WOMAN'S LACK OF DIVERSION.

A REFRIGERATOR WITHOUT ICE.

Our grandmothers got along very

well without it. Campers of experi-

ence today are equally independent.

A cooler can be made out of any

REMOVE IRON RUST.

Boil a cupful of rice in two quarts

of water for thirty minutes. Let it

---

ing still,

the door;

yet done,

A PRAYER FOR LIGHT

As, one by one, the guests go out

And some who helped me once to do

Behold and bless Thee on the heav-

Uphola my strength! My task is not

Now that the hot weather is at The question as to who works the hand the old question of preserving income, who does all the housework the food arises before most houseand takes care of two or three bab- | keepers. By those who have refrigerathat small income, came up the other | solved, but those who live in small day, and this was the Fair-minded curable, have often greater difficulty. Man's contribution, interesting e-To them let it come as a pleasant nough, I thought, to pass along. surprise to learn that ice, though desirable, is by no means a necessity.

"I don't know who works the harder. I suppose that's different in different cases, but I often think to myself that the woman has the worst end of it in this way. When I go to The idea is simply to have a refrigwork in the morning I am apt to erator based on the old-fashioned meet two 'or three men I know on "coolers." the train. In the office I come in con tact with a dozen more. I usually box that hap for its sides slats inlunch with someone I know and say stead of solid boards. A peach crate 'How de' to a few more coming makes a very satisfactory one. The

box once chosen, all that is needed "Now I have the contract, how- in the way of construction is to add ever brief, with all these minds to as many shelves inside as desired, take me out of myself, and interest and a door on hinges. Then cover the door, sides and back with burlap

"What does my wife have in the or some similar material. meantime? Outside of the grocery man | On the top place a pan, preferably and the iceman, and maybe one or enamel, and from this pan hang two peadlers and perhaps a short wicks made of strips of flannel four chat with the woman next door, and or five inches in width. These wicks the hour the children are home for should have one end resting on the lunch-nothing. And all the time inside bottom of the pan, and the she's doing work that keeps her other hanging over the edge of the hands busy but not her mind.

'Now does'nt it stand to reason fill the pan with water. that she is going to find the day The cooler should be placed in longer and more tiresome than I do .: | cool place, where the wind can blow

"When I come home at night there upon it. The wicks absorb the water is nothing I like to do so well as to and distribute it through the mesh sit down in front of my own hearth of the burlap by capillary attraction. fire and rest. I used to think it was The wind causes the moisture to eva. queer that my wife felt differently, porate, and the evaporation reduces was always wanting to get out some- the temperature inside the refrigerawhere when she had such a nice home tor. A writer in The Youth's Comworth trying. side interests as I could."

If more men would get the Fairminded Man's point of view, I think we should have fewer discontented

many miles from here a staid mid- ing effects on the broad and ultimate King for pardon: dle-aged woman of unimpeachable development of the child character. character and habits went out into A mother of a nervously inclined

ground. The woman was examined oped the most terrible of diseasesand taken to the insans asylum, St. Vitus cance. She was cured after where she died a month later.

"Too much to occupy her hands outlays of money, but the period is and too little to occupy her mind for a dark one in that home. - Cynthia thirty years," was the concise ex- Grey. planation the doctor gave her.

That woman's sole diversion had been church on Sunday when the horses weren't too tired or it wasn't too stormy, and a prayer meeting or not to be excelled. Not only does it had no difficulty in coming into large

That is an extreme case, of course of long standing. but there are less virulent ones developing all about us.

Most of the insane jealousy on the stand over night and stra'n through part of women, most of the discon- a cheesecloth. Soak the iron rust tent and suspicion and unrest devolop spots in the rice water for four or while fingers fly over tasks so mech- five hours and then rinse in clear And FIG PILLS do not agree. The anical and so familiar that the mind water. This will effectually remove headache disappears after one or two is set free to roam at will, and lack- rust stains, no matter how old. ing pleasent occupation, it is given over all too often to foolish brood-

Broader educations, more opportunities for entertainment and outside interest, more chance for social work, those wonderful world links, the telephone, the magazine and the newspaper are doing much to improve this condition of affairs, but there is something that will do more than all

And that is simply more husbands like the Fair-minded Man-more men with his point of view and his will to

Here's hoping the next generation, But from the rising to the setting sun or better still, the next decade, brings them .- Ruth Cameron.

50c. and we will mail them.

They keep the whole system in the pink of condition.

Brockville, Ontario.

