

Q. When in particular ought we to pay this worship ?

A. 1. When we enter the church or chapel where the Holy Eucharist reposes. 2. When we hear Mass. 3. When we go to communion. 4. At Benediction, and whenever the Sacred Host is exposed.

Q. Why ought we frequently to visit the Holy Eucharist ?

A. Because gratitude and our own interests require it.

Q. How does gratitude require it ?

A. Because Jesus Christ is our High Priest, Father, Brother, Spouse, King, Mediator and Saviour, in fact, the Source of all good.

Q. How does our own interest require it ?

A. Because He says, "Come to me all you that labour and are heavy laden, and I will refresh you;" and, at every pious visit we receive some consolation or recompense.

Q. Why is the Blessed Sacrament reserved in the tabernacle ?

A. 1. To be ready for the sick in danger of death. 2. For the consolation and recompense of those who devoutly visit it. 3. And for the perpetual adoration of Him who is there present.