selves with dainty meats, and fed thereupon very earnestly, he lifting vp his mind from earthly matters and meditating on heauenly visions (to the great admiration of those which were present) brake forth into an exceeding laughter: and no man presuming to enquire the cause of his mirth, they all kept silence til dinner was ended. But after dinner as he was in his bedchamber putting off his solemne roabes, three of his Nobles, to wit earle Harold, an Abbot, and a Bishop, being more familiar with him then the residue followed him in and bouldly asked him what was the occasion of his laughter: for it seemed very strange vnto them all, what should moue him at so solemne a time and assembly, while others kept silence, to laugh so excessively. I saw (quoth he) admirable things, and therefore laughed I not without occasion. Then they (as it is the common guise of all men) demaunded and enquired the cause more earnestly, humbly beseeching him that hee would vouchsafe to impart that secret vnto them. Whereupon musing a long while vnto himselfe, at length he told them wonderfull things: namely that seuen Sleepers had rested in mount Cælius two hundred yeeres, lying vpon their right sides; but in the very houre of his laughter, that they turned themselues on their left sides; and that they should continue so lying for the space of 74. yeeres after; being a dismal signe of future calamitie vnto mankinde. For all things should come to passe within these 74. yeeres, which, as our Sauiour Christ foretold vnto his disciples, were to be fulfilled about the ende of the world: namely that nation should rise against nation, and kingdome against kingdome, and that there should bee in many places earthquakes, pestilence, and famine, terrible apparitions in the heauens, and great signes, together with alterations of kingdomes, warres of infidels against the Christians, and victories of the Christians against the infidels. And as they wondered at these relations, he declared vnto them the passion of the seuen Sleepers, with the proportion and shape of eache of their bodies (which things no man liuing had as then committed vnto writing) and that so plainely and distinctly, as if he had conversed a long time in their company. Hereupon the earle sent a knight, the bishop a clearke, the Abbot a monke vnto Maniches the Emperour of Constantinople, with the letters and gifts of their King. Who giuing them friendly entertainment, sent them ouer vnto the bishop of Ephesus; and wrote his letters vnto him giuing him charge, that the English Ambassadours might be admitted to see