# Dr. Morse's Indian

have a remarkable record for consistently curing constipation, biliousness and indigestion, purifying the blood, banishing headaches and clearing the skin. 25c. a box everywhere.

Show me Thy light! Let not my wearied eyes Miss the fresh passing day.

But keep the light of morn, the sweet

And for the crowning grace, O. Lord,

crate and touching the burlap. Then With the great joy of Christ my heart endue,

To share the whole world's tears and still be glad.

as many Georges and Georgiannas as any semblance of a dock, involving "MOTHER'S BAD DAY" LEAVES movement from the United States. SCARS IN TINY BABY HEARTS It is told as historical foot-note, the distance over the bog and unout in and directed towards the chil- was under conviction for a capital cealment and because of the fact that In a little country town not so dren, have very lasting and hamper- crime, sent this petition to the

the garden one morning and calmly little girl, indulged so frequently in That King George will pity poor tantrums and unreasonable out-

> grant a long day, many months of treatment and large will pray.

> > "By George." When the 'petition' was returned it was with the words:

deses of FIG PILLS. They tone up the stomach and cure Constipation. 25c. a box. At leading drug stores or mailed on receipt of price by The Fig Be with me, Lord. My house is grow Pill Co., St. Thomas, Ont.

When the scarlet cardinal tells Her dream to the dragon-fly, And the lazy breeze makes a nest in

And murmurs a lullaby. It is July.

Nor let me at the labor cease to The corn-flower's cup awry, Each faithful hour, do service to my To bow to the butterfly, It is July.

> When the heat like a mist veil floats, And poppies flame in the rye, And the silver note in the streamlet:s

Has softened almost to a sigh, It is July.

When the hours are so still that time Forgets them, and lets them lie Neath petals pink till the night. stars wink

It is July. ...

without a bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy It is almost certain to be needed and cannot be obtained when on board the cars or steamships. For sale by all dealers.

BUR!ED TREASURE. War-Time Secret Lurks In an Ontario

Marsh.

Many and varied are the stories of lost treasures. It would seem almost that in all the earlier settled districts of Ontario there are treasures buried to find which would mean eternal opulence to the fortunate finder. Many of these stories are undoubtedly myths, but it is equally true that a goodly number are based upon more or less authentic facts, so that a story of a lost treasure that in itself evidences a considerable degree of reasonableness, and is substantiated by material evidence and the word of people yet living, may not be un-

About midway between the towns of Oshawa and Whitby, on the north shore of Lake Ontario, is situated what appears at the present time to be nothing more than a bleak, barren marsh, with its uninviting bogs and dense overgrowth of rushes and vege-tation peculiar to such places. It was not always thus, however, for many years ago this same area was a body of water of considerable depth, being in reality a bay of the lake. The story goes that during the war with the United States in 1813 the bay afforded shelter to a Canadian schooner while engaged in carry gold specie from Kingston for the pay of the militia stationed at York. The

vessel was sailing up the lake before a brisk sou'easter late in the afternoon of a September day in the year surprise
Of each new blessing that attends attends my way.

1813, and when a few miles west of can boat, one of the pirate type that were prevalent on the great lakes during the war and wrought havoc with Canadian vessels. The captain knew the coast fairly well, and he immediately thought of the bay as a means of escape, reckoning that the American boat, being of greater draught, would be unable to navigate the comparatively shallow entrance. With all haste he put into the bay, and his surmise proved to be correct. for, while he was able to work up

small boats as far inshore as possible,

Canadians. Anxious to reach York

and the protection of its fort, as soon

as they felt assured that the enemy

had abandoned the attack, they be-

gan the work of reloading prepara-

tory to continuing their voyage. It is not hard to believe that the task was most difficult, considering that

all was absolute darkness by now and

the nature of the ground over which

they had to carry the kegs of gold, nor is it at all improbable that, as

small boat up to the side of the

schooner. Means were not at hand to

recover it, and indeed had they pos-

sessed facilities it might have been

impossible to locate it and extricate it

glad to be once more on the open lake and on a fair way to a place of safety.

Chiefly through one of the crew,

who was on the spot and saw the

keg drop into the water, a William

McGann, has the story been handed

down. The bay has been long since

emptied of water by reason of the lowering of Lake Ontario and the deposit

of sediment, but it is not known that

the treasure has ever been recovered.

Many have sought in vain and some

have made the spot the mecca of their

financial peregrinations. Divining rods and various devices have been

Tossing Bouquets.

A London "Bull."

