

The Sister of Mercy.

I have read of a princess whose gleaming hair
outshone the sheen of her crown of gold;
Her step was proud and her face was fair,
And the broderies of her garments rare
Were full of jewels as they could hold.

My princess is clad in a plain, black gown—
It is a plain, black gown that is worn and old—
And a simple veil instead of a crown;
But up and down, through the dingy town,
She carries a heart that is all of gold.

For her soul is the home of all things blest,
Her heart is the palace of the King;
Ready to welcome the holy guest
She keeps it daily garnished and dressed,
Free from each false and evil thing.

She cheers the hearts of those who reprove;
Sorrow she comforts and pain and loss;
The sufferer blesses this princess of mine,
Whose outward sign of the life divine
Is the bearing with Christ the sacred Cross.

Five Minute Sermon.

MAN'S NEED OF GOD.

If our Divine Lord were to reappear in the flesh to-day, walking among men, as He did nineteen centuries ago, He would, no doubt, have with Him again the multitudes, attracted by the sweetness of His divine personality. He would see at His feet amongst the miserable millions embodying mankind's collected woe not only the dumb, the blind, the lame and maimed, casting themselves down before Him to be healed, but crowding around Him a multitude of those who have nothing to eat. Compassion would again be dominant and rule supreme in His Sacred Heart, and who can doubt that the Healer of mankind would again, while healing the sick, not send away the others fasting?

There is no need to dwell here on the fact that in the present as in bygone times there is scarcely much difference as to the vastness in numbers of those who literally in plain Gospel language, "have nothing to eat." If the percentage of the poor and needy, of those hungering for their daily bread, has remained unchanged, as great as in the past, it is owing to the prevalent, but all universal love of gain. If, then, the wretched become dependent upon others more fortunate than themselves, their relief is a means to make those who help them like Jesus Christ. But though without such help the wretched multitude must go away fasting and fainting, this sorrowful truth is not the whole truth. The real state of things is still worse. For if we consider likewise, as we ought to, the spiritual and moral condition of the greater number of those that have abundance—that is, that are filled with bread and meat and the other good things of this life—we find in another sense of the divine text that they have nothing to eat. If we were only able to read their souls, it would be seen that, in spite of their bodily fullness, they are still spiritually fasting owing to the void in their hearts.

In this world there is no food which can fill the desire of men's souls. There is, then, not only the danger of their fainting by the way but there are in reality vast numbers of them who have fallen, who at every moment are falling by the wayside, and away from true life.

The truth then is: To-day as of old, multitudes are without God, without Christ, by their own fault. They will not follow Him out to the desert, will not listen to His words, ponder upon them; will not ask for grace to believe and be filled with truth. No; in pride, in deluded self-satisfaction, in the bustle of life, in the entanglements of passion or business, they suffer life to run on in some faint, half-hearted way, desiring the truth but never, as the Apostle says, coming to the knowledge of it. But we, by God's mercy, have the truth, we have eaten and been filled; oh! let us prize it, let us above all be faithful to it—for our Lord says: Blessed are you, not because you know the truth, not solely because you possess it, but blessed are you, if, knowing it, you live up to it.

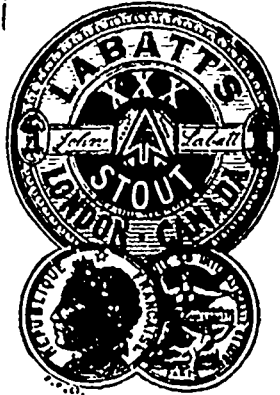


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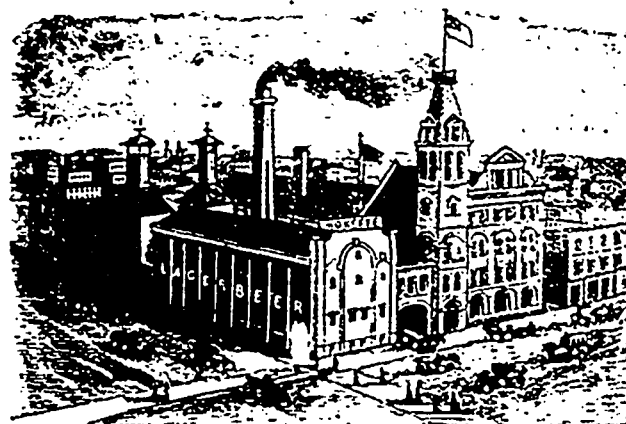
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Fleischmann's Yeast.....half a cake
Sugar.....two pounds
Lukewarm water.....two gallons

