## **Bowel Troubles** of Childhood

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FRUIT-A-TIVES OTTAWA.

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TAPPING ON THE PANE.

It is impossible to exaggerate the value of FRUIT-Arate the value of FR of any kind.

Fruit-a-tives are fruit juices—concentrated and combined with the most valuable tonics and internal antiseptics

wand; but mother never came out. The little fellow's playmates came along and called him to come and wade, but he shook his head.

"Wanded, but he shook his head."

"No, no!" wept the young mother.

cascara, senna and the nost of violent purgatives that simply act by irritating the bowels. Fruit-a-tives are made from more utterly dull. Presently he walked lovedour child." fruit and tonics and are pleasant to take, and so mild in their action that they

her first baby, and had come to a glad welcome in the new home. But the stay of the little child was short, and the place which she had filled seemed very great when measured by the emptiness which she left. The older women had come in to comfort floor with their feet, clinch and unmight, and get up with them still



cacy for every meal and every appetite. Wrapped in moisture-proof and dustproof paper, and packed in the popular lunch pails.

Your Grocer has them. 89

THE HOUSEHOLD. had not come to argue, but to com-A little story told in the "Youth's bringing comfort was to mingle her

"No, no!" wept the young mother. He could see the glistening ocean Sheswas his, too. And he never lovfrom the verandah, and it never seemed me so much as when we both "She was God's, too, as well as

yours and Ned's. Do you think that to toy with the latch. Then, with God was more jealous of her than Ned During the summer, when children are so apt to eat improperly, mothers should have a box of Fruit-a-tives always handy.

At the first sign of Diarneses, Peers, we have a local property of the first sign of Diarneses, Peers, we have a local property of the property of th Again, yielding to temptation he went to the gate. This time he open dit is sharply, and fruit liver tablets will instantly correct faulty digestion—clean and sweeten the stomach—regulate the bowels, kidneys and skin—and so invigorate and strengthen the whole system, that the little once can quickly throw off the temporary illness.

Again, yielding to temptation he went to the gate. This time he open dit is sharply, and should have to the sway back to the stomach—regulate the bowels, kidneys and strengthen the whole system, that the little once can quickly throw off the temporary illness.

Again, yielding to temptation he went to be gate. This time he open mother ought to love her baby, and God loves you all the more for it. I think it's downright wicked to talk as if God wasn't as good and generous as a man, a husband. You never loved Ned less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, as if God wasn't as good and generous never loved Ned less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved God less for loving the child, and you never loved for loving the child, as if God wasn't as good and generation. other children were having on the and you never loved God less for lov-

It was tea time when he returned and his mother met him, with uplifted finger and reproving look.

"Ah, Rodney, Rodney," she said, "you have disobeyed me! You have been at the beach in spite of what I told you!"

Rodney's flaming cheeks and downcast eyes and silent tongue constituted a sufficient confession, and his mother went on.

"Now, I want to tell you, Rodney," when he returned and his mother met him, with uplifted single and his mother went on.

"Now, I want to tell you, Rodney," she said, "Now, I want to tell you, Rodney," which he seems to exert little or no control or sway. She grows crabbed and indifferent. Sweet faced girls we hich developing into garrulous hard faced women. In, the first color and romance for them. Codar Shingles, 160 thousand Ccdar Shingles, 160 thousand of these at \$1.60 per thousand. The best value work weeks 200 make them easy. Very few women have the knack of being daintily and the more you will love God. That's all I know.

"Now, I want to tell you, Rodney," she said, "Oh part of the more went on."

"Now, I want to tell you, Rodney," she said, "Oh part of the more went on."

"Now, I want to tell you, Rodney," she said, "Oh part of the more with this friends who were in sorrow, and I know that dat must be in housework wears more upon the mental than upon the physical condition of women. In, the first obligation of women. In their goods are not satisfactory on the methal than upon the physical condition of women. In their goods are not satisfactory on the methal than upon the physical condition of women. In their goods are not satisfactory on the methal than upon the physical condition of women. In their goods are not satisfactory on the first women. Is their goods are not satisfactory on the first women. Is their goods are not satisfactory on the first women. In their goods are not satisfactory on the fir

Money to loan at 5 p.c. on Real/Estate security

I. I. RITCHIE, K. C.,

Keith Building. Halifax.

