

INTRODUCTION.

CHRISTIANITY is a spiritual religion adapted to the needs and circumstances of humanity. Its motive power is in the spirit, but its practical action is through the body. Its sphere of operation is pre-eminently in this world and for this life. Anything that contributes to the procuring of a true spirituality as the foundation of Christian character, and its application to every-day living ought to be hailed with delight. Such a contribution is here offered by Rev. Ralph C. Horner. His treatment of the subject will, no doubt, suggest heart-searching thought which, if applied to the individual life, must result in a truer Christianity.

The Christian religion, though divine in origin and power, is intensely human in application and result. Christ, in all His teaching, constantly enforced human relations. He was ever rebuking that hypocritical righteousness that centred in self,