

Every Reader Will Find  
Cynthia Grey's Column  
An Interesting Miscellany

# FOR THE WOMAN OF TODAY

Follow the Horoscope.  
Daily Pattern Service.  
Women at Work and Play

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

### Answer For "A Widow."

A—Practice differs regarding the length of time to wear mourning, but the following rule is generally accepted for a young widow: Deep mourning twelve months; plain black the second year, and half-mourning for six months. Then it is permissible to dress in some of the quieter colors. By the "half-mourning" is meant black and white; or costumes of mauve and gray.

I quite agree with you about black looking shabby very quickly.

Several letters, written on both sides of the paper, have reached my desk. Correspondents please note the clause at the head of this column regarding the matter.

### Wants "Grandfather's Clock."

Dear Miss Grey—I wonder if any of the readers of this column know the words of "My Grandfather's Clock"? I would like to teach them to my little girl. Please send them to her if you get them. Wishing you and the readers of this page the compliments of the season.

ELLA.

A—While I have not got the words of the piece you mention, it is a very familiar old song, and doubtless some reader will be able to send it to us.

### Mary Is Grateful.

Dear Miss Grey—I received "Fair Charlotte," and many thanks to the reader that sent the words. Wishing her a happy new year.

MARY.

## MAKE YOUR OWN SHIELDS

There are some women who are fortunate enough, not to be forced to wear arm shields on their corset covers, but I am sure that there are more of us who live to than the number that are able to do without. You can easily make a pattern yourself for one of these shields and I will try to give you directions as clearly as it is possible. On a sheet of paper, mark off an oblong six by eight inches, with the long side toward you. Then mark off the center of the bottom line, and measure up two and a half inches from the line, then along the side line measure down two inches and an inch and a half, and from that same upper corner mark off a half inch along the top line. These three points, with connecting ones on the other side will make the top and bottom of the shield when they are joined together. Now fit the bottom curve of the

shield, join the half inch mark along the top line. After you have cut it out on the paper, hold it around the arm and if it seems a trifle too large, take a pleat in the center until it seems to fit; then of course if it is too small cut it through the center and put an extra piece in. Of course you may cut them either double or just single, if you choose; if you do the former, sew the two larger curved edges together, making as narrow a seam as possible, then after you have turned it inside out, crease the seam and stitch it again, quite close to the edge, and turn the other two edges in and stitch them. If you do not cut them double you can either make a small hem at the larger curved edge, or if you prefer, roll and whip it and then put on your lace. The other edge will of course be sewed with the armhole seam and may either be bound or over cast.

## EVENING'S FUN WITH INK SPOTS

If You've Never Played "Spatterkins" or "Iots" You'll Like These Games.

An evening can be spent, and that not only children alone, in making Spatterkins and Iots. Provide a glass of fairly good quality and small sips, plenty of ink and coarse pens. A fun consists in throwing one or two blot on the paper, folding the paper quickly and pressing down on the blot. On opening the paper a round blot will appear. By a little practice some remarkable results will be obtained.

Spatterkins. It is not at all desirable to use care in arranging the dots, for the result is to get enough ink to spread this way and that. If too much ink is dropped there will only be a huge blot and ink care is used in guiding the ink. Sometimes the ink and coarse pens, a fun consists in throwing one or two blot on the paper, folding the paper quickly and pressing down on the blot. On opening the paper a round blot will appear. By a little practice some remarkable results will be obtained.

The dots thing is that these Spatterkins are characteristic of the maker's person's handwriting; some are able to make nothing but faces human figures; others make designs about a center; others seem to make only butterflies and insects. If all are fastened on curtains and the ink examined afterwards every one will be surprised at the variety produced. Often one "picture" will give several faces or figures.

Ghosts are made by folding the paper, putting it flat and writing one's name along the fold, over quickly and fast. The opened sheet will show something that to recognize as the signature. For a souvenir of a particular occasion these signatures of the ink spots in a book are unique.

Summum Bonum. All the breath and the bloom of the year in the bag of one bee; All the water and weight of the mine in the heart of one gem; In the cor of one pearl all the shade and the shine of the sea; A wonder of wealth, and how far above them—

Truth, that brighter than gem, rust, that purer than pearl—rightest truth, purest trust in the universe—no matter for me in the kiss of one girl.

Robert Browning.

