

HEADACHES

the Blood is Impure.

In blood are much headaches than full- and the form of its growing girls is accompanied by head- disturbance of

have constant or es and pallor of low that the blood flows should be diluting your atment with Dr. ills will do this he rich red blood is will remove the

es to the health r blood than most ea of. When your shed, the nerves of -nourishment, troubled with in- , neuralgia or subject to strain and you may neumatism or lumb- is thin and you ptoms of any of y building up the Williams' Pink Pills, s restored to its every symptom of appear. There are owe their present h to Dr. Williams' any other medi- them do not best-

r. Williams' Pink dealer in medicine ents a box of six rom the Dr. Will- , Brockville, Ont.

OF SIDNEY en has purchase let car.

s well represented nic held at Plain- y of last week. James Foster, of r at the home of Mrs. John Wilson, ell has carpenters ing his barn.

ank Howes visited roof on Sunday. Bowers went un- on the throat apital one day last the little boy all-

Charlie Massey have after a six weeks' North West. ough has recently car.

tertained friends at Sunday.

WAY was held at this nday last owing to in Foxboro.

well of Foxboro, is rs with her cousin.

licity took in the Plainfield on Wed-

ine, of Frankford, urname and children e guests at the ivery on Wednes-

er is entertaining

Belleville, is help- with his harvest.

Morgan of Belle- stand under the par-

pent a day last at Thomasburg.

ended the ball play Friday evening.

id spent a day last ight, Mrs. S. Kei-

vicinity attended Oak Lake on Sun-

nd is still confin- result of a fall go.

r and family from ed in the Baptist

Benefited Thous- and near as a treatment of In-

arrangements of and kidneys, Par- Pills have brought eds, when other- ed. Innumerable s produced to es- of this assertion. ll be found sup- pills in the treat- ts for which they

THOROUGHNESS Albert College For Boys and Girls. Thoroughness is the foundation of success - and is the principle that dominates every course taught at ALBERT COLLEGE BELLEVILLE, ONT.

Sunlight For All Convicts

Sun Shines in Every Cell in Illinois Prison

JOLIET, Ill., Aug. 2.—Sunlight for every cell and individual washbowl with hot and cold water are conveniences to be found within the new cylindrical state prison at Statesville, Ill.

The prison house, the first of its kind in the world gives one the impression upon entrance of being in an aviary. Every cell has been provided with 90 minutes of sunlight, coming through a skylight. This universal distribution of sunlight accomplished by a slight curve in the skylight was figured by Forest Ray Moulton, professor of astronomy at the University of Chicago.

A cafeteria system, another new idea for prison life, has been installed. Most of the canteens are supplied from the 2,300 acre honor farm upon which the prison is located.

The 248 cells which are all alike are built of concrete with cork insulation in the walls. The doors of the cell are doubly locked. They can be automatically locked by a hydraulic oil control and then the guard comes around and locks each cell separately. They can be opened individually.

In the center of the prison is a tower from where the guards can watch the movements of all prisoners. At night the outside of the prison is lighted up with electric lights by which the guard in the center of the round prison house can see everything that is going on in front of the windows.

The prison is surrounded with a circular concrete wall 3 1/2 feet high, 14 inches thick at the top and 24 inches thick at the bottom. The New York state building commission has adopted this idea and expects to enclose Sing Sing with a similar wall.

A number from our vicinity attended the County Farmer's picnic held at Plainfield on Wednesday last. Mr. and Mrs. Harry McCreary, of Latta, visited at Mr. J. D. Blue's on Sunday.

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BIG ISLAND Mesars. W. E. Thompson, Roy Peck and Lee Williams went back in Hastings County in search of huckleberries last week.

CLAYTON WARD and son of Northport are busy this week working at Mr. F. Goreline's barn. Master Austin Sprague spent a recent Sunday with Hardon Hallatt.

Mr. and Mrs. J. E. Sprague and family, Mr. and Mrs. Roy Peck and Mr. and Mrs. Wm. Peck spent Sunday evening at C. C. Peck's.

Mr. and Mrs. R. Garrett were calling in this vicinity on Thursday and spent the dinner hour with Mr. and Mrs. S. Cole.

Mr. Osborne and three little children are spending their holidays with her aunt, Miss Eliza Cole.

Mr. and Mrs. Bell, of Belleville, spent the week-end at Quinte Point. A large number from the Island attended the community chautauqua at Picton last week.

Mr. J. M. Kerr went up to Toronto on Saturday. Berry picking is the order of the day.

LANDED GOOD SIZED FISH. Master Dana Weeks, 12 year old son of S. A. Weeks, a former Prince Edward boy, who is visiting relatives in Coneseon, succeeded in landing a 7-lb. maskinonge, measuring 2 feet 8 inches in length, while fishing off shore in Coneseon creek.

Mr. Ottaway of Wood, who is a decorator, as can be seen by the many Bancroft jobs that he has done for public, has come to the conclusion to sell out the whole of their stock, milk cows, calves, all well graded, sheep which are of a good Cotswold strain, and will likely move from their farm into the village in the near future.

over the village of Madoc. All expressed the sensation of flying through space as truly delightful and would like to repeat the flight.

PETERBORO'S THIRST LESS. During the month of July Peterboro consumed 170,000 less gallons of water a day than in the corresponding month last year.

Major-General Williams has tendered his resignation as president and chairman of the Toronto veterans' council and his seat on the finance committee because of rows over a tag day fund.

John Gentile's greenhouse at Picton, has produced a fine lot of choice tomatoes. In addition to supplying the Picton demand, he has shipped more than a hundred baskets to Toronto.

Sir Henry Drayton has accepted an invitation to the Prince Edward board of trade to address the members and their guests at Picton some evening this fall.

The St. Lawrence River Angler's Association will hold its annual meeting in the parlors of the Thousand Islands House, Alexandria Bay, on Aug. 14th.

While working in a hay field, Mr. A. Yack, of the 9th line of Bathurst, met with a painful accident which lay him up for some time in a busy season.

John Morris, agent of the Imperial Oil Company at Kingston, although not a Prince Edward Old Boy, spent some happy years in the vicinity of Bloomfield, and has always retained a love for the old country.

A young son of Mr. Archie Scott, Harcourt, near Bancroft, had the misfortune of having a leg broken on Friday evening last, when his foot became caught in a mower wheel.

They have completed approximately four miles of macadamized surface.

The Gananoque manufacturers met the executive committee of the local union, Gananoque Lodge, No. 4, of the Amalgamated Association of Iron Steel and Tin Workers of North America on Friday last in the office of the Ontario Steel Products Co., Ltd.

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from a Canadian port went down with all hands save one.

Mrs. Goodman is the only woman in the world, it is said, engaged in deep sea salvaging. She organized the company that raised the copper cargo of the steamer Pewabic, sunk on Thunder Bay, near Alpena, before the Civil War.

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Is Seeking Sunken Treasures. But It Is Not Gold or Silver, But Just Logs - Cargo Went to Bottom in 1859. Detroit, Aug. 4.—Sunken treasure in Lake Erie is the goal of Mrs. Margaret C. Goodman, New York, formerly of Detroit.