Il. ustrated by Gruelle.

MARY'S WORK-A-DAY FAIRIES.

Mary lived alone with Granny Dee in a little tumbled-down hut. They

were very poor, and had to take in

washing to earn a living. This made Granny very cross and ugly, for

"Granny," said Mary one evening, as

Granny sat knitting before the fire

place, "do you believe in fairles and

"When one grows as old as I am

Granny Dee sat before the fireplace a long time after Mary had gone to bed, just thinking. The fairles had never shown themselves to her as Mary had described them, and Granny

wondered why.

Daily Magazine Page for Everybody

Secrets of Health and Happiness

Why You Should Avoid Fumes of Wood Alcohol

BY DR. LEONARD KEENE HIRSHBERG

Mother, London, Ont .:

Q .- How can measles be prevent-

our hours. It is contagious in all

MRS. M. P.: Q .- What can I do fo

tuberculosis and that is to live out-

tection as well as those around you.

ary life?
2.-My height is 5 feet 7 inches, and

blankets and other non-drug

Dr. Hirshberg will answer questions

ways undertaka to prescribe or offer

the subject is not of general interest

life for this ailment.

ENGINEER: Q .- Will you please tell

excessive kidney fluid?

culosis?

a doctor to remove the cause

A. B., M. A., M. D. (Johns Hopkins University.)



Several specimens of witch hazel, bay rum, columbian spirits, hair tonics and cheap lotions and regular. Saleratus as a mouth wash may help. You should see your physician and dentist. perfumes recently physician and dentist, examined by h e m ista phasize the danger of wood al- ed? cohol in many of A.—Measles are sometimes prevent-the cheaper grade ed by washing the eyes with boric products.

A.—Measles are sometimes prevent-ed by washing the eyes with boric acid water, the nose and throat with Wood alcohol, alkaline antiseptic solution, once every

DR. HIRSHBERG chemically called nethyl alcohol when inhaled too often r much at one time is almost as dan- A DAILY READER: Q.—Kindly tell So-called columbian spirits and ordigerous as if it were swallowed, pary wood alcohol produce similar seri- fluous hair. effects. Dr. A. A. Eisenburg of the A .- Remember there are few if any Charity Hospital, Cleveland, says there methods to "kill the roots." Most exappreciable difference between pedients are, like cleaning the teeth or

Rabbits are apparently more resist-peated. About twice a week or when ant to the poisonous effect of wood needed some of this may be tried: Cal-Licohol vapor than man, yet twelve clum sulphide, 2 parts; zinc oxide, 1 tabbits given the fumes of the best tommercial wood alcohol obtainable When you are ready to use this make and looked after most carefully as to a paste with water, and apply to the bygiene and sanitary surroundings, parts. Let it remain on the skin for suffered fatty degeneration of the about five minutes and then wipe off heart and brain tissue and injury to gently with a soft cloth, he muscles, the fiver and the kid-

menters and observers discovered that he real cause of the poisonous effects of wood alcohol lies in the slow exidation of the alcohol into formic acid—a very toxic drug, which acts as a causic, an acid, and as formaldehyde gas.

Take this for one week, stop few weeks, and then repeat it. Meanwhile have a physical examination made by very toxic drug, which acts as a caus-Ventilation very complete and thor-sugh is one of the remedies proposed for those who work in wood alcohol, Sleep, rest, fresh air, lots of sunlight, simple fare and no dissipation diminh the chances of its poisonous influ-

Washes, perfumes, tonics and lotions doors in the sunlight and in a dry ontaining wood alcohol should be climate. Eat eggs, meats, greasy for hunned, and all preparations pur-cream and a plentiful diet and take hased only from concerns who guar-no alcohol or medicine. You should ntee that there is no wood alcohol not treat yourself. You must be in an