Those who bring sunshine to the lives of others cannot keep it from themselves—J. M. Barrie.

Always behave as if nothing had happened—no matter what has happened—Ard Bennett.

**Good Medicine**  
That originated in a famous doctor's successful prescription, that is made from the purest and best ingredients, that has a record of relief at benefit believed to be unequalled the world over—such is HOG'S SARSAPARILLA.

## For Visiting These Are Enchanting Fur Mantles



Included in the trousseau of a December bride is this delightful little mantle of black moire caracul, which has narrow bands of black fox. At the back the mantle slopes downward in a deep point over the skirt, but in front the blouse edges are confined under a belt with a jeweled clasp. The loose sleeves are met by long gloves of embroidered silk.

## WOMEN TELL TERRORS OF SWEAT-SHOP SYSTEM

Duchess of Marlborough Gives Workers a Chance to Tell of Sweat Wages Before Audience.

The Duchess of Marlborough is devoting much of her boundless energy to the campaign against the English sweat-shop system. She recently gave a most remarkable object lesson at her home, Sutherland House, when a dozen representative sweatshop workers told their stories to a large audience. Here are a few sentences from the report of the meeting in a London paper. For easier understanding the money values are given in Canadian currency.

"The first woman said she had been a chain-maker for fifty-two years. Holding up a heavy chain, she simply said, 'This used to be 87 cents a hundred; now it is \$1.25.' Next she showed thirty-one links attached to a ring which were made for two cents a piece. 'A good lot,' as she described it. She gave place to the match-box maker, who said she was now paid six cents a gross instead of the four cents, which was previously given. 'It takes one and a half hours to make a gross, not losing a minute. Shirt-making was represented by a woman from the west of London. Unfolding a coarse shirt, she remarked, 'A dozen of these right out before earning 18 cents. Last week me and my husband sat from 5.30 in the morning until 11 at night and made fourteen dozen shirts, which came to \$2.82, out of which we had to pay 37 cents for the machine, and 45 cents for the cotton.'

"A worker in a confectionery factory said she had been earning \$2 a week, out of which she used to give her mother \$1.37, 'me being a widow. Out of my 63 cents I had to buy my child's clothes, the rest being for meals. My dinner was a ha'porth of chips.'

"This woman was succeeded by another carrying a satchel. She was employed in the hollow ware industry. 'Before we were organized,' she said, 'we received \$2 a week for forty-two hours. After the organization we received \$2.50 minimum.' 'Displaying to the audience parts of a child's boot, a sorrowful woman explained how, by toiling from 6 a.m. until 9 or 10 p.m., she could earn between \$2.25 and \$2.50 a week, 'and I have three children to keep. She added, 'except the parish allows me 75 cents a week and two loaves of bread.'

"The next woman to appear had quite a cheerful countenance. Holding up above her head the uppers of two shoes, she remarked, with a laugh, 'These are what are commonly called "pumps," but what we call in our factories "patent dress shoes." I get 20 cents an hour to make two pairs, and it takes me an hour to make two pairs. I can earn \$1.50 or \$1.75 a week, working very hard from morning till night, and finding my own machine and cotton.'

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## Suffrage Hikers End First Day's Walk at Nyack

Are En Route to Albany, Where Petition Will Be Presented.

Nyack, N.Y., Jan. 2.—The little band of suffragettes, led by "General" Jones, who left New York on New Year's Day to march to Albany, set out from Nyack this morning. Their route led through Haverstraw and Stony Point today, and they hoped to spend the night at Tompkins Cove, eighteen miles north.

The first day's journey over the wind-swept Hudson river roads brought the hikers to Nyack last night with little enthusiasm for anything but rest, and no meetings or demonstrations were attempted.

At Albany the marchers will meet other suffragette workers and present to the Legislature a petition asking that women be allowed to watch at the polls when the proposed suffrage amendment to the State constitution is voted on in 1915.

## With Needle and Thread

Ribbons fade after a washing or two, therefore why not use fine white mercerized linen tape for underwear? It comes in all widths, plain and fancy. Keep your sewing basket or bag equipped with linen tape. Many a small tear may be neatly darned down to tape instead of patching. Sew loops of tape in every garment which is to be hung up. In all underwear thread tape; be sure to tack it securely in the back so it will not slip out if one end should get an extra pull by accident.

