

Have You Suspected Your Kidneys as the Cause of Your Trouble

If you have backache, swelling of the feet and ankles, frequent or suppressed urine, painful sensation when urinating, specks floating before the eyes, great thirst, brick-dust deposit in the urine, or anything wrong with the urinary organs, then your kidneys are affected.

It is really not difficult to cure kidney trouble in its first stages. All you have to do is give DOAN'S KIDNEY PILLS a trial.

They are the most effective remedy to be had for all kidney and urinary troubles.

Mrs. Alfred LeBlanc, Black Cape, Que., writes:—I feel it my duty to say a word about your Doan's Kidney Pills. I suffered dreadful pain across my back so bad I could not stoop or bend. After having used two boxes I feel now most completely cured thanks to your pills. I highly recommend Doan's Kidney Pills.

Price 50 cents per box or 3 boxes for \$1.25, at all dealers, or sent direct on receipt of price by The Doan Kidney Pill Co., Toronto, Ont.

Send \$4.75



Receive by mail post-paid this beautiful jumper suit. The material is fine French lustre. The shades are black, cream, light and dark brown, dark green, grey and navy. The style is the latest tucked jumper and pleated skirt. It is a strikingly handsome and stylish suit, finely made and nicely finished, and you will be proud to wear one of them. We guarantee the suit to fit as perfectly as a suit can fit. Send \$4.75 to-day. We return your money, if you are not entirely satisfied with your purchase. Same suit in wash duck, in navy, white and linen colors, \$5.85 and 35c. for postage.

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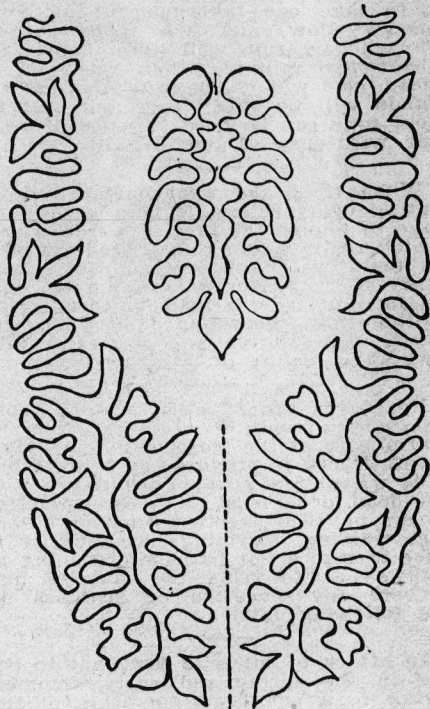
WINNIPEG

WEAK MAN RECEIPT FREE

Any man who suffers with nervous debility, loss of natural power, weak back, failing memory or deficient manhood, brought on by excesses, dissipation, unnatural drains or the follies of youth, may cure himself at home with a simple prescription that I will gladly send free, in a plain sealed envelope, to any man who will write for it. A. E. Robinson, 4215 Luck Building Detroit, Michigan.

Transferable Embroidery Designs.

This cut is a small reproduction of an embroidery pattern 10 x 15 inches. On receipt of 15 cents we will send the large design by mail to any address. The pattern may be transferred to any material for embroidering by simply following the directions given below.



Pattern 56.
Braided Jumper.

This braiding design is simple and effective, with very little work. Soutache braid should be used and may be sewed through with small stitches or caught in from the back. Before transferring, cut out center figure, and after cutting dotted line, spread the pattern, inserting the central figure to give added width.

Everything shown on the miniature cut will appear on the large sheet. When you have sent to this office 15 cents and have received the full size working pattern noted above, follow these directions:

Lay material on which transfer is to be made on hard smooth surface.

Sponge material uniformly with damp cloth. Material should be damp, not too wet. Lay pattern face down on material and press firmly, rubbing from you with crumpled handkerchief in hand.

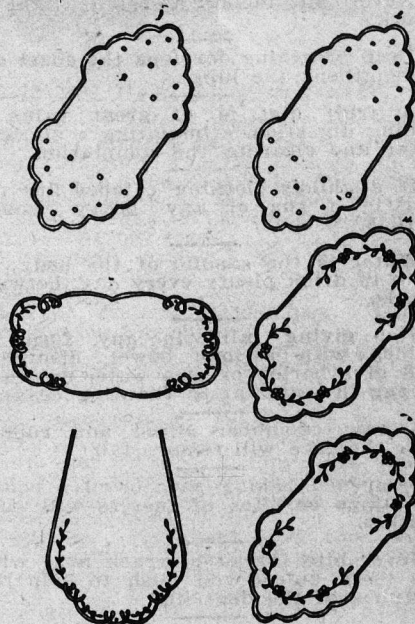
Transfer will be sufficiently plain very soon, as you will notice if you raise the paper by one corner occasionally.