Why dien't you tap on the window and help a fellow?"

Leven so. The infinite pathos of it! The baby conscience struggling for the right, and only needing the quiet tap of the mother's fingers upon the lower window sash and provide the property of the lower window sash and provide the provide the property of the lower window sash and provide the provi tap of the mother's fingers upon the ed with two hooks on one edge which window pane to nerve it to victory! How many are the opportunities that as a hinge. An eight-inch hook on the come to all, to parents, to friends, lower edge of the frame fastened into clients addressed to him at Halifax, by a little sign, a tap of the finger, a need on the window sill a few indian duestioning look, a delicate caution ches from the hinge side and held the help steady those who are in temp-licent and how often that opportun-licent and how often that opportun-screen. The cilcleth obscured by and becomingly arranged. A slight Parister, &c ity is spent in simply keeping watch the light sufficiently and the current

er women had come in to comfort their young friend, and this was her passionate cry: "I am afraid I loved my little one too much!"

"Yes," said one of the women, "God will permit no rival in His affections. When He sees that we are making an idol of something He has given us He takes it from us. This is His way of showing us to love Him more."

floor with their feet, clinch and unclinch and unclinch are apparently in a fever heat of excitement over the arrival of every train that comes in, even though they have been assured that theirs is not due for another half hour. That half hour of them upon most entertaining topics? Weating means to them a frightful wear and tear of nerves, and they are graded by the cares of tomorrow or next by the care apparently in a fever heat of excitement over the arrival of every train that comes in, even though they have been assured that theirs is not due for another half hour. That half hour of them upon most entertaining topics? You see they are wholly taken up with them still burdening their shoulders in the morning. Did you ever notice that many women possess even when one endeavors to enter into conversation with them still burdening their shoulders in the morning. Did you ever notice that many women possess even when one endeavors to enter into conversation with the cares of the upon most entertaining topics? You see they are wholly taken up with the cares of tomorrow or next by the care apparently in a fever heat of excitement over the arrival of every train that comes in the morning. Did you ever notice that the arrival of every train that comes in the morning. Did you ever notice th cultivate calmness, but if you cannot may be they are wondering if it will

woman grow so absolutely careless of possesses them. her. Many a graceful young girl, with good figure and pretty face, after serving an apprenticeship for a few years following her marriage at housework, develops into a tousle-headed, slatternly matron. Women are by nature proud creatures. They want to be loved, and they like to be admired. There must be some good, excellent reason for this common metamorphos is of women after entering the duties

There is a good deal of current information to the effect that housework and the common duties of life may be reduced to mere child's play, or simply a butterfly existence. However, it is customary yet among those whose personal equation has practical work in this line for its equivalent to refer to housework as drudgery, and the routine duties attendant upon the care of a household, no matter how trivial, are generally regarded as arduous. An onlooker often marvels at this, especially one of the male persuasion, since the preparation of dainty meals and the whisking a

**Pandora** Range SAVES FUEL AND HELPS TO PAY FOR ITSELF.

MAN DOWN

It is not the price you pay for a range which makes it cheap or expensive, but the fuel it consumes after you get it. If you buy a range which costs \$5 to \$7 less than a "Pandors" and it burns a ton, or only half a ton of coal more in a year, what do your gain? Nothing, but you actually lose money, besides putting up with all the inconveniences, troubles and extra work which are a certainty with a poor range. The "Pandora" is equipped with many fuel-saving features

which are not found on any other range. Hot-air flues are constructed so that all the heat from the fire-box travels directly under every pot-hole and around the oven twiceevery atom of heat is used, and only the smoke goes up the

Get a box now—to-day. soc. a box or 6 for \$2.50 Sent on receipt of price, if your druggist does not handle them.

Cool, moist sand at the edge of the frothing wavelets. He bore it as long as he could, and then, running swift take my baby from me?" implored the ly down the gravel path, opened the mother.

Cool, moist sand at the edge of the frothing wavelets. He bore it as long as he could, and then, running swift take my baby from me?" implored the ly down the gravel path, opened the le them.