Answers to Health Questions

E. F. B., Belton, Ont.: O .- What is the cause and remedy with angina pectoris to lead a sedent-

or head noises

A -An examination must be made to determine whether it is middle ear I weigh 200 pounds. Do you think disease, high blood pressure, wax, there is any harm in reducing? disease, high blood pressure, wax, times head noises and deafness may be benefited by a small electric vibrator in the ear. A little of twelve of ammoniated mercury to the of petrolatum in the nostrils e a day may help, because nose throat disorders are often con-The tonsils, adenoids and turbinate bones call for an ex-

W. J. 2, Durham, Ont.; Q .- Please give me a remedy for

foul breath. A .- Foul breath may be excom- hot municated by the use of a good tooth- methods all have conquests to their brush, a disinfecting toothpaste, dental credit. floss or silk pulled back and forth a few times between the teeth, and a nasal wash, something like the alka-line antiseptic solution. Peroxide of hygienic and sanitation subjects that line antiseptic solution. Peroxide of hygienic and sanitation subjects that hydrogen swirled and sucked back and are of general interest. He cannot alforth between the teeth, or milk of ways under magnesia used for its mechanical ef- advice for

may act as a makeshift. Taking half-a-dozen 5-grain charcoal tablets two or three times a day.
Also spray the nostrils with diluted
Dobell's solution. The insertion of vaseline impregnated with balsam of L. K. Hirshberg, care this office. half-a-dozen 5-grain char-

WINTER SPORT SUITS



These Convey the First Hints of Spring Styles By ANNETTE BRADSHAW

Copyright, 1918, by Newspaper Feature Service, Inc.

southlands during the cold months are A hat of white satin is a charming elected by ia mode to exploit the new addition to the costume.

me if it is best for one who suffers summer styles. door wear is often a work of art.

A .- Yes, you should leau a sedentary pounds would be better, but in your condition let well enough alone.

The sport sait of white French serge, with its cutaway jacket and draped skirt. A unique feature of this model is the scarf of striped dark blue and condition in the top, giving the effect of the do but to carry out my first plan.

I nerved myself to the task as I would have done for a walk to the scaffold, and I do not believe one would have A READER: Q.—Kindly give me a remedy for sleeplessness.

A.—Electrical treatments by high frequency current, static electricity, machanical vibration on the neck, head or abdomen, hot mustard baths, hot milk or lemonade before retiring, hot makes or cold wat sheets hat water add a distinctive note in the costume.

A READER: Q.—Kindly give me a white silk which is knotted in about the turned-down collar and the long fastens at one side with a row of ing fastens at one side with a row of the bottle held just above the aperture.

The straight brimmed hat worn with this smart sport suit is of brown silk.

The sleeves have wide, flaring cuffs the bottle held just above the aperture.

The straight brimmed hat worn with this smart sport suit is of brown silk.

A hand of fawn-colored ribbon is sound of its falling.

rolls high about the throat. Cuffs of obtain access to the room at the other The sport costume in addition to its brown and fawn plaid khaki kool fin- side of the closet, the room to which usefulness has become a thing of ish the sleeves. A belt of the plain mabeauty as well. The day of the unbeterial is drawn through slashes bound vice were admitted. It was absolutely coming, hideously practical sport suit with silk. Brown arrowheads are em- necessary that he be identified, marked is past. The modern costume for out- broidered at the ends of the slashes. In some way that he could not disguise. The skirt is of medium width and The

Conspicuous because of its charm is insets of the plaid material effectively which I could employ was already in the sport suit of white French serge, trim the top, giving the effect of to do but to carry out my first plan. white silk which is knotted in about finished with rows of machine stitch and I do not believe one would have

milk or lemonade before retiring, hot packs or cold wet sheets, hot water bags, laxatives, ice packs, massages, lexitives note to the costume.

The draped skirt is perfectly plain, small bow at the back.

WINIFRED BLACK Writes About LIVING YOUR BELIEFS

grows tiresome try this: that you have been cured in the way you claim.

What shall you do about it? Leave home and go and live with strangers?

What a question!