Send 15 cents for each design. Address Embroidery Department, Western Home Monthly, Winnipeg, Canada.

Novelty Neck Bows.

These bows are very simple and attractive, and are made of lawn or fine linen. Button-hole the edge of each before cutting out.

Each bow consists of two parts shir-



red together in the centre by a narrow piece of the material. Nos. 1 and 2 belong together, as do 4 and 6. No. 5 is the tab for No. 3.

These bows can be made more elaborate by sewing narrow lace around the edges. In ordering this pattern refer to Pattern No. X.

Send 15 cents for each design. Address Embroidery Department, Western Home Monthly, Winnipeg, Canada.

Home-Made Summer Drinks.

Grape Cobbler.

Mix a pint of grape juice with a bottle of plain soda and a pint of ginger ale; add two tablespoonfuls of powdered sugar, a sprig or two of pounded mint, and serve at once.

Pineapple Julep.

Add the juice of two oranges to a grated pineapple, and, if you have them on hand, a pint of mashed raspberries; stir in half a cupful of powdered sugar and at serving-time add water, either plain or effervescent.

Cherry Shrub.

Mash a quart of very ripe stoned cherries through a colander; boil a pound of sugar and a quart of water for five minutes; add the cherries and the juice of a lemon; strain and stand aside until very cold. Serve with shaved ice or partly freeze.

Grape Granito.

Put a pound of sugar into a pint of water, boil for five minutes. Take from the fire, add the juice of one lemon and one orange. When cool add a pint bottle of grape juice. Add shaved ice, or chill it by putting it in contact with ice.

Orange Punch.

Boil one pound of sugar and one pint of water with grated yellow rind of one orange for five minutes; after it begins to boil take from the fire and strain; add the juice of three oranges and two lemons and stand aside to cool. When ready to use add a pint of shaved ice and a quart of water.

Farmer's Soda.

Put the strained juice of one lemon into an ordinary-sized tumbler; add a tablespoonful of powdered sugar and fill the tumbler two-thirds full of cold water; stir until the sugar is dissolved, then drop half a teaspoonful of bicarbonate of soda into the tumbler; stir, and drink while effervescing.

Mint Cup.

Boil a pound of sugar and a quart of water for five minutes; strain. Take the leaves from twelve stalks of mint, chop fine and pound them to a pulp; add them and the juice of two lemons to the sugar and water, strain. Turn into an ice-cream freezer, and stir now and then until the mixture is frozen like wet snow. Serve in glasses.

Current Water.

All sorts of fruit waters are made after the same recipe. Mash the fruit, add sufficient sugar and water to make the proper flavor and consistency. For instance, for currant water mash one pound of ripe currants; if you have raspberries add a quarter of a pound; strain the juice through a sieve and add a pound of granulated sugar; stand this aside. When ready to serve add sufficient water to make it palatable.

Indian Punch.

Boil a pound of sugar, a quart of water and the grated yellow rind of a lemon for five minutes, and strain; add a teaspoonful of bitter almond extract, the juice of three lemons, a teaspoonful of vanilla and two cupfuls of strong tea. When very cold add ice and a pint of effervescent or plain water.

Bishop.

Put four cloves, a bay leaf, a teaspoonful of whole allspice, a blade of mace and the grated rind of one lemon into a quart of water; bring to boiling point and boil for five minutes; add a pound of sugar; boil for five minutes longer and strain. When cold add the juice of two lemons and one pint bottle of rootbeer.

Welsh Nectar.

Grate the yellow rind from three lemons; add a gallon of water, two pounds of loaf sugar, and boil ten minutes. When cold, strain. Put into bottles, and add to each bottle twenty-four raisins that have been stoned and chopped fine. Cork lightly and stand in a cold place for three or four days, shaking well every day. Then cork and stand aside. This drink is carefully bottled will keep in a cool place for a week or two.

Apple Cup.

Wash and core six apples; then cut them into thin slices without paring. Put them in a porcelain-lined or granite kettle with a cup of raisins, two bay leaves, a two-inch stick of cinnamon and the grated yellow rind of three lemons. Add two quarts of cold water; bring to a boil; add two more quarts of cold water; cover the kettle and boil slowly for thirty minutes; strain through a muslin bag. When cold add the juice of three lemons. At serving-time add a little shaved ice or chill it by putting it in contact with ice.

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Gently press down the cap of a Schram Automatic Fruit Jar and your preserving is done. The jar is perfectly sealed and the fruit will remain in good condition until it is needed.

Slip a case knife under the rim of the cap, draw around and the jar is opened. Nothing could be simpler, nothing could work more perfectly.

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Eureka Chemical Co., Detroit, Mich.