

WOMAN'S PART IN
THE GREAT WAR

The Words "The Women Are Splendid" Is Not Universal In Application

Some Are Unsplendid

A Striking Article in a London Paper—Warm Tribute to the V. A. D., But Sharp Criticism of the "Women Slackers"—What a Wounded Soldier Said

(London Paper)

"The women are splendid." It is said so constantly that one hears that the women who are quietly doing their utmost are tired of hearing it. And the women who are far from splendid seem to be sheltering under its tribute. The women are not all "splendid."

Multitudes of them are indeed doing so nobly that one shrinks from praise of them. Women resent praise almost as much as they resent blame. A woman smells fatty in every chaplet she is offered. Praise the work of a capable man and you fire him to greater effort. Praise the work of a capable woman and she at once suspects you of "flattery." It is one of the ways of the sex that the other sex has never riddled.

But what praise could purchase more devotion and self-sacrifice being given by the women who are doing the work of the men, to keep the life of this country going during the war, to tend and lighten the anguishes of the maimed and broken. The women who are working are working themselves to the bone. Many of them are killing their youth, undermining their health, shortening their lives, working double-time and double-shift, working day and night, working far into the night. They are doing this because the work that is urgently asked of women is falling on the aching shoulders of only a section of women.

The women who are "splendid" are doing the work of the women who are "not splendid." If the women who are still standing out took up their share



Baby's
Itching
Burning
Skin
Quickly
Cured by
Cuticura
Ointment.

It's wonderful how quickly a hot bath with Cuticura Soap followed by a gentle anointing with Cuticura Ointment relieves itching, burning eczemas, rashes and chafings, permits sleep for infant and rest for mother, and points to speedy healing in most cases when it seems nothing would do any good. This is only one of the many things Cuticura does for the skin when used for every day toilet purposes.

Sample Each Free by Mail. Address post-card "Cuticura, Dept. N, Boston, U.S.A." Sent throughout the world.

their sisters could drop some of that heavy burden.

Educated unoccupied women have been appealed to for many months for work on the land. The thousands that responded to the call have had to cope with their own toil and the toil of the thousands who have turned deaf ears. In theatres, picture palaces, and other places of entertainment appeals are thrown on the curtains urging unoccupied women to train and qualify for the ever-growing need of nurses for the wounded. Thousands of unoccupied women have responded; thousands still look on the illuminated words on those screens as if they were an irrelevant interlude in life's main business of keeping oneself amused.

After the war, when the historians look their study doors, clear a space for chair and desk among their pyramids of notes and records, and start upon odysseys that would make Homer faint-hearted, their chapters upon "Women in the War" will need golden pages for the story of the V. A. D. nurses. Do unoccupied women who are still sitting idle know even the skeleton story of what the V. A. D. nurses are doing? Do they know that because they are sitting idle gently nurtured young girls are working themselves into haggard middle

BREAK A CHILD'S
COLD BY GIVING
SYRUP OF FIGS

Cleanses the Little Liver and Bowels and They Get Well Quick

When your child suffers from a cold don't wait; give the little stomach, liver and bowels a gentle, thorough cleansing at once. When cross, peevish, listless, pale, doesn't sleep, eat or act naturally; if breath is bad, stomach sour, give a teaspoonful of "California Syrup of Figs," and in a few hours all the clogged-up constipated waste, sour bile and undigested food will gently move out of the bowels, and you have a well, playful child again.

If your child coughs, snuffles and has caught cold or is feverish or has a sore throat give a good dose of "California Syrup of Figs" to evacuate the bowels with no difference what other treatment is given.

Sick children needn't be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure. They also know that it never even today saves a sick child tomorrow.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. Get the genuine, made by "California Fig Syrup Company."

being "splendid?" I did not ask her; it was more interesting to hear her comments on the women who still do not realize.

If the women who do not realize would only realize there would be no more overwork of the women who are working. In the early days of the war there was a tremendous impetus and activity among women. "Leagues" and "committees" and "sub-committees" arose in every district in bewildering legion. The citizen's home was invaded by ardent women who wanted his name to this, his subscription to that. One heard of women who actually became neurathenic over agenda. Are all those women working today? How many of them are working? The almost impassable afternoon-shopping streets, the record crowds there have been this year at many seaside and pleasure resorts (nearly all of women), the joyous restaurants, and the packed meetings give the significant answer.

The majority of women are "splendid," but the minority of women who are "not splendid" is still very great. Of them are the women who, devouring the labor and necessities of the country, are giving themselves the best time of their lives in "giving the boys a good time" of them are the unoccupied, idle women who are still idle in the homes of well-off parents; of them are the multitude of aimless single women who had all levels and boarding houses all over the country.