You say you have a lovely home and your family is really devoted to you, kindly, gentle of the other's feelings. Another variation on this same cus-

Today's Fashion



An Advance Hint of Spring's One-

REVELATIONS OF A WIFE

the Menace Madge Disclosed.

were a long time gone, I know."

KITCHEN

ECONOMIES

Chocolate Custard.

Farina Pudding.

teaspoonful of almond extract

2 tablespoonfuls of chopped almonds

2 cupfuls of milk

1 cupful of farina

4 tablespoonfuls of sugar

1 quart of milk

2 eggs

What Madge Did to Mark the Spy.

ADELE GARRISON'S NEW

Never in my life has there come to the one opening off the costume room me such a grilling test of my own cour- of the house next door. me such a grilling test of my own courwith my senses sharpened I visualyou blessed child!" she said. "Lool
age and steadfastness of purpose as I
ized what must have happened on the here, Katherine. Do you see what sh endured after taking up my station beother side of the door. The spy, to did? She must have stood by the side
hind the door leading from Lillian Unwhom betrayal was the one thing to be
of the door watching the man siew derwood's library into the closet adjoin- feared, had forced his voice to silence around the lock, and then have emptied

It seemed hours, although in reality covering of some sort, regardless of "Oh, you brick, you darling brick!" it was only two or three minutes, that the agony he was suffering, and had she exclaimed, turning to me and put-I stood there listening to the sounds of fashion to the street.

I stood there listening to the sounds of fashion to the street. the saw in the hands of the unknown marauder on the other side of the door, l knew would be valuable when Lillian as you have done today, when there's and watching with fascinated, terrified should finally succeed in having the necessity for action, man with the scarred hand traced. No "But I must hurry eyes the slipping in and out of the im-

In my hand I held the uncorked bot- the house next door. over the hand which I knew would be stretched through the door to push back the heavy bolts as soon as the man had finished making the aperture through which his hand could be thrust,

But to my own ashamed dismay I wasn't sure that when the crucial mowasn't sure that when the crucial mo-ment came I would have the courage to ment came I would have the courage to do the thing I had planned. I had read of the terrible effects of carbolic acid. door for support. There was a moment- than your nerves, my dear," she gayly thought Granny. or the terrible effects of carbonic education of the support. There was a momental control of the support of the support of the suppose you have had no shock at luted in cleaning. I could still feel the luted in cleaning. I could still feel the luted in cleaning in a suppose you have had no shock at luted in cleaning. I could still feel the luted in cleaning in a suppose you have had no shock at luted in cleaning in contemptuous tolerance of my learny. The cross and ugily, always fretting over the days to come, always fretting over the days to come, always fretting over the days to come a severe shock. But I'm proud of you."

"I suppose you have had no shock at ling, contemptuous tolerance of my all, nothing to affect your nerves," I than your nerves, my dear, sine gays, thought Granny. "I'm cross and ugily, always fretting over the days to come, always fretting over the days to come.

"I suppose you have had no shock at all, nothing to affect your nerves," I though I shough I shou luted in cleaning. I could still feel the ing, contemptuous tolerance of my all, nothing to affect your nerves," I agony it had caused me, although I had weakness as she asked quietly: been near swift remedies.

It seemed such a hideous, barbaric punishment to inflict upon anyone, even so desperate a marauder as the man then, my voice refusing to serve me, I leaned toward me, took my hands and on the other side of the door. I lowered raised my hand and pointed to the door grasped them firmly it through the door.

Then there flashed into my brain a vision of Lillian's face as it would look upon me. when I told her, as I must, of my cowardice. I had no right to falter, no matter how distasteful to myself the task he find out?" was. If it had been but an ordinary atempted robbery I should never have Those who migrate to the warm with a few gathers at the waistline, approved of such strenuous measures, ize the sharpness. But it was like a

But this man was endangering se season's fashions. The costumes worn at the southern resorts in mid-winter are the forerunners of the spring and short box coat has a broad collar that traitor or he would have been able to suppose styles.

