

A VETERAN JOURNALIST

Passes Through a Severe and Trying Illness

His Friends Thought it Unlikely He Would Recover—But Thanks to Dr Williams' Pink Pills He is Again Enjoying Good Health—Thinks This Remedy the Great Family Medicine of This Generation.

There are few people in St. John, N. B., who do not know Mr. H. L. Spencer, the veteran journalist, poet and essayist. Some of Mr. Spencer's songs are sung wherever the English language is spoken. One of these songs, entitled "A Hundred Years to Come," has been set to music by Rev. Mr. Francis.

Mr. Crossley, and is sung with stirring effect wherever the famous evangelists (Messrs. Crossley and Hunter) hold their meetings. Mr. Spencer was seriously ill last summer from an attack of indigestion, which seemed to upset his entire system, and his recovery is a matter of rejoicing to all his friends. Speaking to a reporter

concerning his illness, he said: I was completely prostrated, and for several weeks was confined to bed, and my recovery was not anticipated, either by myself or friends. The trouble appeared to originate in indigestion, but the results were more painful than usually accompany that trouble, and culminated in a total stoppage of urine and action of the bowels. I suffered terribly for the

bowels. I suffered terribly for three or four days, and was not expected to survive. I took powerful cathartics, and had my abdomen bathed with spirits of turpentine, mustard, etc., and took many ingredients before action was restored. When this was accomplished I was relieved of my suffering, but in six weeks I had lost forty-three pounds of flesh, and I did not seem to be able to regain my former health and strength. In July 1884, I...

that I began the use of Dr. Williams' Pink Pills at the instance of some friends who had been greatly benefited by their use, and though I have not regained my lost weight, I have gained fifteen pounds, and my general health is as good as ever. I am sincere in my belief that my recovery is due to the use of Dr. Williams' Pink Pills." Mr. Spencer added that he knew of many cases in which Pink Pills had been used with great benefit, and he thought that if elsewhere the pills are effecting as many cures as they are in St. John, that it is wonderful they have become the great family medicine of this generation.

An analysis shows that Dr. Williams' Pink Pills contain in a condensed form all the elements necessary to give new life and richness to the blood, and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of the grippé, palpitation of the heart, nervous prostration, all diseases depending upon vitiated hu-

cases depending upon vitiated humors in the blood, such as scrofula, chronic erysipelas, etc. They are also a specific for troubles peculiar to females, such as suppressions, irregularities, and all forms of weakness. They build up the blood, and restore the glow of health to pale and sallow cheeks. In men they effect a radical cure in all cases arising from mental worry, overwork, or excesses of whatever nature.

THE HEAD S. S. LINE.

The Sort of Cargo They Carry to Dublin and Belfast.

The question having arisen, what sort of cargo the Head line steamers can get to carry from this port to Dublin and Belfast this winter, the following list of some of their cargoes from Montreal during the last four months is of interest. It shows that they carried chiefly grain and lumber, with grain shipments heavier as the

Dunmore Head, for Belfast, June 12—
34,215 bushels corn, 270 bxs. cheese, 27
radiators, 7,946 pcs. deals, 1,648 pcs.
boards, 2,110 bdls. staves, 414 pcs. lum-
ber, 41 cs. chair stock, 41 horses.

Innishowen Head, for Belfast, June

26-45,451 pcs. deals.
Glen Head, for Dublin, June 27-
24,486 bush. wheat, 32,281 bush. corn,
1,420 bbls. staves, 500 sacks oatmeal,
195 tros. oil.
Bengore Head, for Dublin, July 3-
30,600 bush. wheat, 17,063 bush. corn,
10,914 pcs. deals.

Innishowen Head, for Dublin, Aug. 2—78,911 bush. wheat, 4,000 sacks flour, 500 sacks rolled oats, 250 sacks oatmeal, 25 horses, 322 pine squares, 2,800 bdls. staves, 368 bdls. heading.

Glen Head, for Dublin, Aug. 20—29,994 bush. wheat. 9 bags flour.

Bengore Head, for Dublin, Aug. 22—
2,600 bush. wheat, 17,063 bush. corn,
17 radiators, 2 cs. mdse, 130 tins. lard,
1,191 pcs. deals.
Dunmore Head, for Dublin, Aug. 26—
13,089 bush. corn, 15,995 bush. wheat,
1,800 pcs. boards, etc., 97 pcs. timber.

Ramore Head, for Belfast, Aug. 25—
35,055 bush. corn, 26,470 pcs deals,
boards, etc., 354 bxs. cheese, 421 elm
planks, 62 radiators, 700 bdls. staves,
10 horses.

Innishowen Head, for Belfast, Sept.
10—17,208 bush. corn, 16,989 bush. rye,
241 bush barley, 29,840 bush wheat.

721 bush. barley, 39,849 bush. wheat,
 669 pcs. deals, 7,917 pcs. boards, 474
 pkgs. cheese, 500 sacks flour, 860 pkgs.
 oil cake.

Ramore Head, for Dublin, Sept. 23—
 70,745 bush. wheat, 56,046 bush. corn,
 66 pcs. timber, 31,576 pcs. boards, 300
 sacks flour, 319 pcs. oak.

A Spanish diver has succeeded in bringing up \$20,000 worth of silver bars from a depth of 168 feet, off Cape Finisterre. The steamer Skyro, which sank nine miles south of the cape five years ago, had eighty-eight

bars of silver, worth \$45,000, on board. The diver, whose name is Angel Erastarbe, has gone down twenty-seven times this summer and brought up thirty-seven of the bars. The work is made dangerous by the exposed position of the wreck and the strong

**Children Cry for
Pitcher's Castoria.**

[illegible]

railways in
examining the
ting inform
ernment's
class of re
sely settled
colonel in
force is to
ridge facto
colonies de
factory at

\$14,930,568
Hon. Mr.
chased La
to become
ister of pu
The ann
sharehold
Woods M
ay in th
board of
statement
company
31st, 1896,
holders.
unanimous
of 7 per
paid up
August 31

by Hon. J. Grenier of today, and very strong works was the cross used tomorrow length. Mr. Shields, Q. sented the Cornellier ed after the trial, bench, which

Mr. Corn
duce the
would dro
Another
witness to
was that
tempted
had ende

in good
Mr. Laur
now.
With r
Hon. Mr.
up in th
both poll
public

sition wo
I would
I did, an
pose the
subscribi
that the
ter. I th

after, for
have tak
consider
feat, and
again if
same. I
my politi

Montre
who ma

THE WEEKLY SUN \$1.00 a year.