

THURSDAY TO THURSDAY

Sponsored by the **M.K. O'BRIEN DRUG MART**
at **6199 Coburg Road (just opposite Howe Hall)**
"Serving Dalhousie students for 14 years"

Thursday, 8 January

5:00 p.m. — High Mass (traditional liturgy with full choir), King's College Chapel. All welcome.

Saturday, 10 January

4:30 p.m. — Folk Mass (contemporary liturgy & music), King's College Chapel. Visiting Choir from St. Andrew's Church, Cole Harbour. A reception follows the service. All welcome.

Sunday, 11 January

11:00 a.m. — Sung Eucharist & Coffee Hour, King's College Chapel. All welcome.

Tuesday, January 13

The topic of the noon-hour lecture series The History of Ethnic Groups and Minorities in Nova Scotia at the Halifax City Regional Library, 5381 Spring Garden Road will be Freedom to Slavery: The American Experience. On Wednesday, January 14 a discussion period related to this subject will be held from 12 noon to 1:00 p.m. All welcome.

Tips on saving money with cents off coupons and refund offers will be given at the Dartmouth Regional Library, Woodlawn Mall Branch Coffee-potluck program "Couponing and Refunding," at 10:30 a.m. Coupon clipper and refunder donalee Moulton-Barrett will explain how to make the most of store coupons and mail in refunds. After the discussion a coupon exchange will take place. Free coffee will be available for all visitors.

Wednesday, January 14

The American poet Mark Strand will read his poetry at 8:00 p.m. in the Sir James Dunn Theatre of the Arts Centre.

The 1st meeting to organize International Women's Day, March 8 will be at 7:30 p.m. at A Woman's Place. For more information call Heather, 429-3093 after 6.

Thursday, January 15

Career Information Hour — of special interest to undergraduates — Mr. Ian Webb, Royal Bank, will be talking about careers in banking. Room 410, SUB 12 noon - 1 p.m. For further information contact the Canada Employment Centre on campus, 4th floor, SUB.

Tuesday, January 20

MATURE Students Association: Come and join us for our Winter Term Get-Together Tuesday, January 20th 11:30 to 1:30, 3rd floor of the Grad House. Bring your own lunch. Free coffee and donuts.

The Alumni Association is sponsoring an Alumni Appreciation Night at the Tiger's basketball game on Tuesday, January 20 at Dalplex. The game is a double header with St. Mary's University. Game times are 6:15 (women) and 8:15 (men).

An alumni reception will follow the last game at the Earl of Dalhousie in the Faculty Club. Game tickets are free for alumni by contacting the Alumni Office 424-2071.

Public Service Announcements

Abortion Information — Given freely and sympathetically by legal, confidential services. Monday, Tuesday and Thursday, 5 to 7 p.m. 429-9270.

Sunday Evening Masses
Time: 7:00 p.m.
Place: Rm. 314, SUB

Weekday Masses — Monday to Friday
Time: 12:35 p.m.
Place: Rm. 318, SUB

Inquiry Class — Wednesdays
Time: 7:30 p.m.
Place: Rm. 218, SUB

Dharmadhatu continues Open House Talks on Mondays for people who are interested in the tradition of buddhism. The meditation and study center is under the guidance of the Venerable Chogyam Trungpa, Rinpoche, a meditation master from Tibet who has been teaching in Canada and the United States since 1970.

The Halifax YWCA is now registering for Winter Typing courses. A daily 4-week program runs Monday through Friday, 9:30 to 11:30 a.m. starting January 12th. An evening 10 week program runs Mondays and Wednesdays, 7-9 p.m., starting January 19th. All classes are 40 hours instruction. For more details call the YWCA, 1239 Barrington St., at 423-6162.

The Halifax YWCA, 1239 Barrington Street, is now registering for Winter Programs. A wide variety of new programs being offered are designed for infants through to adults. The winter brochure is available for details. For a winter of recreation and learning try a YW program! Drop in at 1239 Barrington Street or call us at 423-6162.

As of January 1, 1981 library hours at the main branch of the Dartmouth Regional Library will be as follows:
9:30 a.m. - 9:00 p.m. — Monday to Friday
9:30 a.m. - 5:30 p.m. — Saturday
2:00 p.m. - 5:00 p.m. — Sunday
Hours at the Woodlawn Mall Branch change to:
9:30 a.m. - 9:30 p.m. — Monday to Friday
9:30 a.m. - 5:30 p.m. — Saturday

STUDY MORE EFFECTIVELY! The Dal Counselling Centre will be offering Study Skills Programmes at various times throughout the winter term. The Programme covers such topics as concentration, time scheduling, notetaking, reading, writing papers, exam writing, and motivation. For more information and to register for the Programme call or come in to the Counselling Centre, Room 422, SUB, 424-2081.

A programme to teach you skills in decision-making, self-assessment, occupational information-gathering, and goal-setting. Appropriate for 1st year students wanting to choose a major, as well as for upper-class students making plans for after graduation. Small groups will meet once a week (1 1/2 hours) for six weeks, beginning early in January. For more information and registration, contact Counselling Services, 4th Floor, SUB, 424-2081.