> breathing rather heavily, and guessed peering through the aperture into the oom. I pressed my disengaged hand over my mouth and nose to prevent the sound of my own breathing being heard. and waited with every nerve a tingling horror for my unseen adversary to come to the end of his inspection.

tempting the appetites of small people, reals may be prepared as follows:

They do get so tired of the ordinary Line a buttered baking dish with any Just One Word.
At last the hand appeared, boldly now, that its owner had satisfied him-You've been very ill and now you're would think of laying a straw in the self there was no one in the room. It well, and you write that you were cured way of your practice of your belief.

But how about you? Aren't you a sent there was no one in the way of the way of your practice. Way a large hand with stumpy, thick fingers, which, however, were astonish. food they eat, it doesn't give them sugar, add another layer of cereal and nearly as much in nutritive value as it apples until all are used up. Sprinkle ingly dexterous as they found and began to finger the bolts of the door.



HEN it comes time to discard the heavy top coat the one-piece frock to be worn with a cape or scarf of fur becomes the most important part of the wardrobe. This smart little lizards and snekes, grubs and other the devil" without the necessity of dy-

the fabric, and there were traces of the he fabric, and there were traces of the acid in the sawed opening of the door. She rushed to the door, examined the marks carefully, and came back hold-ing the bottle aloft.

"You don't need to tell me anything after that one agonized oath. He had the acid over his hand when he put it put the injured hand into a glove or through.

one of enemy birth or language I was house and warn them of what has happlement through the wood of the panel. sure had knowingly been admitted to pened," she said. "There's a spy among they don't have much time to think of them. Don't leave this room while I'm | fairy folk," replied Granny. In my hand I held the uncorked bottle of carbolic acid I had found in Lillian's cabinet. It was poised so that in a second I could empty its contents as contents as a second I could empty its contents.

the house next door.

Yet the oath which had sprung to the lips of the man under torture was evidently one of his native tongue. Its as second I could empty its contents.

The house next door.

Yet the oath which had sprung to the lips of the man under torture was evidently one of his native tongue. Its law to be happy, then them, "exclaimed Grainly took, replied Gra a second I could empty its contents agonized accents still rang in my ears: erine will tell you all that happened "Verdammt!"

across the room putting on outdoor garments, and was out of the door with her last word.

Katherine put me back upon the special was much as they do young folks."

"Well!" exclaimed Granny, "I've never had any proof of it. Better run along to bed now for tomorrow's a busy day."

Granny Dee sat before the couch where they had laid more than a long time. How Lillian Set About Meeting

arranged signal I opened her library swoon, and sat down beside me. door and admitted her and Katherine neath me so that I had to grasp the down at me. "Your nerve is stronger and I don't like it. Maybe that's why!

said with a tinge of bitterness at myself for being so poor a thing as to re-"Were you so frightened, Madge? We quire protection at Katherine's hands, "It wasn't that," I answered, and through a trying ordeal at Lillian's side. the bottle with the wild idea of putting where the square aperture gaped, a ber what my training has been. A nurse the bottle with the wild idea of partial to grasp and hold it away and trying to grasp and hold mute memento of the desperate attempt for everything. The unexpected is no shock to her. Besides, I'm not so sure to gain entrance. that I would have come out of your "Good heavens!" Lillian gave one look at the closet door, then whirled ordeal with as flying colors as you have. As your husband would say, That was some stunt, believe me, kiddo.'"

Her imitation of Dicky's voice and "Did anyone get in here? What did think she intended I should, and then Her hand was upon my shoulder in a

> grip of which I am sure she didn't real- story I was longing to hear. "Of course you want to know what spur to my faltering nerves. I found happened to us," she began. got downstairs we found Betty in the myself able to use my voice, to make hall with the door locked into the kitchen, and two or three men pounding on the other side of the door, demand-"No, he didn't get in." I said. And then at the light of relief which leaped had come to take the electric light meter into Lillian's eves I found myself sudout because Lillian hadn't paid her bill in three months. Of course Lillian

Katherine switched abruptly to the

house.'

and then to me: "Drink this, Madge, and lie quietly for a little until you're strong frankly admiring. "I never thought of that!" she said. up cross and ugly, as Granny alway "I never thought of that!" sno said.

