

second afterwards you are floating on the calm unruffled bosom of the river below."

But though this trip is full of pleasant excitement, it is practically attended with no danger. An experienced Indian pilot who knows each rock and almost every wave, has guided the steamers which make the "shoot" for years, and no accident of any consequence has ever happened, nor has a single life been lost in this beautiful but dangerous spot.

And we have passed the terrible Lachine,
Have felt a fearless tremor through the soul
As the huge waves upreared their crests of green,
Holding our feathery bark in their control
As a strong eagle holds an oriole.

The village of Lachine is nine miles from Montreal, and may be reached by taking a train at about seven a.m., which connects with the steamer returning through the rapids. La Chine derived its name from the first settlers, who, when they reached this point, thought they had discovered the passage which would lead them to China.

To and from Ottawa.

It will probably be found the better plan to make a detour to Ottawa from Montreal, returning to the latter city before going west. The capital of the Dominion of Canada—it was originally called Bytown—though charmingly situated, and a point of interest not to be overlooked by the tourist, is not by any means one of the leading commercial cities, nor is it the most convenient seat of government. But it was found so undesirable to conduct the affairs of the colony in Montreal, Quebec and Toronto, in rotation, and so much jealousy was stirred up by the proposal to permanently locate the parliament in either of these cities, that Ottawa was selected as a compromise, much as Washington was selected as the capital of the United States. The beautiful government buildings consequently erected at Ottawa do credit both to the architect who designed them and to the public spirit which rendered them possible. Their position is unique; they occupy three sides of a square, on a bluff of ground called Barrack Hill, overlooking the river. The two legislative halls—the Senate and the House of Com-

mons—are of the same size as the English Lords and Commons Houses, and are constructed on the same models. Parliament buildings, which are built in the Italian Gothic style, at a cost of \$3,000,000, are surrounded by very handsome grounds. Visitors to Ottawa are shown the scene of Hon. D'Arcy McGee's assassination near the legislative buildings. Also in close proximity is the Rideau Canal—connecting the Ottawa River with the St. Lawrence—excavated at the base of a ravine 150 feet below the roadway.

Rideau Hall, the residence of the Governor-General, is not by any means imposing, nor does it seem commensurate with the dignity of Her Majesty's representative. During the sitting of Parliament, however, it is the scene of much gaiety.

The Chaudière Falls, a nice drive from Ottawa, are considered by many to rank next in importance, beauty and grandeur to Niagara. Certainly no person ought to leave the city before paying them a visit. The width of the greater fall is two hundred feet, its depth forty—the boiling, seething, foaming character of the water giving name to the place. On the northern side is Little Chaudière, and here the waters, after their leap, seems to go into some subterranean passage, by which they are carried off until they appear again at a place called "The Kettles," half a mile lower down.

The White Mountains.

This range of hills is one of the great summer resorts of Americans, and is year by year becoming a greater attraction to Canadian travellers. Situated in New Hampshire, twenty years ago they were accessible only by long and tedious stage journeys; now the Grand Trunk Railway penetrates their very centre, and brings them within a few hours of Montreal. The consequence is that many beautiful and attractive places, formerly known only to the hunter and the fisherman or the hardy explorer, are now within reach of the traveller, who can visit them in comfort and at small cost. The scenery from and amongst the two hundred peaks which form this celebrated group will compare favourably