Until recent years it was a just reproach against women that they never stood by each other as men stand by each other. Among them was little sex comradeship, little sex loyalty. All that comradeship and loyalty were wonderfully altered. The accusation does not hold today. Something greater than comradeship, nobler than her sense of her captured place in the sun, a comradeship that will largely survive the war, has grown up, with links of steel, between woman and woman. The women who are of these days are holding out hands of appeal to the women who still do not realize that compulsory service will come and they will be "fetched."

MAY REQUISITION THE
BOSTON-ST. JOHN STEAMERS

Bangor Commercial—Steamer Governor Cobb of the Eastern Steamship Lines Inc., which during the winter has been running between Havana and Key West, left the latter port on Saturday last for Boston, where she arrived Thursday morning. The steamer North Star, which arrived at Portland Tuesday on her way from Boston to St. John, N. B., is making her last trip on that route for the season, as on her return to Boston on Saturday she will, after discharging her cargo, proceed to New York for inspection. It is probable the Governor Dingley will go on the St. John route next Monday, and the Rensselaer B. Fuller, now in winter quarters, will probably come quickly following war developments, as several of the best boats of the Eastern Steamship fleet are liable to be requisitioned by the government very soon after war is declared with Germany.

Had Severe Cold
PAIN IN CHEST
SPASMODIC COUGHING

Many people when they contract a cold do not pay any attention to it, thinking perhaps it will pass away of its own accord. This is a mistake for, before they know it, it has settled on the chest, and the coughing and sneezing, too much stress cannot be laid on the fact that on the first sign of a cough or lungs.

It must be gotten rid of immediately, otherwise it may cause years of suffering from a serious lung trouble. Mr. A. George, 30 Biltmore Place, Toronto, Ont., writes: "Having greatly benefited from your remedy, Dr. Wood's Norway Pine Syrup, I take the liberty to write you a few words about the effect of that wonderful syrup."

"I caught a severe cold followed by a spasmodic cough and pain in my chest. I was treated by many doctors without any benefit, and also took many proprietary medicines which all failed to cure. I then bought a bottle of Dr. Wood's Norway Pine Syrup, and after using three bottles I was completely cured. I can now breathe freely and am as good as a God-sent remedy."

"Dr. Wood's" is put up in a yellow wrapper, and is sold in the trade mark, price 25c and 50c. Manufactured for the past twenty-five years by The T. M. Milburn Co., Limited, Toronto, Ont.

The Non-cathartic Nature cure for
Constipation

Helps the System to Cure Itself.

You cannot cure constipation by violent methods. Violence is never effective against nature. That is why the use of morning salts and purgative pills so easily become a habit. These things do not cure the trouble; they only force matters, and in so doing weaken the bowels till natural action becomes impossible, and you have to go on taking year pills or salts indefinitely. Compare Dr. Cassell's Instant Relief. This great tonic laxative helps nature by strengthening the bowels, natural action is restored and a cure effected which is real and lasting.

Dr. OHAS F. FORSHAW, D.Sc., F.R.M.S., a well-known British Scientist, writes: "Never use Salts or Purgatives for Constipation—To force Bowel action is to aggravate the trouble and create the Constipation habit. I recommend as a superior and convenient treatment Dr. Cassell's Instant Relief for constipation, biliousness, torpid liver, sick headache, dizziness, spots before the eyes, flatulence and indigestion. It is a natural and healthy remedy that does not harm the system in any way."

Price 50 Cents from L.D. Druggists and Stockholders, or direct from the sole agents for Canada, Harold F. Riddell and Co., Ltd., 100 McColl Street, Toronto. Price 5 cents each box. Dr. Cassell's Instant Relief is the companion to Dr. Cassell's Tablets. Sole Proprietors: Dr. Cassell & Co., Ltd., Manchester, England.

Dr. Cassell's
Instant Relief

Relieves from LIVER TROUBLE, ACIDITY, BILIOUSNESS, INDIGESTION, CONSTIPATION, LAXATIVES



High Blood Pressure

When your case becomes complicated and medicines fail, the doctor makes a test of the blood pressure, fearing that there may be something wrong with the condition of the kidneys and the action of the heart.

He realizes that when the kidneys fail to filter the poisons from the blood that there will be a hardening of the arteries, and when the pressure of blood comes on they will snap like so much deteriorated rubber tubing—the result is a clot of blood on the brain, hemorrhage in the heart, or wherever the weak point may be.