Lillian Understands.

"Aren't you the Sherlock Holmes,
after I had obediently swallowed the
pungent draught she put to my lips. "I

"I never thought of that!" sno said.
"Aren't you the Sherlock Holmes,
though! And am I not the stupid!"

Her open, friendly approval was like resolved to give Mary's fairies
wine to me. It soothed the self-esteem
chance to help her. indeed, of fainting like that had been sadly wounded by my this, but I-I have had to do such an humiliation over my swoon

BY ISOBEL BRANDS

OF THE APPLECROFT

EXPERIMENT STATION.

Popcorn Soup.

popcorn on top of each bowl of soup

Rice and Peanut Loaf.

-MANNING

2 cupfule of cooked rice

1 cupful of ground peanuts 1-2 cupful of breadcrumbs

1-2 onion 2 cupfuls of boiling water

2 cupfuls of hot milk 1 teaspoonful of salt

Solving the Problem of New Dishes for the Children.

imple things which are so good for cooked cereal, add a layer of thinly

them, and unless they really enjoy the sliced apples, sprinkle with powdered

should. When the regulation custard the top with a few raisins, add a little

tard is the addition of one cupful of and thicken with butter and flour grated cocoanut, chopped walnuts or blended together. Sprinkle some hot

When children grow tired of cereals ment Station, Greenlawn, N. Y., inclos-

Where the Young Hunter Isn't Permitted to Eat the Best

Things He Catches

In the "back country" of Australia- | So it happens that it is the oldest

the "back country" of Australia—
the "bush" of rosy romance and grim
reality—there are tribes of black fellows
who through the years have built up a
social system founded on fear that
has an old father or an ancient fatherthat has an old father or an ancient father-

gives "all the best of it" to the old, So In-law, he must take the biggest snake

reversed is the usual procedure of life he catches to that elder and give it to

listens to the stories of these savage hunger with the less fat and smaller

The young boys and girls of the black fellows are taught that the best food must always go to the elders. Now, as food is often scarce in this section of "magic"—is the belief that a young per-

the bush, it happens that the ordinary son who disobeys this law of "the best foods of which we know are rarely to for the eldest" will go to the devil.

be had. Therefore the black fellows ear Certain it is if he is caught he

small animal and insect life that is ing.

things he catches.

as we know it that one is amazed as he him, being content to satisfy

one-half hour.

1 can of corn

just before serving.

Dash of salt

Mary Held Up Her Two Hands, Granny's lip trembled and her eye

When I again opened my eyes it was to look into Lillian's anxious, loving face, while Katherine was applying restate, while Katherine was applying restated by the control of the control

"You're Granny's little worker, a right," laughed Granny as Mary fle around singing at the top of her voice

"Oh, no, Granny!" exclaimed Mary.
I'm not the worker, It's my eight
title fairles and two little elling who are helping you."
Granny looked around the room. "I'd

like to believe in fairies," she laughed, "but I can't see any fairies in this kitchen."

Mary laughed and held up her two Here are a few suggestions for cracked wheat, oatmeal and other ce-

'Here they are, eight little Finger Granny looked from Mary's little

Granny looked from Mary's little fingers to her own crooked ones. "Well, if your are fairles, mine shall be, too," she laughed.
"Goody! Goody!" exclaimed Mary, jumping up and down. "If you believe in fairles and keep happy they'll help you all the time. We'll make believe our house is a golden castle and we're washing the Fairy Prince's clothes."
Granny Dee agreed, and before they knew it the work was finished.
"Wash day never passed by so quick-"Wash day never passed by so quick-before!" exclaimed Granny. "Why

1 teaspoonful of salt
1-4 teaspoonful of papriks
1 tablespoonful of butter
2 tablespoonful of butter
Chop the corn and the onion, add water and simmer 20 minutes. Press through a sieve, forcing through all corn possible, add milk and seasonings.

