## Preface.

This little book is made up of six essays:

"Old Time Customs," comprising more than half of it, had its origin about ten years ago in a paper read by the author at a meeting of the Nova Scotia Historical Society in Halifax. Although it is still but a small affair, it has grown considerably by the addition of new topics and by enlarging on those originally included. As implied in the sub-title, some of the customs described were within the writer's experience, while others were obsolete or pertained to other lands.

"Jack and Jill" claims recognition in these pages on account of its close relationship to the olden times, it being one of the standard nursery stories associated with "Jack and The Bean Stalk" "Jack the Giant Killer," "Beauty and the Beast," and "Old Blue Beard," which brightened the days of children before we were born. When one looks closely into these little stories which gave so much amusement to young people in former days, one wonders if they were pure inventions of the imagination, or if they originated in some historic event.

"Culture and Agriculture" grew out of a short talk to an Agricultural Society. Subsequently, with some additions, it was read before The Nova Scotia Fruit Growers' Association at a meeting held in Wolfville.

"A Vision" may seem to some ultra-sober minded people as quite unworthy of a place within the covers of a book. Let me tell them that when one is caught away on the wings of vision resist-