Dissolve the sugar and yeast in the water,
add the extract, and bottle; place in a warm
place for twenty-four hours until it ferments,
then place on ice, when it will open spark-
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The root beer can be obtained in all drug
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Selected Recipes.

APRICOT PIE.—Soak dried apricots
in water over night, cook gently until
tender, sweeten to taste, and bake with
two crusts. Dried peach pies are nice
made in the same way.

COCOANUT PIE.—Half a cup of coco-
nut, the same amount of milk; flavor
and salt to taste. Bake with one crust,
make a meringue of the whites of the
eggs and one tablespoonful of sugar;
brown lightly.

SQUASH PIE.—Boil and sift the
squash and thin it to the consistency
of thin gruel, using two-thirds milk
and one-third cream. Sweeten to taste
and flavor with cinnamon. Use no
eggs. Bake with one crust.

CREAM PIE.—Beat together one egg,
half a cup of sugar, three teaspoonfuls
of cornstarch and half a cup of cream.
Stir all together, warm two and one half
cups of milk, mix with the other
ingredients, and bake like custard pies.

GUSTARD PIE.—Mix two cups of
milk, two well-beaten eggs and two
tablespoonfuls of sugar together. Line
a pie plate with crust, pour in the
mixture, grate a little nutmeg over the
top, and bake in a quick oven until the
custard sets.

APPLE CUSTARD PIE.—Beat the yolk
of one egg and half a cup of sugar un-
til very light, then stir in one cupful
of apple sauce; flavor with lemon ex-
tract. Bake with one crust in a quick
oven. Make a meringue of the white
of the egg and brown slightly.

LEMON PIE.—Beat the yolks of two
eggs until light, add one cup of sugar,
one and one-fourth tablespoonfuls of
cornstarch, the juice and grated rind of
one lemon, one and one-half cups of
boiling water and beat them all to-
gether until perfectly smooth. Cook
this mixture until it thickens, then
turn it into a crust and bake. Use
the whites of the eggs with two table-
spoonfuls of sugar for a meringue.

STRAWBERRIES WITH WHIPPED CREAM
—Put a layer of hulled berries in a
deep dish, sprinkle with powdered
sugar and cover with whipped cream.
Arrange another layer of berries and
continue with alternate strata of sugar,
berries and cream, until the dish is full,
heaping the cream on top. This
should be done just before the dish is
to be eaten, and berries, cream and
bowl should all be thoroughly chilled.

Zeal For Souls.

The Paulist Missionary now working
among non-Catholics, Father Elliott,
says:

"The missionary spirit is needed for
our own inner life, in order that racial,
local, family influences may be restrict-
ed to their subordinate spheres. These
tend to supplant the universal. Noth-
ing tends to make a man universal,
Catholic, better than the noble virtue
of zeal for souls. 'Blessed is the man
who hath found a true friend' is per-
fectly true in its converse; blessed is
the man who is the true friend to an-
other.

"It is easy to see, therefore, that a
spirit of defence is not the missionary
spirit, but one of aggressive charity."

"How to go to work is an easy prob-
lem, since we have a perfect organiza-
tion which can utilize the resources of
modern civilization. Let us have the
determined purpose—the men of action
bent upon success—and the ways and
means are the divine methods of the
Church and the modern opportunities
of the press, the platform, and the in-
cessant intercommunication of all class-
es in America."

An "aggressive charity" is "the
missionary spirit."

EXCELLENT REASONS exist why DR.
THOMAS' ELECTRIC OIL should be used by
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or lungs, sores upon the skin, rheumatic pain
corns, bunions, or external injuries. The
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objectionable, whether taken internally or
applied outwardly.