"Wash day never passed by so quick-ly before!" exclaimed Granny. "Why. I'm not a bit tired!"
"I knew it!" laughed Mary, "If you open your, heart to the fairies they're sure to help you."
Granny Dee and Mary were always hanny after that, for Granny Dee had opened her heart to the work-a-day fairies. corn possible, add milk and seasonings, fairies.

TOMORROW'S HOROSCOPE

(By Genevieve Kemble).

The planetary regents again bless Dash of salt

Mix the peanuts and cooked rice, promise, both malefics and benefics be form into a loaf and cover well with ing in encouraging aspect. There is 1 tablespoonful of sait

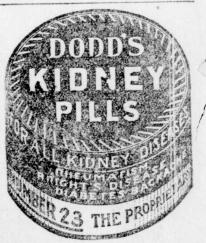
Beat the yolks and the whites of the ing dish and bake 20 minutes. This broad beneficence, the luminaries ggs separately. Cook the faring in the dish can be varied by substituting homeggs separately. Cook the faring in the digh can be varied by substituting homing unfriendly to those in
milk until tender, and when it begins to iny or commeal or mashed potato for those seeking favors fr milk until tender, and when it begins to thicken add the grated rind of the lemon, the chepped almonds, sugar, salt and almond extract. Remove from the fire, stir in the beaten yolks of eggs and fold in the beaten whites. Pour into custard cups and set aside to cool.

When children grow tired of cereals will be grad to send you additional children's recipes if you into custard cups and set aside to cool.

When children grow tired of cereals want Station Grantsway N. V. freshed. When children grow tired of cereals ment Station, Greenlawn, N. Y., incloses the served in the ordinary way, try serving them in pudding form, Cornmeal, farina, for a personal reply. and advantageous moves, changes

ourneys are predicted.

Those whose birthday it is may expect a very prosperous and hapmyear. A child born on this day will be clever, generous, lovable and successful to the control of the control of



HEALTH SOAP Use Lifebuoy for the hands, the bath, the clothes, and the home.

We Specialize

creat need of a rest cure first. If their

xpression is strained or the lids are

flamed, heed the danger eignal and epair the damages done by over-exer-

ish your store of energy and vivacity,

Perhaps you are one of those over

in correctly filling the recipes which appear on this page.

airncross

ma Dundas St. Phone \$16 "CUT PRICES EVERY DAY."

The Famous Spanish Prima Donna Most of us know that it is good for, ish towel. Slip on a nightrobe and your dressing-gown. Lie down and cover yourself well with light, warm beddraw to a quiet, secluded spot and leave clothing. Moisten two little pads of behind the cares and worries of the antiseptic gauze with a lotton formed of but you cannot stand having them equal parts of witch hazel and rose- make fun of your religion water, and place them over both eyes.

BY LUCREZIA BORI

If you wake up in the morning feeling Try to sleep, since sleep is one of the when the body is completely exhaust
when the body is completely exha tired and trritable and upon looking at best beautifiers. pourself in the mirror find that your face has a hargard, weary expression, ed you will find that you can sleep sev- | cheerfully and with so much common

it's time for you to so into a beauty If your eyes are inclined to be in-Close your doors on the busy world flamed, bathe them several times a day, there's something big and fine and of the day at home and abroad until and give your tense nerves and muscles with strong sait water, and when the strained expression and the inflammawith strong sait stater, and when the strained expression and the inflamma- iton have disappeared use the following religion, and then they will let you 'How sweet the child is really a shame to tesse And until my brother sa

Boracie acid1 dram Camphor water 3 ounces The complexion always suffers when stretched taut from sunrise to sunset, the nerves are ever-wrought, The skin dreamland with her. If so, it's high tiny wrinkles, but it loses its brilliancy time that you learned how to give your ture. Take advantage of the beauty re-

body and mind a complete rest. No treat and restore your skin to its normal woman may hope to retain her good beauty. tooks unless she can shut out all un-Apply cloths dipped in warm witch necessary rush and excitement for a minutes. Then massage the skin with eucumber cream, made of the following

