way to improve the skin is to improve the general health—especially the condition of the bowels and kidneys, which in their functions are closely related to the skin.

Drinking plenty of water and keeping the bowels in good order will do infinitely more to give you a clear skin than the most exquisite and expensive skin lotion that was ever invented to coax the dollars out of feminine handbags.

Red Cameron



Making a Famous Dictionary.

Store of 5,000,000 Quotations.

Many extraordinary facts relating to the preparation of the great and still unfinished Oxford English Dictionary were stated by its editor, Sir James Murray, in a lecture at the London Institution recently.

In 1877, Sir James said, he had the offer from an English and American firm of publishers to edit the dictionary, and forthwith materials for it began to pour in upon him from all quarters of the British Isles and beyond the seas.

Quotations to illustrate meanings of words numbering millions and weighing tons were sent to him. Much of the accumulated material of twenty-five years' collecting had been sent by the numerous voluntary sub-editors to the late Dr. Furnivall's house, where they were stored in hamper and sacks.

To discover further materials he himself had to make journeys to distant country houses and parsonages, where he found in some cases that the original collectors had died and that their unsympathetic successors had relegated bundles of precious quotations to the stables.

Then he was confronted by the problem where he could place the weight in tons of the three million quotations he had collected. If stored in his house at Mill Hill they would have filled it from top to bottom. The notion of leasing an adjoining cottage or them had to be abandoned for fear of fire. Eventually he had an iron room erected in his garden.

STORES FOR POSTERITY.

In the Scriptorium at Oxford were pigeon-holes, each of which held 6,000 quotations, and the total collection numbered five million. If postscript could want a dictionary of 100 volumes the material were ready in that iron storehouse.

If the five million quotations were laid end to end they would stretch 550 miles—from London to Scotland—and he writing if extended would reach from England to the Great Wall of China. If a man started reading these quotations, one quotation a minute during an eight hour day, he would take thirty years to finish them.

A lexicographer who desired to be accurate, the lecturer observed, and to be a universal inquirer. He illustrated the nature of these investigations and verifications by some typical examples. To the Director of Kew Gardens he had to write for the best cord of an exotic plant; to a Jesuit father on a point of divinity; to a Newcastle boat builder regarding the keels on the Tyne; to the India office about a word mentioned in a letter of the year 1620; to Yarmouth for a full description of a bloater; to Lord Tenison about the meaning which he attached to the word "balm-cricket," which he used in his lines:

"The balm-cricket carols clear
In the green that folds thy grave."

From every standpoint. A few of the titles are comprised in the following chapters: "The Proper Way to Walk," "Tips for Walkers," "The Opinions of Prominent Men on the Benefits of Walking," and "Walking for School-girls." Specimen walks in the vicinity of New York, selected from the official schedule of the Fresh Air Club of New York, forms an interesting chapter for pedestrians in the vicinity of the metropolis. A sketch of the origin and aims of the Fresh Air Club, which was founded by the late William B. Curtis in 1878 is also given.

The articles of direct interest to the competitor in a walking contest are embraced in chapters on "How to Train for a Contest," "Judges of Walking," "Sam Liebold's Career," "Sam Austin's Views on Walking," and "Official Rules for Walking." A complete list of walking and running records is also appended.

To every follower of long distance walking the careers of Edward Payson Weston, Dan O'Leary and John Emms are familiar, and a book on walking would be incomplete without some mention of their achievements. The illustrations are numerous and good, and includes pictures of prominent walkers, amateur and professional. "Walking" will be sent to any address in the United States or Canada upon receipt of 10 cents by the publishers, the American Sports Publishing Co., 21 Warren Street, New York City.

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Our Furs suggest unusual value, and everyone has the merit of dependable quality combined with reasonable prices.

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The Leather, the Styles and the Shoemaking will all speak for themselves in Men's, Women's, Boys and Misses Boots.

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This line of Footwear for Women is made at our New Factory, Alexander Street, and it can compare with any imported Boot at \$2.50.

In Vici Kid, Box Calf & Glove, latest style lasts & heels.

Price: \$1.80.

PARKER & MONROE, THE SHOE MEN.

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What has been done for others can be done for you. If you have any kind of **TOOTH TROUBLE** skilful dentistry will replace your suffering with comfort. You can have

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All other Dental work and operations at correspondingly reasonable prices.

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176 Water St., St. John's. Dentist.
(Opposite Mark Chaplin's Tailor Shop.)

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The New Roofing THAT WILL NEVER need Painting.

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Please See Our Prices and Terms.

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Much sickness starts with weak stomach, and consequent poor, impoverished blood. Nervous and pale-people lack good, rich, red blood. Their stomachs need invigorating for, after all, a man can be no stronger than his stomach.

A remedy that makes the stomach strong and the liver active, makes rich red blood and overcomes and drives out disease-producing bacteria and cures a whole multitude of diseases.

Get rid of your Stomach Weakness and Liver Laziness by taking a course of Dr. Pierce's Golden Medical Discovery—the Great Stomach Restorative, Liver Invigorator and Blood Cleanser.

You can't afford to accept any medicine of unknown composition as a substitute for "Golden Medical Discovery," which is a medicine of known composition, having a complete list of ingredients in plain English on its bottle-wrapper, same being attested as correct under oath.

Dr. Pierce's Pleasant Pellets regulate and invigorate Stomach, Liver and Bowels.

Household Notes.

Paint wooden pails and tubs with glycerine to prevent shrinking.

Rub mirrors with methylated spirits and polish with a touch of blue powder.

One tablespoonful of ammonia to a quart of water will clean gold or silver jewelry.

An old-fashioned Shetland shawl should be washed in bran and warm water; no soap.

Place all cakes to cool on a wire sieve and never put them away in this till perfectly cool.

Slices of lemon topped with grated horseradish makes a tasty and pleasing garnish for veal served in any form.

Ordinary wall papers may be cleaned with dough, or rubbed with a soft, clean flannel dipped in fine oatmeal.

Candles used for lighting the dinner table will not drip if placed on ice for two or three hours, just before serving the meal.

To prevent old potatoes from discoloring, put one or two tablespoonfuls of sweet milk into the water in which they are boiled.

Tomatoes cannot be cooked in a hurry. If you cannot give them at least an hour, preferably two, do without them for that time.

Do not throw your worn-out hot-water bag away, but cut it in round or oval pieces, and use them as mats to put under flower pots.

Coffee stain, even with cream in it, can be removed from the most delicate silk or woolen fabrics by brushing the spots with pure glycerine.

If when drying curtains they are hung double over the line they will not stretch at all, as is so often the case when hung up by the edge.

For dusting women's heavily-trimmed hats the best brush is a cheap shaving brush, as it is both stiff and small enough to reach every crevice.

Sew matting with raffia and prevent unsightly stitches of thread. Raffia is very strong, and may be bought to match almost any kind of matting.

A simple way of repairing a rent in an umbrella is to use a piece of ordinary adhesive plaster. If the plaster is not black it may be easily colored.

Fill a bottle with hot water, place the splinter over the mouth, press tightly; the suction will loosen it, and it will be an easy matter to remove it.

When next creaming carrots add half a teaspoonful of onion juice and a dash of grated nutmeg to the white sauce. Add the boiled, diced carrots and serve.

Walking.

"Walking for Health" and "Recreation" is the title of the most recent issue of the Spalding Athletic Library series. It will be welcomed not only by those who walk for pleasure, but the competitor in that branch of athletics, as the subject is treated

Ayer's Hair Vigor
Youth

Job Printing Executed.