MINARD'S LINIMENT CURES PAIN

in the west.

ties of civilization.

the bay till he was a considerable distance from the lake, the gunboat, by "BY GEORGE." reason of its draught, was unable to enter. Not to be daunted, the Americans stood off as close to the shore as they dared and commenced to bom-And then one day somehow I got to panion, in describing such a cooler, foot to secure a coronation gift to tain, fearing lest they might land and thinking and saw it was this way, asserts that it will keep butter haed King George V. from all the Georges attack him on shore, thought it best and I have been considerably better and firm on the warmest days in of the British Empire, and the sug- to unload his cargo and endeavor to since about going out with her and summer. If this be true, as it protrying to bring home as many out- bably is, surely the idea is one well clude the Georgiannas as well, and arduous because of the absence of

that upon the accession of the House certain footing which old stumps and women, fewer absurd love affairs on Don't indulge in tantrums with of Hanover, the loyal gentleman who sunken logs provided. the part of married women, less in- your children. They are so honest and supported the son of the Princess by the momentary feat of assault at sane jealousy and unreasoning suspic- such sincere little beings naturally Sophia adopted as a token of loyalty the hands of the enemy, the task was ious on the part of wives, fewer chil- that they take everything, every at- and expletive "By George!" and it finally accomplished and the treasure dren out of sympathy with and titude literally, and having not de- may be in style to revive it at the Darkness bases to fall over the land ashamed of their mothers, fewer veloped the reasoning power to go present time. Under the snufflest of which added security to the wives old at forty and fewer women below the storm surface and figure Georges, a certain George King, who since it afforded mothers.

> the Americans, when there was in-sufficient light to enable them to direct their fire, simply sailed away, to the great delight of the defenceless "George King sends this humble peti-George King's condition;

George King for King George forever (Signed)

By George." church social perhaps once a month. | bleach the recent stain, but even that | favor at court and elsewhere throughout the kingdom.

And the lilies tall:lean over the wall

At the sunset in the sky.

Never leave home on a journey

Look Here!

I can sell Sewing Machines from \$25. up. Pianos from \$250. up. Phonographs from \$16.50 up. Edison Records from 40c. up.

Drop me a line and let us talk it over.

B Tupper Granville Street West Bridgetown, N. S.

SEE OUR White Skirts

Muslins, lawn 80c. flounce, tucked land lace trimmed

Long cloth, tucks and embroidery.

Long cloth, lawn flounce lace, tucks and insertion.

Cambric top, Hamburg embroideryflounce.

Cambric top, tucked and e m b r oidered flounce with Bridgetown, Sep. 26th. 191. beading.

Princess slip, fine nainsook, \$2.40 dust ruffle.

Geo. S. Davies ROYAL BANK BUILDING

Fine Watchmaking

My Watch Repairs during the past year have given good satisfaction. As the proof of the pudding is in the eating, so it is with watch repairs. The kind that lasts is the cheapest in the end. You will find my prices reasonable when you consider the quality of the work.

Ross A. Bishop

We are now ready to supply our old customers and also new ones with STRAWBERRY BOXES, CRATES and everything in the Fruit Basket line. Place your orders early and insure a

D. W. Murray, used in the endeavor, and the appearance presented by many of these treasure-hunters working in the light of a lantern at the dead of night is HANTSPORT, N. S.



REAL ESTATE

House For Sale

The undersigned offers modern house for sale. Sit. uated on the corner of Rink and School Streets. House contains eight rooms and an excellent bathroom, double parlors with a good tile grate, large scullery with set tubs, large pantry with china closet. Hall finished in oak, hardwood floors, Good large attic. clothes presses in all bedrooms. Wired for electric ight, Good cellar with con-

This house is only three years old. A snap for anyone wanting a good home. A good garden in con-

way, hot air furnace.

Apply to J. M. FULMER

on premises.

lawn flounce, FOR SALE OR TO LET

Residence of Harry J. Crowe, situated on Granville St. opposite the Baptist Church.

House contains nine Rooms, Modern Bathroom, Electric Lights and Furnace, Good Stable in rear.

Apply to

JAMES QUIRK,

Small Place For Sale

trimmed with West, Bridgetown, nine rooms with lace, insertion piazza and bay windows. Barn, and beading, on House and other out buildings. Three quarters acre land. 75 Fruit flounce, lawn distance from two railway stations, churches and schools.

Will sell right on easy terms, or would trade for farm. W. AVARD MARSHALL Bridgetown, Aug. 15th.

Hotel For Sale

N. R. Neily, St. James Hotel, offers for sale his real and personal property, including livery, all in first class condition.

