

—which is the principal procedure in the treatment—can be successfully carried out only by enforced hospital treatment.”

It would be quite unnecessary to further multiply the views of eminent observers. All unite in the opinion that there is but one method to be adopted, and that is to secure control of the inebriate, to place him under restraint; in other words, treatment in a properly regulated institution.

He must be taken away from his old environments, from his associations, from his temptations. A new sphere of life must be opened to him. A scientific method of treatment, firmly, systematically, and continuously carried out, appeals to the patient, and secures his co-operation and his active sympathy. The mental effect on the patient, of such, is of the greatest help in his treatment and recovery.

Now, how are we situated in Ontario, on a question of such far-reaching importance? There is not in the Province a single State institution, where these manifold diseases may receive proper treatment. With folded arms we stand idly by while the disease is doing its deadly work. Children are begotten in inebriety, suckled by inebriates, raised in an alcoholic atmosphere, and then sent out to join the grand army of inebriates staggering on to its doom. I need not dwell on the character of its victims; there is no class exempt. When they become a nuisance to society, a danger to the public, the State may step in and send the victim to the asylum; even then it is remarkable how many recover, and are not again affected; which would go to show the necessity of early and timely treatment, in suitable institutions, maintained by the State, and where the inebriate, in the incipient stage of his disease, could be committed by legal process.

The character of the institution, its location, its equipment, its medical supervision, must be carefully considered. It is scarcely necessary to remark, the institution should be conducted under modern hospital methods. The location should, by all means, be cheerful and enticing, and with the best sanitary surroundings. The prospect should be attractive and varied. The grounds must be ample and secluded, as far as possible, for open-air exercise and occupation thereby are valuable factors and cannot be overlooked. The equipment for such an institution should consist of modern therapeutic agencies. The continuous baths are an absolute necessity. From personal observation at Rockwood Hospital, where these baths are now in operation, I can speak of their valuable therapeutic action. Turkish baths, the various forms of douche baths, etc., are necessary comple-