# It Has Proved a Revelation

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### The Double-Walled Secret

By Edwin Baird

Apple statespon cloves, type source, the search of the sea



food storage, food-economy, food-proparation—almost startling respon-sibilities. But the girls can do it—

Apple Catsup.-1 quart apple sauce, 1 teaspoon ginger, 1 teaspoon cinnamon, Iteaspoon cloves, 1 pint vinegar, 1 teaspoon pepper, 1 teaspoon mustard, 1 teaspoon noino extract, 2 teaspoons salt. Simmer slowly until thick, bottle and seal. A similar catsum, can be made from plums or

when the prompt and t

How We Cook in War-Time.

The girls of to-day hear their grand mothers and great-grandmothers tell how they made their own books of tried recipes, handing them from family to family, and down from gen cration to generation: directions for richly compounded cakes, savory meats, jams, pickles, sauces, and all the more or less, heavy, delicious "eats" of the long ago.

Yesterday's girls have a work to do that combines responsibilities in food chemistry, food-production, food-cost, food storage, food-economy, food-pro-



NEW BRUNSWICK TIMBER

To Be Disposed of on Stumpage Basis Instead of Under Lease. New Brunswick has made a radical

change in its method of disposing of timber of Crown lands. Heretofore leng leases were given resulting in any increase of value going to the lumber operator. Now, timber cutt-ing privileges will be offered at auc-

them with a treat now and then. Little cakes mean so much to little people.

Hermits.—¼ cup fat, 3 tablespoons corn syrup, 2 tablespoons molasses, 1 egg, ¼ teaspoon salt, 13 cup chopped raisins, 1-3 cup chopped raisins, 1



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### THE DUTIES OF A **QUARTER MASTER**

BRITISH OFFICER DESCRIBES A DAY'S WORK

The Job of a Company Quarter-Master-Sergeant Is By No Means a Sinecure.

Quarters" works till the dawn is

juggles his figures neatly.

"Juggling" or "twisting" is always ssociated with the "Quarter Bloke," "Quarters," as I am generally nown. Why, I don't quite know. But whatever I may think of the second line quoted above. I's in entire agree-ment with the first. Let me enumer-ate a few of the jobs that fall to my share as a Company Quarter-Master

Sergeant of a corps' signal company.

The first job of the day is drawing ations from the "dump." mixture by the time we are loaded Meat, bread, bacon, tea, sugar, butter, biscuits, cheese, jam, milk, fresh or dried vegetables, petrol, paraffin, caroide, lubricating oil, grease, disinfectant, oats, hay, etc.

Frequent Interruptions. Arrived back with rations, my toreman sets about splitting them

up into officers'. N.C.O.s': and men's I prepare the diet-sheet for the folowing day, and put it up at the cook house so that the troops may see what they are going to get, and also

Here's a sample diet-sheet. Breakfast—Boiled and fried bacon, tea, and bread.

Dinner-Roast meat, potatoes, eans, rice pudding.
Tea—Preserved Meat, tea, bread

and butter, jam, cheese.

Extras are added at frequent inter-

vals from the canteen funds.

Next, I start to prepare, with various interruptions, indents on Ordnance for clothing, harness, boots, etc. The first interruption is a telephone message from some unit that one of the 'phones has got "diss." 1 arrange to send a man out to repair

arrange to send a man out to repair or replace it.

Then linemen roll up and want cable and wire for the repairing of faulty lines. I issue bicycles to other linemen who have a long distance to go patrolling lines. I issue clearing sets to others who are clearing away. sets to others who are clearing away boughs of trees which are touching the lines and interrupting communi-

I get another 'phone message. This time it comes from an officer who starts "creating" that he cannot hear anybody on his 'phone. I promise ost faithfully to have it attended

Stores and More Stores.

The adjutant calls in. He wants to know if we can "do" so many miles of so-and-so cable for the — Divi-

the cook-house. He helps himself to my cigarettes, borrows a pencil—which, by the way, he never returns, and suggests that it is about dinner time, and what about a drink. I welcome the suggestion.

After dinner I go off to Ordnance and pick up whatever stores have arrived for my company—clothing, caps, boots, horseshoes, soap, soda, paint, etc. When I get back with the stores I arrange to deliver them to stores I arrange to deliver them the sections for which they we

Then I look around the instrument repairs shop to see what instruments we can repair and what we must send back to the base as "beyond repair."
After a "stunt" there are always Then I go to the carpenters

plenty of phones requiring repairs.

Then I go to the carpenters' shop to give the joiners their detail of work for the following day.

I see the boot repairer and the tailor. By having a boot repairer a great saving in boots is effected. The tailor is a most useful man, too. Quite a number of garments are repaired which otherwise would have to be discarded. Despatch-riders have are in perhaps and breeches get. a spill, perhaps, and breeches get ripped up. Linemen, in climbing poles, get many tears. All these are re-paired by our tailor, and the issue of new articles is rendered unnecessary. A Night's Repose.

A Night's Repose.

I get my copy of Company Orders, and see if there are any new arrivals, or if any men are proceeding on leave (only whisper the word in case of a stampede), or if any have gone away sick. Then I make out the A. B.55 (better known as the Ration Indent) for the following day.

Indents for stores, cable, wire, instruments, etc., come in from divi-

Indents for stores, cable, wire, instruments, etc., come in from divisions and various units. These have all to be checked before being passed on for the demand to be met.

About 9.30 p.m. I present myself to the adjutant and get my indents and correspondence signed. All these are despatched by about 10 p.m.

The transport sergeant comes in and asks what transport I require for the following day.

At about 11 p.m., having found

At about 1 p.m., having round a newspaper many days old, or an old magazine (and either, however old, is acceptable), I retire to my hut for a few minutes' reading before getting under the blankets.