

TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Edmonton, Alberta, Can.—“I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me.

“When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised Lydia E. Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in the house.”—Mrs. FRANK EMSLEY, 903 Columbia Avenue, Edmonton, Alberta.

The Other Case.
Beatrice, Neb.—“Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have two little girls.”—Mrs. R. B. CHILD, Beatrice, Neb.

Guide-Advocate

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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
WATFORD, FEBRUARY 6, 1914.

HOME HINTS

Modern civilization is depriving the boy of his chores and his play. There is no more wood to be sawed. There is no more going to the grocery with a basket which will carry the provisions for the day. There are fewer blacksmith shops and carpenter shops; and a modern child may be excused for supposing that a cooper is a man who makes hen coops. If you want to show a modern child how things are made you must get a permit from the owner of the factory.

The danger from a cut isn't always in proportion to its size. Few of those received in work about the home and farm endanger life by bleeding, for, unless a large artery is severed, nature has her own way of stopping the flow before serious consequences ensue. But all cuts, whether large or small, have within them grave possibilities, for they mean that the skin, that great protective covering of the body, has been broken, and that the soft tissues beneath have been exposed to contamination by dirt, and infection by germs.

Believe in people, but don't believe all you hear. Have faith, but don't be a swallower. Especially don't listen to every story you hear about people or you will get to wonder if there is any truth or honor in the world. “If a ruler hearken to lies

Shiloh
The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1870.

all his servants are wicked.” If you believe what you hear your competitors are as crooked as a dog's hind leg. A customer called at a certain wholesale house the other day and stated in counsel that he had been offered certain goods at a certain discount by another concern. The head of the establishment immediately walked to the telephone, and calling up the firm mentioned, stated what had been claimed by the dealer. Turning to the latter, he remarked, “He says you are a liar. Would you like to talk to him?” The dealer did not take advantage of the opportunity.

The spirit that slights a man because he wears homespun or talks bad grammar, and then yields attention to the fellow with the diamond ring and smooth tongue is in all of us and needs to be licked out. To have respect of persons is not good—“for a piece of bread will that man transgress.” The man who is led by appearances lives next door to the grafter. Fine clothes and slick speech often do more harm than graft, because it is only the few who are caught with cash, but it is the wife of smiles and the lure of looks that catch thousands of poor suckers. Look out for the fellow who is ashamed of his shabby daddy or his faded mother and who is always boasting of his fine friends. The best character a man can have is his absolutely even-handedness to Jew and Gentile, Greek and Barbarian, bond and free.

Miller's Worm Powders not only make the infantile system untenable for worms, but by their action on the stomach, liver and bowels they correct such troubles as lack of appetite, biliousness and other internal disorders that the worms create. Children thrive upon them and no matter what condition their worm-infested stomachs may be in, they will show improvement as soon as the treatment begins.

Beware of Ointments for Catarrh That Contain Mercury

Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by druggists. Price 75c per bottle. Take Hall's Family Pills for constipation.

How Potatoes Can Multiply

A lady in Oakville has been conducting some interesting experiments with potatoes. The year before last she discovered a large potato weighing a pound, which boasted 13 good eyes. The next winter she cut the eyes out and planted them in strawberry quart baskets, keeping watch over them. In the spring time these were planted, being big enough to make five hills, which, when cultivated, brought forth enough seed to plant 26 hills this spring. The 26 hills finally produced 208 potatoes, weighing 56 pounds.

Wedding Anniversaries

- 1st anniversary, Cotton wedding.
- 2nd anniversary, Paper wedding.
- 3rd anniversary, Leather wedding.
- 5th anniversary, Wooden wedding.
- 7th anniversary, Woolen wedding.
- 10th anniversary, Tin wedding.
- 12th anniversary, Silk and Fine Linen wedding.
- 15th anniversary, Crystal wedding.
- 20th anniversary, China wedding.
- 25th anniversary, Silver wedding.
- 30th anniversary, Pearl wedding.
- 50th anniversary, Golden wedding.
- 75th anniversary, Diamond wedding.

No matter how deep-rooted the corn or wart may be, it may yield to Hollo-way's Corn Cure if used as directed. m

Snowcrastation

Better go out and clear off the snow, for soon it is going to freeze. Of course that will make it much harder, you know, and take up your moments of ease. If you will insist upon leaving it there while people are walking along, packing it thick, for they do not care. Knowing you're lazy and strong. You know in your heart it has got to be done, so why don't you do it right now? Get at it heartily, make it some fun, it's got to be done anyhow. I've got to do it with cheerful grace and I do not like cleaning mine, but I hate to see a “cop” round the place with summons prescribing a fine. Snowcrastation, known as the thief of Tempus is always a curse. Snowcrastation gives no relief, it's bad and a fine makes it worse. Just hunt up the shovel and scrape at it for it's got to be done anyhow. Remember that soon we will be into June and take this advice: “Do it now.”