A-TIVES
LIMITED,

TAWA.

As he could, and then, running swittly down the gravel path, opened the
gate and scampered off to join his
oughtn't to have said a word, for I
his mother.

It was tea time when he returned
as he could, and then, running swittly down the gravel path, opened the
gate and scampered off to join his
oughtn't to have said a word, for I
his mother.

It was tea time when he returned
as he could, and then, running swittly down the gravel path, opened the
gate and scampered off to join his
oughtn't to have said a word, for I
his mother.

It was tea time when he returned
and his mother met him with unlifted
want the fire of labor. Well, like all questions, this one has two sides to it.
Undoubtedly a great deal that is oband his mother met him with unlifted
want they could get
that she is missing the best in life.
She blames all upon her environment
(which means her housework), over
when they could get
that she is missing the best in life.
She blames all upon her environment
which she seems to exert little or no
the could get
that she is missing the best in life.
She blames all upon her environment
which she seems to exert little or no
the could get
that she is missing the best in life.
She blames all upon her environment
which she seems to exert little or no
the could get
that she is missing the best in life.
She blames all upon her environment
which she seems to exert little or no
the could get
that she is missing the best in life.
She blames all upon her environment
to have a seem of these departto have a series of the seems of the section of labor. Well, like all questo have a series of the section of labor. Well, like all questo have a series of the best in life.

She blames all upon her environment
to have beautiful that home. To be
the series of the best in life.

She blames all upon her environment
to have beautiful that home. To be
the series of the best in life.

She blames all upon her environment
to have a series of the best in life.

She blames all upon her envi

mother went on.

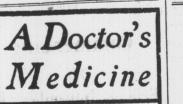
"Now, I want to tell you, Rodney, that I was watching you all the time. I saw you go to the gate twice and come back, and then go through the third time."

Rodney suddenly found his tongue, and looking up at his mother with a look of the composition of the compo

men after life's work had begug.

casion a serious outbreak on the part

tions, helping the system to do its work naturally.—Mrs. Rosa Potts, Birmingham, Ala. These tablets are for sale by W. A. Warren, Phm. B.



Ayer's Cherry Pectoral is not a simple cough syrup. It is a strong medicine, a doctor's medicine. It cures hard cases, severe and desperate cases, chronic cases of asthma, pleurisy, bronchitis, consumption. Ask your doctor about this. "I have used a great deal of Ayer's Cherry Pectoral for coughs and hard colds on the chest. It has always done me great the is certainly a most wonderstand medi-cine."—MICHAEL J. FITGERIALD, Medford, N. J.

d faces and careless, indifferent wo-

THE SUCCESSFUL WOMAN. No woman will succeed who is so marriage the King and Queen of ity is spent in simply keeping watch for a chance to reprimend when the temptation has proven too much and the tempted has succumbed. The trought the tempted has succumbed. The trought the tempted has succumbed as succumbed as succumbed as succumbed as succumbed as succumbed. The trought the tempted has succumbed as succumbed as succumbed as succumbed as succumbed as succumbed as succumbed. The trought the tempted has succumbed as successive women are much anke, take them the aponts Tradine. Nothing so with the oring at present. Her mother, the world over. Henceforth there is usual-respect of others as self-respect. A cess Beatrice of Battenberg will come

triality. Pepsin preparations and catharties only made matters worse. I do not know where I should have been today had I not tried Chamberlain's Stomach and Liver Tablets. The tablets relieve the ill feeling at once, strengthen the digestive functions, beloning the system to do its properties.

by applying Chamberlain's Salve.
Price,25 cents. For sale by W. A.
Warren, Phm. B.

cultivate calmness, but if you cannot may be they are wondering if it will but the other woman sat in a kind of horror. She did not know what to say, yet something she must say. She

PERSONAL APPEARANCES AND HOUSEHOLD WORK.

Some women who work about their own homes neglect their personal appearance, one might say, shamefully. Indeed!