The Nova Scotia Photographers' Co-operative, an independent, non-profit association of photographic workers and artists, will present an exhibit of black and white and colour photographs at the exhibit room of the Nova Scotia School of Architecture, on Spring Garden Road, beginning Monday, January 5th through to January 16th. On January 9th at 8:30 p.m., a reception will be held in the exhibit room. Anyone wishing to meet the photographers or to inquire about the resources and work of the Nova Scotia Co-op are welcome to attend.

The Y.W.C.A. Fitness Studio, 1239 Barrington Street, will help you get in shape after the holiday with it's "Start the New Year Right" special. Enjoy exercising, swimming and saunas with a 2 month membership for only \$60.00. January 6th come and have a free Aerobic Exercise Class at 5:15 p.m. For further information contact the Y.W. at 423-6162.

Anyone thinking of setting up a small business will be interested in a non-credit program, to be offered by the Centre for Continuing Education, Mount Saint Vincent University, on Tuesdays, January 13 to March 31, 1981, 7:30 to 9:30 p.m. This course should also interest those who are already small business owners. Subjects covered will include funding, setting up the books, personnel, marketing, taxes, legal aspects, budgeting and course review and evaluation. Where possible, guest speakers will give supplementary assistance. Instructor will be Paul Budreski, C.G.A., a small business owner in the metro area.

A course designed for amateur beginner photographers who are looking for more than just a simple snapshot when they point the camera at an attractive subject, will be offered by the Centre for Continuing Education, Mount Saint Vincent University, on Mondays, January 19 to February 15, 1981, 7:30 to 9:30 p.m. Included will be sessions on the camera, type of film, lighting, compositions, special problems and special effects. Participants will be encouraged to share examples of their work for discussion and critique. Instructor for the program will be professional photographers Paul and Irene Zwicker.

Anglican Confirmation & Enquirers' Classes will commence next week. If you are interested, please contact Dr. Bridge, Chaplains' Office, S.U.B. (424-2287)

The Office of Part Time Studies & Extension invites part-time students to register in a special evening session of Study Skills to be offered by Counselling and Psychological Services. This session is designed specifically to help part-time students:
Organize papers and essays
Take lecture notes
Utilize time to best advantage
Meet people with similar concerns
Realize maximum study potential
Learn to use the library
Instructor: Dr. Brad McRae
Dates: Wednesdays, January 14th to February 18th, 1981
Times: 7:00 - 9:00 p.m.
Free — Restricted to students enrolled at Dalhousie University.

Joe Clark, Leader of the Opposition, has accepted the Nova Scotia Progressive Conservative Party's invitation to speak at the Annual Meeting on January 17. The meeting will attract delegates from across the Province. It is being held in Halifax at the Lord Nelson Hotel on January 16 and 17th, 1981.

A programme on how to talk to groups calmly and confidently is being offered at the Counselling Centre. This free, six-session programme will be of particular interest to students who find that apprehension and tension make it difficult for them to give class presentations or participate in group discussions. Phone 424-2081 or come in person to the Centre on the 4th Floor of the S.U.B.

The Kripalu Yoga Society will be starting its winter term of yoga classes the week of January 19. Registrations can be mailed to the Society at Suite 208, the Green Lantern Bldg., 1585 Barrington St. For more information call 429-2009 between 6 and 8 p.m.

After a rather successful 'first-try' last year, the Dalhousie Arts Society will be again sponsoring a number of 'art-related' contests (short story, poetry, painting, drawing, photography) with over \$800 in prizes. Over 60 students submitted works to the various contests last year, and it is hoped that that number can be doubled for this year. The Society also plans to expand the contests into a larger concept including musical performances, drama productions, poetry readings and hopefully a talent contest which all together will be called "Arts Week." Even though most of the details have yet to be worked out, Arts Week will be held sometime in February.

VOLUNTEERS are ALWAYS needed in the areas of health, mental health, recreation and education. If you're interested, like people, and have some extra time you might like to volunteer. Such positions provide excellent practical experience for the student and an attempt is always made to place students in areas relative to their studies, or of special interest to them. In many cases the volunteer work can be used as job experience and references may be given on request. For more information please call Krista Martin, Community Affairs Secretary, 424-3527.

The Children's Aid Society of Halifax is looking for volunteers to tutor children in various areas. **Immediately** needed is a volunteer to tutor an eleventh grade student who is having difficulties in Math. Please call Krista Martin, Community Affairs Secretary, at 424-3527.

Volunteers are needed to work one-to-one with mentally retarded people who are isolated and need personal support. Orientation and ongoing assistance are provided to the volunteer. Contact the Citizen Advocacy Office — 422-7583.

If you would like challenging and rewarding volunteer work, **Outreach Tutoring** is in need of tutors for young persons (Grades 4-9) having difficulties with their school work. Please phone the coordinator, **Outreach Tutoring, 453-4320.**