Worse Than Editors

An editor is supposed to be the most criticized man on earth, but a person has just been putting in a word for clergymen, claiming they are the most miserable of all the sons of men. He says: “The preacher has a hard time. If his hair is grey, he is old. If he is a young man he hasn't had experience. If he has ten children he has too many. If he has none he should have, and isn't setting a good example. If his wife sings in the choir, she is presuming. If she doesn't she isn't interested in his work. If a preacher reads from notes he is a bore. If he speaks extemporaneously, he isn't deep enough. If he stays at home in his study, he does not mix enough with the people. If he is seen around on the streets, he ought to be at home



IT'S ABOUT TIME

to think of getting your first pair of glasses when the lines begin to mix and the type begins to blur.

WE ARE HERE WAITING
Carl A. Class
JEWELER, ISSUER OF MARRIAGE LICENSES

getting up a good sermon. If he calls on some very poor family he is playing to the gallery. If he calls at the home of the rich he is an aristocrat. Whatever he does some one could have told him how to do better. He has a fine time living off the donations that never come in and promises that never mature. Next to being an editor, it is the most awful life.”

Their Late Breakfast

There is another recipe for long life: “To rise at six and dine at ten, to sup at six and go to bed at ten, will make a man live ten times ten.” Provincial Frenchman of today follow this advice pretty closely. They rise early and, save for coffee and rolls, have nothing till about 11 o'clock, when they have a breakfast which is practically a dinner, and they have their next meal about six.

Cement floors in the poultry-house should be well covered with straw. The bare floor is too hard and too cold.

Read Our Personal Money-Back Guarantee

Your Wages Stop When You're Sick!

You Can Try This Remedy At Our Risk

YOU know what that means—Misery—Worry—Big Bills—Debts! You know you can't afford to get sick. Keeping in good health means food and clothing for you and your family. It's up to you to take care of yourself. It's up to you, whenever you don't feel right, to take something to make you right, to strengthen you, build you up, ward off worse sickness, **protect you and your family!** That thing we have, and in offering it to you we protect you against money risk, by personally promising you that if it doesn't protect you against sickness, **we'll give you back your money without a word or question. It is—**

Rexall Olive Oil Emulsion

It Is the Best Remedy

When you are run-down, no matter what the cause. It doesn't merely stimulate you and make you feel good for a few hours, but takes hold of the weakness, and builds you up to a healthy, normal condition.

It is a real nerve-food tonic, a real builder of healthy nerves, rich blood, strong muscles, good digestion.

It contains the Hypophosphites, to tone the nerves and give energy, and pure Olive Oil, to nourish the nerves, the blood, the entire system, and give vitality, strength and health.

It is pleasant to take, the greasy flavor of the Olive Oil having been removed.

For you who are tired out, nervous, run-down, debilitated, weak, emaciated—for convalescents—for old people—for puny children—we recommend Rexall Olive Oil Emulsion as the best medicine we know of to make and keep you well and strong.

We Make Our Living

out of the drug business right here in your town. It is our duty to give you the best remedy we can for whatever ailment you may have, and business sense demands that we recommend nothing unless we know it's good.

We know Rexall Olive Oil Emulsion is good. We believe it is the best builder of health, energy and strength there is made. We know it is greatly helping many of your neighbors. We believe that it will make you well and strong again, and save you money and worry in the end.

We feel it is good business for us to recommend Rexall Olive Oil Emulsion and get you to use it, because we know you'll thank us afterward for making our confidence in it so plain that you didn't hesitate to take us at our word. We also feel sure that once you have used it, you'll be as enthusiastic about it as we are and will recommend it to your friends. Read our money-back guarantee and get a bottle today.

We Guarantee This Remedy to Relieve and Satisfy You—or Your Money Back

We don't want your money unless Rexall Olive Oil Emulsion really helps and satisfies you. If it doesn't, come back and tell us, and we'll give back your money. We believe it will protect your health—if it doesn't, the money is yours, and we want you to have it.

J. W. McLAREN

DRUGGIST, STATIONER WATFORD ISSUER OF MARRIAGE LICENSES

Rexall means "KING OF ALL"—Ours is The Rexall Store in this town.



Weak
Many people suffer from pain over the heart, or dizzy after meals or their eyes become sufficiently strong to pump blood supply to the stomach. A no bad after-effect. Such is
Dr. Pierce's
which contains
It helps the human system help the stomach to assimilate helping digestion and curing dyspepsia, stops excessive tissue waste, anemic, thin-blooded people.
In liquid or tablet form stamps for trial box to
Read Chapter VII on Circulation bound book of 1008 pages sent

A GOOD PLANING MILL
Place your order for service. We guarantee material. We have minimum.
Coal. Electric GE

Don't Promptly THE CHE
Chi-Namel Furn O-Cedar Furniture Brass Metal Pol Silver Metal Pol Ideal Silver Cre Romuk Floor Po Nonsuch Harness Waterproof Stov
Get our prices assured of highest at lowest possible
T. DOD

Dairy Acres
Dominion Department of Agriculture Dairy Branch
While glancing over the results of the dairy herd competition at the recent dairy convention could not help being struck by yields—7,317 pounds of milk pounds of fat per cow.
During the same session was displayed indicating that dairy farms are producing very milk, one was listed giving of only 125 pounds of milk per With a dairy farm growing oats, clover and alfalfa, and pretty good pasture, it should very difficult to produce pounds of milk per acre and same time increase the fertility of the soil. This system shows an income of over thirty dollars acre instead of the insignificant average of five dollars and nine cents which was the yield per acre cultivated in