Almond of ,,,,,,,,, 2 ounces Cucumber juice ,,,,, 1 ounce Be sure to let your hair rest, too, It is natural for the hair to hang straight from the head, Hairpins are often inju-

Letire to your room and leave word rious, and in twisting the strands of we are working against nature's hat you're at home to no one. Then Carefully brush your hair and mea- ly 5 per cent of nitrogen and a small draught animal except the camel. sage the scale. Then let it hang free, exposed to the air. Dark hair may be they are used as a factilizer. take a warm bath, followed by a cool exposed to the air. Dark hair may be they are used as a fertilizer. ibbed with the following tonic:

Sulphate of iron ,,,,,7 grame Distilled water ,,,,,, I ounce Ba yrum ,,,,,,,,,,,, 1 pint If you are a blonde and wish to righten your hair, use this tonic in-

Honey ,..., 3 ounces Rhubarb steeped in

bay rum ,,,,,,,,, 3 ounces Your feet should rest too. Bathe them every day in strong borax water and attached to the roof of a train which massage them with witch hazer. Discard stockings and wear sandals. unless she goes into the silence now complete rest to restore her body, that she may meet her duties

little bigoted yourself? Do you talk your new belief night And your family is of a different religion, and thy tease you and make fun of you, and you believe they'd actually your family?

Can't you make allowances for them the control of the control o HOW TO TAKE A "REST CURE" rather see you ill again than to admit and realize that if what you believe is AT HOME FOR BEAUTY'S SAKE

appreciation. Well, now, I think that is just exactly the kind of thing you ought to

eral hours each day and all night as sense and so much broad and liberal religion to a human soul except to those tolerance that they will begin to see who thought as I did. This is the very time for you to

demonstrate just exactly what you ligion is, she's all right, and I think claim for the faith which you believe we ought to let her alone about it." the world can uproot it. No one can there in your own family.

change the effect it has upon your char- I don't know what religion your acter, and perhaps you can change very much the characters of those about you. Whose the Fault?

Of course your family is not only delicate, nervous girl, for a belief

I'd live it, and I'd live it every "How sweet the child is growing; And until my brother said to my

Do Your Part.

"Well, anyhow, whatever her re You have just exactly the chance you If it is a real part of you, no one ir ought to be delighted to welcome right

wery cruei, but very foolish, to tease and even mildly to persecute you.

What you believe, you believe, and no one has any right to laugh at you

Think it over, and then set yourself to fee for the football work. for it. And if your religion is a com- to a good winter of fine, fruitful work has made you well and in the vineyard that seems to need at

Odd and Interesting Facts

happy, no one but the veriest bigot least one good, earnest laborer.

Starfish are known to contain near- dure more fatigue than any other

The mountain regions of Cuba include many ridges and valleys of ex- at the rate of one mile in 14 days, tremely fertile land, nearly all un-touched, and existing practically as and existing practically as they did before the time of the Span-

An experiment was once made to see moisture and salt. how fast a bee could fly. The hive was before the bee was left behind,

Naturalists state that serpents can live six months or longer without food.

average speed of an ordinary snail 's Cotton grows best in low costa; land in tropical latitudes. It is a native of

less climates, and requires plenty of Mexican Central Railway, 72 miles

A salt-producing 'ake nerr Salmas Station, on the Tampico division of the west of San Lais Potesi, is one of the frock is of navy-blue French serge. The wonders of Mexico. It may be termed tunic and the bodice are side pleated, a two-story lake, for at times there is opening in front to disclose the plain a lake of fresh water overlying the salt lake. A watertight roof of green mud separates the fresh from the salt of water, of water of the salt lake. A collar of white satin. They must bring that lizard and burst. They must bring that lizard to the oldest man in the family, for he alone can eat it without danger, ages of a very low plane.

By MME. FRANCES

Piece Frock of Serge.

Asia, likes light soil in warm, frost-