

Vomit and violence mar bus trip

LENNOXVILLE (CUP)— Students vomited so much on a recent Bishop's University carnival bus trip that the seats had to be ripped apart for proper cleaning.

The 28 students on the bus trip to Newport, Rhode Island caused \$1600 worth of damage to their bus. Apparently, they completely demolished seats and spit on and verbally abused the driver.

Bishop's student council and the bus company claim that the

bus driver was "pushed around" and physically tossed into his seat on one occasion. They said people from the men's and women's buses vomited everywhere, including on an unsuspecting border guard.

Tom Golber has organized the trip for three years but did not accompany the revellers this year. "I ran the bus trip for three years and the first time no one is there to supervise the trip they all went bonzo."

cntd. from page 1

"We are aware of the potential stressful experience that going to university can be. Through Health services, the Chaplaincy office, the Counselling centre and the Student Union, the administration, the staff, and the students have provided a number of bases for students in stress to contact."

"People should be coming to us before they are incapacitated," says Hayashi.

"They have to realize the symptoms and prevent their stress from snowballing and becoming destructive."

She suggests students give themselves credit for the accomplishments they have made rather than dwelling on the negative. And she encouraged them to talk to other students.

"Students don't talk to each other enough," she says. "They think they are all alone, but it is very likely that most of the people in their class are also suffering."

A number of people, however, see stress as a positive thing.

"There is such a thing as an optimal level of stress," says Hayashi, "this keeps students motivated and focused on their work and can often be very constructive."

Professor Brown agrees.

"Students are going to have to face stress in the real world," he says, "so they better learn to cope with it now. Professors should be giving hard exams from the very beginning. Then if students find they are in over their heads they can right away start to work on learning proper study skills so they won't get themselves in such a mess."

Positive phenomenon or not, Kim, along with many other students has resigned herself to somehow surviving the stress of the next three weeks.

"Oh well," she says. "They tell me suffering builds character."

Take a Break From Studying



With A Book From Dalhousie Bookstore

P.S. — P.B. Waite's THE MAN FROM HALIFAX
NOW IN STOCK

**"Let's meet
for lunch
at **D.J.'s**
there's just so much
to choose from."**

The Cafe on the 2nd Floor

Featuring daily soups and salads, along with hearty sandwiches, tempting specials and fabulous desserts.

**Monday through Saturday 8:00 to 5:00
Thursday & Friday until 9:00**

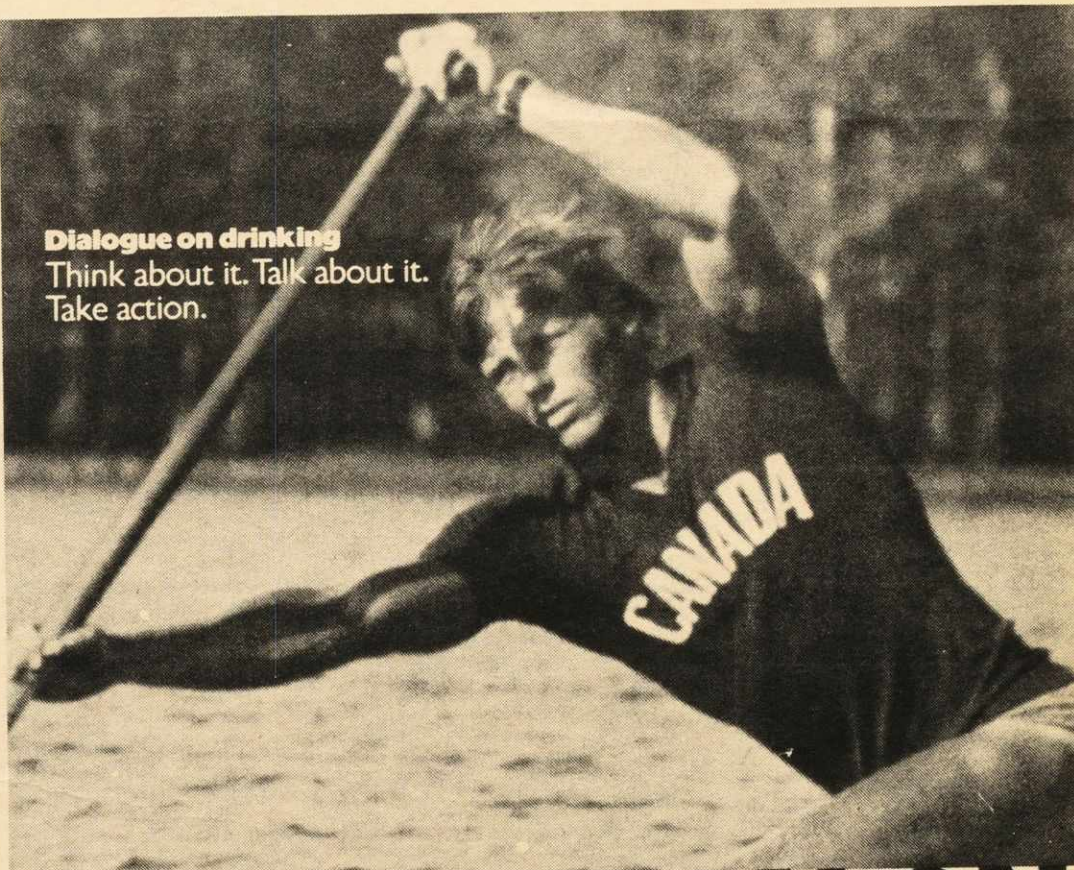
The Backroom Restaurant, 2nd Floor

Your choice of buffet luncheon with a wonderful selection of hot & cold entrees for \$5.95. The chef changes the menu daily, so plan to come more than once a week. As well . . . an 'a la carte' menu with full table service at very reasonable prices — licensed.

**Monday through Saturday 11:30 to 3:00
Thursday & Friday until 10:00
Sunday Brunch 11:30 to 3:00**



**Tannery Shop & Restaurants
5472 Spring Garden Road, Halifax**



Dialogue on drinking
Think about it. Talk about it.
Take action.

TAKE ACTION ON OVER- DRINKING.

*"I like the taste of a cold beer on a hot day,
but I certainly don't think you have to get the gang
together with a couple of cases of beer just to celebrate
the fact you've had
a bit of exercise."*

JOHN WOOD
OLYMPIC SILVER MEDALLIST

Canada



Health
and Welfare
Canada

Sante et
Bien-être social
Canada