

Headache

Horsford's Acid Phosphate

This preparation by its action in promoting digestion, and as a nerve food, tends to prevent and alleviate the headache arising from a disordered stomach, or that of a nervous origin.

Dr. F. A. Roberts, Waterville, Me., says: "Have found it of great benefit in nervous headache, nervous dyspepsia and neuralgia; and think it is giving great satisfaction when it is thoroughly tried."

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Beware of Substitutes and Imitations.

For sale by all Druggists.

If we can take the first issue for the new year as any criterion the Ladies' Home Journal promises well for the coming twelve months. Mary Anderson de Navarro continues the reminiscences of her "Early Days on the Stage." Ex-President Harrison's paper, in his "This Country of Ours" series, deals with the Federal Constitution. Edna Lyall records in an interesting paper her "Early Life and Influences." The fiction in the number is contributed by such well-known writers as Frank R. Stockton, Jerome K. Jerome, Rudyard Kipling; and Julia Magruder. The regular departments are all as usual bright, interesting and complete.

The complete novel "Mrs. Crichton's Creditor" in this month's Lippincott's is written by Mrs. Alexander, the well-known authoress of "The Wooing O't." The creditor was also Mrs. Crichton's admirer, but one whose devotion was remarkably disinterested. There is less to be said in favour of her husband. The story is well-written and should prove interesting to the readers of Lippincott's. Mrs. Pullen, better known as Elizabeth Cavazza, who knows Southern Italy like a book, contributes a Neapolitan story entitled "The Woman of Asbestos." William T. Nichols is the author of an original and amusing story, "The Way of a Will." Another short story in this number is by Charles Dudley Rhodes, who narrates the tale of "The Man who Came to Town." Lyman H. Weeks writes about "Some Women in Doublet and Hose"—actresses who have impersonated male characters. Richard H. Stoddard contributes some reminiscences of Longfellow, and John Stewardson writes about "Architecture in America." The poetry in the number is by Grace F. Pennypacker and Charles G. D. Roberts.

IT'S DANGEROUS GROUND

that you stand on—with a cough or a cold and your blood impure. Out of just these conditions comes Consumption.

You must do something. In the earlier stages of consumption, and in all the conditions that lead to it, Doctor Pierce's Golden Medical Discovery is a certain remedy. This scrofulous affection of the lungs, like every other form of Scrofula, can be cured by it. In severe, lingering Coughs, all Bronchial, Throat, and Lung Affections, and every disease that can be reached through the blood, it is the only medicine so effective that, once used, is always in favour. Pamphlet free. Address World's Dispensary Medical Association, Buffalo, N. Y.

A Wondrous Change

THE STORY OF A YOUNG LADY IN SMITH'S FALLS

Her Health Was Badly Shattered—Suffered from a Bad Cough and Constant Pain in the Side—Pale and Almost Bloodless—Her Health Again Restored.

From the Smith's Falls Record.

"I know that if I had not begun taking Dr. Williams' Pink Pills I would not have lived much longer." These words were uttered by Miss Mossop, daughter of Mr. Johnston Mossop, of this town, and a young lady extremely popular among her friends and acquaintances. Miss Mossop had been ailing for several years, and her recovery to health is a matter of general rejoicing among her friends. To a reporter she gave her story as follows: "I scarcely know how my illness began. The first symptom was a feeling of tiredness upon the slightest exertion. The color left my face, and I became as pale as a corpse. Then I was attacked with a pain in my left side and coughed a great deal. At first home remedies were tried, but as they did not do any good a doctor was called in.



Could not Go up Stairs Without Resting.

and I was under his care for about a year. But the treatment did not do me any good, and I was steadily growing weaker and weaker. I was unable to go up stairs without having to sit down and rest when I got there, and the pain in my side became more and more intense. I kept wasting away and lost all interest in life, and at last was so low that recovery was not expected. At this juncture my mother saw an article in a newspaper relating the cure of a young lady whose case was almost identical with my own, and whose cure was due to Dr. Williams' Pink Pills, and this prompted a trial of that medicine. By the time a couple of boxes were used there was a feeling of improvement and I continued using the Pink Pills until I had taken nine boxes, all the time gaining rapidly, until now I feel that I have recovered my old time health. I can now walk a long distance without being tired, and I am no longer troubled with that terrible pain in my side. My appetite has returned and I can now eat almost as much as any member of the family, and I know that had I not begun taking Pink Pills I would not have lived much longer."

Mrs. Mossop says she cannot express the gratitude she feels toward this grand medicine which has restored her loved daughter's health, and will always speak of it in terms of praise.

Dr. Williams' Pink Pills are especially valuable to women. They build up the blood, restore the nerves, and eradicate those troubles which make the lives of so many women, old and young, a burden. Dizziness, palpitation of the heart, nervous headache and nervous prostration speedily yield to this wonderful medicine. They are sold only in boxes, the trade mark and wrapper printed in red ink, at 50 cents a box or six boxes for \$2.50, and may be had of druggists or direct by mail from Dr. Williams' Medicine Company, Brockville, Ont.

W. E. BESSEY, M.D.,
ORIFICIAL SURGEON,

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