Linen tape seldom twists, launders perfectly, ties and unties without knotting, does not wear out before the garment, gives general satisfaction, and is especially desirable for children's apparel.

Darn knitted underwear with a loosely twisted knitting silk. When washed, this silk looks almost like the knitted portion. It is a mistake to darn underwear with wool, since it shrinks when washed and makes the tear so bulky.

To darn a small hole in a handkerchief stretch the handkerchief over a dining hall and notice how much easier it is to pick up the thread.

The best way to patch a hole in a silk dress is to glue the patch on. With the knife put the least suspicion of glue under the edge of the hole, then press the patch on firmly. The glue will not even show damp through, and the hole will be well mended.

through the second set of slides and proceed, passing through the third set of slides, above the ankle and tied just above where the second buckle is placed.

## Tongues for Evening Slippers.

For evening slippers and for dress occasions the latest decree of fashion is that there shall be an upstanding tongue of the same material as the slipper behind the slide. These are about two inches high and an inch and a half broad. One in black velvet for a black satin slipper is made puffy effect, the edges of the petals outlined in white satin. One of russet satin matching a russet satin slipper is pleated fan fashion. Made of cloth of gold or silver they are edged with silver or gold lace.

Success is the doing with a dauntless will, and a fearless heart, and a stainless soul, of the thing we are in the world to do. It is not for us all to see the end of our labors, but the successful life is the life that is nobly spent, building up, it may be, to some far-distant end, but building upward always, adding an enduring part to the immortal achievements of mankind upon the earth. The man with this unselfish purpose succeeds, whatever the world may say. 'They never fail who die in a great cause.' In that line—line from a poet whose life was perhaps a failure—we may find our measure of success. The self-educator sets no narrower aim before us than this. It would have a man live for great ends and pursue them by worthy means; it would have him seek a prize that is worth the winning, and leave him win it. We must fit ourselves for our work; we must hold our heads high in the world.—Arthur Mee.

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## Farms—Cooks—Writes—Runs a Shop

Lady Angela Forbes a Remarkable Woman.

To say that Lady Angela Forbes is interesting is putting it rather tame. One would have to invent adjectives to fit Lady Anky, as she is called by her friends. She is really one of England's most remarkable women. She is the sister of the Duchess of Sutherland, whom people call the "Amazing Duchess," and half sister of the beautiful Countess of Warwick, who also does things.

Lady Anky farms, cooks, runs a shop, writes novels, breeds dogs for sale, lectures for suffrage and for socialism, trims her own hats, goes slumming and shines at court. These are only a few of her accomplishments.

What she does she does thoroughly. She is when she is in the house, she goes into trade a few years ago and opened a flower store in Portman Square in London everybody thought it was just the passing amusement of a society woman, but Lady Anky meant business, and she made the shop pay, and it goes on paying and her business increases steadily.

"My Shop." Over the door is a big sign that reads simply "My Shop." It doesn't say whose shop, and so people are at once interested and go in. Sometimes Lady Anky waits on herself; it all depends upon her mood. She loves flowers and plants, and has made a study of gardening, like her half sister, the Countess of Warwick, who has a school of her own for the training of women gardeners and farmers. She has made many experiments with flowers and has even created a new fern.

Lady Anky's latest enterprise is the breeding of white West Highland terriers. She has a big kennel of them, and her dogs are advertised for sale. She loves the country as well as the city. She has a stable full of fine horses, and a head and a splendid rider to hounds. She looks like a young girl in spite of the fact that she is nearly 40 and has been through the divorce mill.

She has very democratic ideas like her sister the Countess of Warwick and the Duchess of Sutherland. For instance, she is sending her children to the tax supported schools, and lets them play with the children of the butcher and baker and candlestick maker.

Is a Suffragette. She is a suffragette, a socialist and an all around sportsman. In fact she is the only woman in the world who has done one amazing thing that she is looking for something else startling. She always does the unexpected, and although she is not quite the sort of person that Queen Mary approves of, she is immensely entertaining to the smart set.

INWOOD. Inwood, Jan. 3.—A number from here attended the dance in Alvinston.

Mr. and Mrs. Geo. Cade, of Mount Brydges, spent the holidays with relatives here.

Miss Margaret English has returned to Windsor after spending a few days at her home here.

