

three Simples; and when any Distemper seizes them, little Assistance is either offered or expected from Medicine: Therefore they apply themselves chiefly to the *preventive* Part, and endeavour to preserve Health, by using a great deal of Exercise, with frequent Bathing and Sweating.

When any one has narrowly escaped Drowning, and swallowed a great Quantity of Water, they presently give him a Glister of the Smoak of Tobacco, and then hang him to a Tree by the Heels. In which Condition the Stomach quickly discharges itself of that Load of Water with which it was oppressed.

Upon the whole, they are a lazy Set of People without any Forecast, and won't be at the Pains of providing any Store against a bad Season, or other Accidents. They think it abundantly sufficient to sow as much Land as will ordinarily produce Corn enough to serve them till the next Season, so that in case the Crop comes to any Mischance, they live miserably, and suffer great Want, even in the Midst of Plenty, rather than be at the Pains of hunting and killing so much Game as would be a comfortable Support.

To effect this requires but little Fatigue, for the Country *abounds* with the Necessaries
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