But why allow this condition to be reached when you can so readily regulate the action of the liver and kidneys by using Dr. Chase's Kidney-Liver Pills.

Troubles of this nature have their beginning when, from over-eating or lack of exercise, the liver goes wrong, and throws an undue burden on the kidneys. Headaches, biliousness, constipation and indigestion give due warning, and by the timely use of Dr. Chase's Kidney-Liver Pills there need be no further trouble. The liver is awakened to action, the bowels regulated, and the kidneys strengthened in their all-important work by purifying the blood and thereby preventing pain and serious disease. This is the greatest of family medicines, because of the host of ills that are relieved and prevented by keeping the liver, kidneys and bowels healthy and active. One pill a dose, 25 cents a box. All dealers, or Edmanston, Bates & Co., Limited, Toronto.

Do not be talked into accepting a substitute. Imitations disappoint. 538

Dr. A.W. Chase's
Kidney-Liver PillsDoctor Says Crying Need
Of The Woman Of Today
Is More Iron in Her Blood

TO PUT STRENGTH IN HER NERVES AND COLOR IN HER CHEEKS

Any Woman Who Tires Easily, is Nervous or Irritable, or Looks Pale, Haggard And Worn Should Have Her Blood Examined for Iron Deficiency.

Administration of Nuxated Iron in Clinical Tests Gives Most Astonishing
Youthful Strength and Makes Women Look Years Younger

"There can be no healthy, beautiful, out of it, and as a consequence you become weak, pale and sickly looking. Just as a plant trying to grow in a soil deficient in iron. If you are not strong or healthy in your practice in most severe aggravated conditions with unfailing results, I give it a trial, all of whom have given me most surprising reports in regard to their great power as a health and strength builder."

"Many an athlete and prizefighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while many a weakling, other has gone down in ignominious defeat simply for the lack of iron."

Dr. Howard James, late of the United States Health Service, said: "I have never before given out any medical information or advice for publication as I ordinarily do not believe in it. But so many American women suffer from iron deficiency with its attendant ill-effects—weakness, nervous irritability, indigestion, flabby, sagging muscles, etc., etc.—and in consequence of their weakened, run-down condition they are so liable to contract serious and even fatal diseases, that I deem it my duty to advise all such to take Nuxated Iron."

I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

NOTE—Nuxated Iron, which as prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older iron-ore iron products it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron that they offer to forfeit \$100,000 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 200 per cent. or over in four weeks time. They also offer to refund your money if it does not at least double the strength and endurance in ten days time. It is dispensed in this city by Watson's Drug Store, and by all good druggists.

for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate, or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter of the blood of her children is, alas! not that kind of strength and endurance in ten days time. You must take iron in a form that can be easily absorbed and assimilated any good. You don't get the strength

Stops that
Pain in the Back

Pain in the back is one of the most common symptoms of kidney trouble. Every movement becomes a torture, and the sufferer is forced to bed.

This is exactly what happened in the case of Mr. Arnold Macaskill, of Hants County, Nova Scotia. He sought in vain for relief until he decided to try

Gin Pills
FOR THE KIDNEYS

Before he had used one box he began to feel better. Two boxes entirely relieved him. And best of all, up to the time he wrote us, he had no further sign of the trouble. Mr. Macaskill concludes his letter of gratitude by saying: "I cannot say too much in favor of these great pills and would recommend them to anyone suffering from kidney trouble."

Kidney or bladder trouble may also take the form of swollen joints, rheumatism, lameness, or constant headaches. Don't neglect these symptoms. Gin Pills will ease and escape worse ills.

All dealers sell Gin Pills at 50c. a box, or 6 boxes for \$2.50. Sample will be sent free upon request to NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED, Toronto, Ont.

U. S. Address—McDr-Go, Inc., 202 Main St., Buffalo, N.Y. 45

Don't Be Discouraged

Listen to this message of hope from one who was a chronic sufferer from constipation: "I tried every remedy for constipation and can truthfully say that Brayley's Stomach and Liver Pills did me more good than all the rest put together. I always recommend them." The most stubborn case of constipation gives way to

BRAYLEYS STOMACH
AND LIVER PILLS

Physicians of the highest standing recommend them because they not only give permanent relief, but being a purely vegetable compound, they are not injurious. Brayley's Stomach and Liver Pills do not act in nature's own way, softening the contents of the bowels and cleansing the whole digestive system. They should be used for—

Sluggish Liver Dyspepsia
Kidney trouble Biliousness
Indigestion Loss of Appetite.

THE BRAYLEY DRUG CO. Ltd. of St. John N.B.

CURE CONSTIPATION