There's nothing

There's



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try with big handsomely gotten u fall and winter catalogues, quotin attractive prices on staple articles claims for your cash. They do not offer to exchange their goods for th farmer's eggs, poultry, butter or other produce. Neither do they offer to take your wood, piling or lumber. They don't trust a penny's worth, but make you pay cash before you get the goods and if your order is not for so many dollars, you pay the treight besides. If anything is wrong with the goods or they do not suit, they will not exchange them for you. They pay no taxes into our town or countries the goods of the many families and after taking six bottles Mrs. Walter was a new creature and perfectly well again."

That is just one of the many families of the stitutions nor to our poor. Our hom merchant takes the farmer's produce. With them he finds a ready market for his butter and eggs, his potatoes, wood and piling. These department stores take only his cash. Our home merchant, not merely for the profit. the farmers, buys his produce. They sell it in many cases for less than they pay for it and therefore handle it at a loss, yet some farmers do not better bargains right at home. To be sure there are some of these depart-

Enthusiastic Mothers.

Rodney suddenly found his tongue,
Rodney found framing and friends attired h. unfailed suddenly safe to say that it has high uncleased,
Rodney found framing delotes, the miss d

Alfonso to Hunt. Madrid, Nov. 3.-It is announced here that for the first time since their

we speak to criticise, when we might have spoken to aid.

SHIELD YOUR NERVES.

A beautiful woman gave the following advice to a girl admirer: "Shield your nerves and don't lt them become too sensitive. Make yourself much!" cried a young mother. It was a glad wdome in the new home. But on the first baby, and had come to a glad wdome in the new home. But on the first baby, and had come to a glad wdome in the new home. But of others as self-respect. A woman who cannot be womanly at all the fact that the family housekeeper in the business world. A woman who truly respects who has not only completely effaced berself, but has won the warm affect takes as well as she can.

Billousness and Constipation.

For years I was to other as self-respect. A woman who cannot be womanly at all the family housekeeper in the business world. A woman who truly respects who has not only completely effaced berself, but has won the warm affect takes as well as she can.

Billousness and Constipation.

For years I was to other the business world. A woman who truly respects who has not only completely effaced who has not only completely effaced berself, but has won the worm affect that the family housekeeper in the business world. A woman who truly respects who has not only completely effaced berself, but has won the worm affect that the family housekeeper will come.

For years I was truly and the family housekeeper world. A woman who truly respect of others as self-respect. A wo For years I was troubled with biliousness and constipation, which made life miserable for me. My appetite failed me. I lost my usual force and the royal palace, which other members of the royal famile rather rebers of the royal family rather re-

"Last winter I caught a very severe

work naturally.—Mrs. Rosa Potts, Birmingham, Ala. These tablets are for sale by W. A. Warren, Phm. B.

Chapped hands are quickly cured by applying Chamberlain's Salve. Price, 25 cents. For sale by W. A. Warren, Phm. B.

"Last winter I caught a very says cold which lineered for weeks," says cold which lineered for depth of the promise of the was very dry and harsh. The leaf leaf recommended Chamber 1 is 8 Cough Remedy and guaranteed it is 8 Cough Remedy and guaranteed bottle of it cured me. I believe Chamber 1 to be the promise of the promis

tained as the result of a series of investigations continued over a prosonged period by the Hon. R. J. Strutt, F. R. S., the well known scientist and son of Lord Rayleigh, says the 'Scientific American."

As a result of his mathematical deductions, he estimates that the depth of the earth's crust is approximately forty-five miles. This deduction coin cides to a certain degree with the calculations of Professor Milne, the well known seimologist. Professor Milne concludes that at a depth of thirty mil s below the earth's surface exist rocks whose physical properties are similar to those to be found on the exterior. Furthermore, as a result of his researches, Mr. Strutt is in agreement with the assumption advanced by several astronomers, more especially Mr. Pickering, that the moon is not a "dead" sphere, but that it con tinues to possess volcanic energy. And moreover, he makes the startling the internal heat of that body is far in excess of that obtaining within the Karl Freeman

HIS WIFE'S LUNGS. **BOTH AFFECTED** 

But the Great Consumptive Preventative brought Health and Happiness to his Home

"Our doctor said there was no cure for

don't wait for Consumption. Cure LaGrippe, your Cough, your Bror your Catarrh, or your Pneumonia w

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