Also in connection seven acres of dyke and a good livery business.

Will be sold on easy terms or exchanged for other property. Inquire of

N. R. NEILY, Prop. Bridgetown

The-

An up-to-date Typewriter N.S. equipped with the latest contract can be seen and form of devices to handle the most tender obtained at this Department complicated correspon- Esq., District Engineer, Shelburne, N dence, A valuable asset S., and on application to the Post-masters at Brooklyn and Liverpool, to any business house,

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SOULIS-NEWSOME Typewriter Co., Ltd. HALIFAX, N.S. ST. JOHN, N.B.

\*\*\* WHEN ANSWERING AD V E RTISEMENTS PLEASE MENTION THE

MONITOR-SENTINEL :-: \*\*\*\*\*\*

W. J. White, superintendent of Ca-. nadian immigration agencies in the United States, predicts that 150,000

ONE WAY

To reach my clients is to become MARITIME-TRAIN-ED. Mining, Manufacturing, and Importing companies have requests on fyle now for the next graduates. It's proficiency, not time spent at college, that counts.

Send for free Course of Study to

Maritime **Business College** Halifax, N. S. E. Kaulbach, C. A.

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> SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE. EXCELLENT STORAGE FACILITIES LONG EXPERIENCE AT THE BUSINESS PROMPT RETURNS MARKET QUOTATIONS FURNISHED ON

APPLICATION H. H. Banks - H. F. Williams

# WANTED

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS

& TALLOW CASH PAID AT THE HIGHEST MARKET PRICES McKENZIE CROWE & Co., Ltd.

YOU CANNOT REACH

The Buying Public of the most populous section of Annapolis County unless you advertise in

The Weekly Monitor and Western Annapolis Sentinel

the paper that goes into more homes than any other Annapolis County paper. The paper that reaches the

homes is the Guide to Household Buyers.

> TO ARRIVE APRIL 10th.

25 tons of Thomas Phosphate (slag) high grade. 60 casks and barrels of Lime 100 M. Cedar and Spruce

We can quote very low prices on any of the above goods for cash.

J. H. LONGMIRE & SONS



SEALED TENDERS addressed to the undersigned, and endorsed "Tender for Breakwater at Brooklyn, N. will be received at this office untill 4.00 p.m., on Wednesday, July 26th, 1911, for the construction of a Breakwater at Brooklyn, Queens Co.,

and at the offices of C.E.W. Dodwell,

Persons tendering are notified that tenders will not be considered unless made on the printed forms supplied, and signed with their actual signatures, stating their occupations and places of residence. In the case of firms, the actual signature, the nature of the occupation, and place of residence of each member of the firm

must be given.

Each tender must be accompanied by an accepted cheque on a chartered bank, payable to the order of the Honourable the Minister of Public Works, equal to ten per cent of the amount of the tender, which will be forfeited if the person tendering decline to enter into a contract when called upon to do so, or fail to complete the work contracted for. If the

tender be not accepted the cheque will be Paturned. The Department does not bind itself to accept the lowest or any tender. By order,

R. C. DESROCHERS, Department of Public Works, Ottawa, June 30th, 1911.

Newspapers will not be paid for this advertisement if they insert it American settlers will cross the bor- without authority from the Depart-

"Eat and Be Merry!" Stop starving yourself-stop suffering the pangs of indigestion-stop worrying about what you dare and dare not eat.

Eat hearty meals of wholesome food, take

NA-DRU-CO DYSPEPS A

and you'll feel like a new person. Sour stomach-heartburnoccasional indigestion - chronic dyspepsia - all yield quickly to NA-DRU-CO Dyspepsia Tablets. The properly digested food restores your strength, your stomach regains its tone, and soon requires no further aid.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA LIMITED, MONTREAL.

50c. a box. If your druggist has not stocked them yet sond

Their singular curative properties discovered by an Indian tribe-introduced to civilization nearly a century ago-compounded since 1857 in the Comstock Laboratories at

# Root Pills

The gift Thy best of saints have

Recent English and Canadian papers tell of a movement which is on would like to be identified with the the necessity of carrying the gold in

The barn and house burned to the bursts of anger that the child devel- If King George to George King will

the story goes, one of the kegs was dropped during the handling from the Rice as a remover of iron rust is across its face. And "Ly George!" from the mucky bottom of the little bay. So, having finished loading, they weighed anchor and were soon

JULY.

When the tangled cobweb pulls

-Susan Hartley Swett.