operation of pulling a horse's head around against his side, will prevent any horse from jumping ahead, rearing up or running away. If he is stubborn and will not go, you can make him move by pulling his head around to one side, when whipping would have no effect. And turning him around a few times will make him dizzy, and then by letting him have his head straight and giving him a little touch with the whip he will go along without any trouble.

Never use martingales on a colt when you first ride him; every movement of the head should go right to the bit in the direction in which it is applied to the reins without a martingale to change the direction of the force applied. You can guide the colt much better without them, and learn him the use of the bit in much less time. Besides martingales would prevent you from pulling his head around if he should try to jump.

After your colt has been rode until he is gentle and well accustomed to the bit, you will find it an advantage if he holds his head too