Miss Hilda Anderson, of London, is visiting at her home here.

Mr. and Mrs. J. R. Littleproud, of Muncey, spent a few days recently at the home of A. W. Littleproud.

Mr. and Mrs. Wm. Langshaw, of Windsor, are spending a week with Mrs. H. A. Warren.

Frank Smal has returned to his home in Highgate, after clerking in J. H. Morrison's store for the past four months.

Norman Farr has returned to London after spending the holidays at his home here.

GLENCOE. Glencoe, Jan. 3.—Mr. A. Stafford, of Shelden, spent a few days this week at Dr. McLaughlin's.

George Hammond spent a few days this week the guest of Frank Howson, at the parsonage.

Mr. and Mrs. E. Gosnell and daughter, of Highgate, visited recently at her mother's, Mrs. J. Watterworth, Concession street.

E. E. Boulton is visiting friends here this week.

J. A. McLachlan spent the holiday with his mother at Arthur.

Miss Georgina Smith visited at her home here recently.

Mr. and Mrs. J. Welr, of Woodstock, are visiting Mr. Welr's brother, Rev. George Welr, at the manse.

**HAIR CAME OUT BY HANDFULS**  
With Dandruff and Itching Scalp. Scalp Covered with Small Pimples. Used Cuticura Soap and Ointment. Now No Trouble At All.

503 Jane St., Toronto, Ont.—"I was first troubled with my hair getting brittle and later dandruff and itching scalp. I was afraid to comb my hair as it came out by handfuls and the itching was so severe I was miserable. The trouble kept me from sleeping. My scalp was covered with small pimples which seemed to run into one another and form a scab. The dandruff was so bad I was afraid to comb my hair as it made it so sore. I was thinking of having my head shaved."

"For a long time I tried \_\_\_\_\_, and several other remedies but they did not cure it. After some months I picked up a paper with the Cuticura Soap and Ointment advertisement and sent right away for a sample of Cuticura Soap and Ointment. On using just the sample my trouble was better. I used six or eight boxes of the Cuticura Ointment also the Cuticura Soap and my scalp healed, the itching stopped and my hair came in quite thick and now I have no trouble at all." (Signed) Mrs. H. Binger, May 27, 1913.

It costs nothing to learn how pure, sweet, effective and satisfying Cuticura Soap and Ointment are in the treatment of poor complexion, red, rough hands, itching scalp, dandruff, dry, thin and falling hair, because you need not buy them until you try them. Liberal sample of each mailed free for a 25-cent book. Send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U.S.A.

## Kingsmills

**JANUARY WHITE SALE NOW ON!**  
HIGH QUALITY WHITE-WEAR at temptingly low prices. A very wide variety of the latest and choicest styles.

STANDARD LINENS and COTTONS—Kingsmills' Linens and Cottons are famous for their genuine value. It's greatly to your advantage to shop here and now.

**Women's Flannelette Gowns**  
WHITE OR PINK. SPECIAL VALUE, \$1.00

20 dozen only, fine quality English Flannelette. Cut large and good length. Several styles to choose from.

**LINEN HUCK TOWELS**  
SIZE 18 BY 37. 12 1/2c ON SALE

Choice of plain or bordered end, all linen Huck Towels, extra size. Be sure to lay up a supply of these at ..... 12 1/2c each, or 25c pair

## Kingsmills

**Rich Silverware**  
—rich in quality and beauty—should grace every home. Choose 1847 ROGERS BROS.

This brand is known as "Silver Plate that Wears". It is the original and genuine "Rogers" as well as the heaviest grade of plate made. Sold by Leading Dealers.

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**JANUARY SALE OF Woolen and Cotton Blankets & Comforters**  
Everything must go before stock-taking.

**H. Wolf & Sons**  
263, 265 DUNDAS STREET, NEAR WELLINGTON STREET.

**We Express Parcels**  
to any point in Canada. Goods called for and delivered to any point in city. AMERICAN DRY CLEANING AND DYE WORKS, 755 Dundas Street. Phone 1089.

## Why Not Let Us Darn Your Hosiery?

We recently installed special machinery to repair holes in our patrons' hosiery. IT IS FREE OF CHARGE. Call either 558 or 559 for delivery wagon, or drop into the

**PARISIAN LAUNDRY CO., Limited**  
J. CHIERA, MANAGER.