

"A THREE-TIME WINNER."

Has Hanlan Lost His Grip?—Philosophical Training Demanded.

The defeat of "Ned" Hanlan by Teemer at Toronto in August indicates the "end of the glory" of the doughty champion.

He has sustained his record with admirable pluck and success, but the tremendous strain of years of training must certainly some day find its limit.

Apropos of his we recall the following interesting reminiscences of aquatic animals:

On a fine, bright day in August, 1871, an excited multitude of 15,000 to 20,000 persons lined the shores of the beautiful Kenebecassis, near St. John, N. B., attracted by a four-oared race between the famous Paris crew of that city and a picked English crew for \$5,000 and the championship of the world. Wallace Ross, the present renowned oarsman, pulled stroke for the Blue Nose crew, and "Jim" Renforth, champion sculler and swimmer of England and of the world, was stroke in the English shell.

Excitement was at fever heat.

But three hundred yards of the course had been covered when the Englishmen noticed that their rivals were creeping away.

"Give us a dozen, Jim," said the veteran Harry Kelly, ex-champion of England, who was pulling No. 3 oar.

"I can't, boys, I'm done," said Renforth, and with these words he fell forward, an inanimate heap in the boat.

"He has been poisoned by book-makers," was the cry, and belief.

Everything that science and skill could suggest for his restoration was tried; but after terrible struggles of agony, the strong man, the flower of the athletes and pride of his countrymen, passed away.

The stomach was analyzed but no sign or trace of poison could be found therein though general examination showed a very strange condition of the blood and the life-giving and health-preserving organs caused by years of unwise training. While the muscular development was perfect the heart and kidneys were badly congested.

The whole system was, therefore, in just that state when the most simple departure from ordinary living and exertion was of momentous consequence. His wonderful strength only made his dying paroxysms more dreadful and the fatality more certain.

Hanlan is now in Australia. Beach, champion of that country, is a powerful fellow, who probably understands the liability of athletes to death from over-training, the effect thereof being very serious on the heart, blood and kidneys, as shown by poor Renforth's sudden death.

Within the past three years he has taken particular care of himself, and when training, always reinforces the kidneys and prevents blood congestion in them and the consequent ill-effect on the heart by using Warner's safe cure, the sportsman's universal favorite, and says he "is astonished at the great benefit."

Harry Wyatt, the celebrated English trainer of athletes, who continues himself to be one of the finest specimens of manhood and one of the most successful of trainers, writes over his own signature to the English *Sporting Life*, September 5th, saying:—"I consider Warner's safe cure invaluable for all training purposes and outdoor exercise. I have been in the habit of using it for a long time. I am satisfied that it pulled me

through when nothing else would, and it is always a three-time winner!"

Beach's and Wyatt's method of training is sound and should be followed by all.

ADVICE TO MOTHERS.

MRS. WINSLOW'S SOOTHING SYRUP should always be used for children teething. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhoea. 25c. a bottle.

"OH, Arthur! how happy I would be alone with you on a quiet island in the distant ocean!" "Have you any other desire, dearest Ella?" "Oh, yes! do get me a season ticket for the opera."—*Romantic Love and Personal Beauty.*

CATARRH.

Catarrhal Deafness and Hay Fever—A New Treatment.

Sufferers are not generally aware that these diseases are contagious or that they are due to living parasites in the lining membrane of the nose and eustachian tubes. Microscopic research has proved this fact, and it is now made easy to cure this curse of our country in one or two simple applications made once in two weeks by the patient at home. Send stamp for circulars describing this new treatment to A. H. Dixon & Son, 303 King St. West, Toronto, Can.

PORTLY Old Gentleman (to student in lawyer's office): Is Counselor Blackstone in? Law Student: He is at present engaged in consultation, sir; he will be at liberty in a moment if you will wait. PORTLY Old Gentleman (taking a chair): Do you smoke? (pulling a cigar from his vest pocket.) Law Student (rising eagerly): Yes, sir! PORTLY Old Gentleman: Then you won't object to my lighting a cigar.—*N. Y. Life.*

LANDLADY (sneeringly)—And so, Mr. Smith, the pie you had last night was the worst I ever made, was it? Boarder (apologetically)—Oh, madam, you have been misinformed, I assure you. I never said it was the worst pie that you ever made. In fact, I did not mention your name at all in the matter. I simply said that it was the worst pie ever made.

HOW TO EXPRESS THANKS.

"TOMMY, what do you say to Mr. Tomkins for giving you that apple?"

"Thank you."

"Thank you, what, Tommy?"

"Thank you, old man."—*Epoch.*

BROTHERS IN AFFLICTION.

Two bruised and battered patients lay side by side in a hospital ward. "I'm a baseball umpire," said one, who are you?"

"I was one of the judges at a baby show," said the other; and then the orderly came and gave each of them a hypodermic injection of morphine.—*New York Sun.*

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