

Monarch Park

The proposed establishment of a civic hospital in the East End and the erection of a ratepayers' community hall, were topics discussed at a meeting of the Monarch Park Ratepayers' and Business Men's Association, in Canada Bread Company's Building, Danforth Avenue, with the president, D. MacMillan, in the chair.

The following were elected a membership committee:—Messrs. G. J. Vanstone J. Filch, N. J. Grose, W. Tursle, D. MacMillan, Robt. Dawson, J. E. Virtue and S. Love.

Publicity committee—John Walsh, chairman; E. F. Benson and D. Kissock.

"Flu Can Be Controlled If Proper Care is Taken.

For a fortnight or more past the cables have been bringing the information from London and Paris that influenza has assumed near epidemic proportions there. The disease is the same which was so prevalent in this country in 1918. New York city is now reporting 30 influenza cases a day, but there is nothing bordering on an epidemic. Dr. Royal S. Copeland, of the New York Health Department, sees no indications that there will be an epidemic if the public exercises care.

The United States Government is watchful at Quarantine that any epidemic abroad may be kept out. There is also the responsibility on the average citizen. If a person develops a cold and the

physician says he should stay at home the order should be followed to the letter. The New York health department has issued a suggestion that should be followed in other sections. It asks all persons who have colds to take proper care of them and it urges that if they develop even a touch of fever they stay away from work and avoid mingling with other persons.

No Grip Epidemic Threatened

Some people seem to be trying to scare up a grip epidemic for this country during the present season

Reports of the prevalence of a form of grip in Europe are magnified into terrifying proportions and the display of warnings and precautionary measures has begun.

The best medical authorities, however, state that there is no case of the old time destructive grip in this country nor is there any indication in Europe of the existence of the form of grip which caused so much trouble a few years ago.

There is, therefore, no cause for alarm or excitement because the thing does not exist anywhere today so far as known. There is no grip wave, neither here nor there. The ordinary winter colds are prevalent and nothing more.

The ordinary precautions as an aid to the maintenance of good health should be observed now as always. There seems, however, to be no occasion for extraordinary measures.